

A nutrient rich oil with a mild nutty taste made from 100% Australian white chia seeds. Add to salad dressings, yoghurts and smoothies for a nutrition boost.



For keen home cooks or your café or restaurant, save money by buying your favourite YesYouCan mixes in 5kg bulk bags



New gluten free recipes for you

scan QR code

to find out more

Vegan Protein Shakes are formulated with pea isolate and organic brown rice protein to provide you with a delicious and easily absorbable plant-based blend.



Exciting gluten free recipes developed by Cordon Bleu Chef Sebastian Simon

### **Allergy Statement**

	Gluten Free	Dairy Free	Egg Free	Soy Free	Nut Free	GMO Free	Low FODMAP
Multi Grain Bread	~		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	
Vanilla Cupcake*	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Red Velvet Cupcake	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Banana Bread	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Choc Mud Cake	$\checkmark$		$\checkmark$	1.0	$\checkmark$	$\checkmark$	$\checkmark$
Choc Chip Pancake	$\checkmark$				$\checkmark$	$\checkmark$	$\checkmark$
Buttermilk Pancake	$\checkmark$	-		$\checkmark$	~	V	$\checkmark$
Buckwheat Pancake	$\checkmark$	~		~	~	$\checkmark$	$\checkmark$
Blueberry Pancake	$\checkmark$			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Ancient Grains Pancake	$\checkmark$	$\checkmark$	$\checkmark$	~	~	~	$\checkmark$
Savoury Snack	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Pizza & Foccacia Bread	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Falafel & Vegan Burger	$\checkmark$	~	~	$\checkmark$	$\checkmark$	$\checkmark$	
Vegan Protein Burger	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	
Plain Flour	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Self Raising Flour	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Vegan Egg Replacer	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Artisan Range	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Protein Shakes	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	
Chia Oil	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$

\*only separate sachet of sprinkles of vanilla cupcake may contain nuts



#### **SalDoce Fine Foods** Suite 205, 80 William Street,

Woolloomooloo, NSW Australia, 2011

SalDoce Fine Foods is a family-owned company founded in 2000. Today, SalDoce manufactures a wide range of gluten free and vegan products following the highest quality standards with a focus on Australian ingredients and great taste.

yesyoucansaldocefinefoods P YesYouCan13



**YESYOUCAN** 

# **Celebrate Taste**

Manufacturing Australian Gluten Free Mixes for more than 20 years

same great taste, fresh new packaging!



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## Classics

YesYouCan Classic Mixes are delicious and easy to bake, providing a gluten free alternative without sacrificing taste.

vanilla

cupcake

Autors & closey free

bread



Vanilla Cupcake

YesYouCan Vanilla Cupcakes are deliciously moist and light and are always enjoyed by all. Easy to make, icing and sprinkles are included in the box, they are perfect for parties.



#### **Banana Bread**

YesYouCan Banana Bread Mix includes real banana flakes for a delicious natural taste. Lightly spiced with cinnamon and nutmeg for a delicious café experience at home.



**Chocolate Mud Cake** 

YesYouCan Chocolate Mud Cake is a rich and decadent treat that everyone will enjoy. So easy to make, just add wet ingredients, stir with a spoon and bake, no mixer required!



YesYouCan Red Velvet cupcakes not only look dramatic, they are absolutely delicious. With a mild cocoa flavour and delicately flavoured icing mix included, they offer a unique addition to parties or afternoon tea.

## **Essentials**

YesYouCan Essential Mixes are must-haves in your pantry. These quick and easy to use mixes have been carefully crafted to be versatile with great taste.



YesYouCan Plain and Self Raising Flours are versatile, designed to replace regular flour cup-for-cup in your favourite recipes. Dairy and egg free, suitable for vegan cooking and baking.

pizza 8

tocace

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multigrain

bread

savourv

snack



& Pizza Base

YesYouCan Multiarain Bread Mix is very easy to bake, no kneading or proving required. Use YesYouCan Pizza Mix to make fantastic tasting pizza, either thin and crispy or a thicker base.



YesYouCan Savoury Snack Mix makes Pao de Queijo, Brazil's famous gluten free cheese bread snacks. They are crunchy on the outside and cheesy and gooey on the inside.



Vegan Protein Burger Mix & Falafel Mix are delicious and fragrant blends of red beans, chickpeas, vegetables and spices. So simple to make, just add hot water, soak for 10 minutes and fry them.

## Pancakes & Health

YesYouCan provides you with delicious, convenient pancakes that everyone in the family will absolutely love! While our Artisan Range is a healthier option that is vegan with high fibre content.





Chip & Blueberry

Convenient and easy to prepare, just add water, shake and pan fry. Bonus, even kids can make them! Perfect for weekend breakfasts, enjoy on their own or add your fayourite toppings.



Wholesome and delicious, YesYouCan Buckwheat and Ancient Grain Pancakes are loved by customers who prefer a nuttier, denser pancake.



YesYouCan Artisan range is reduced sugar, vegan, low sodium and high fibre, providing a delicious guilt free option for a healthier diet.



YesYouCan Vegan Egg Replacer replicates all the functions of eggs in baking: binding, rising, structure, moisture and taste. Just mix with water and use in place of eaas.





