

REFLECTION TOOLKIT

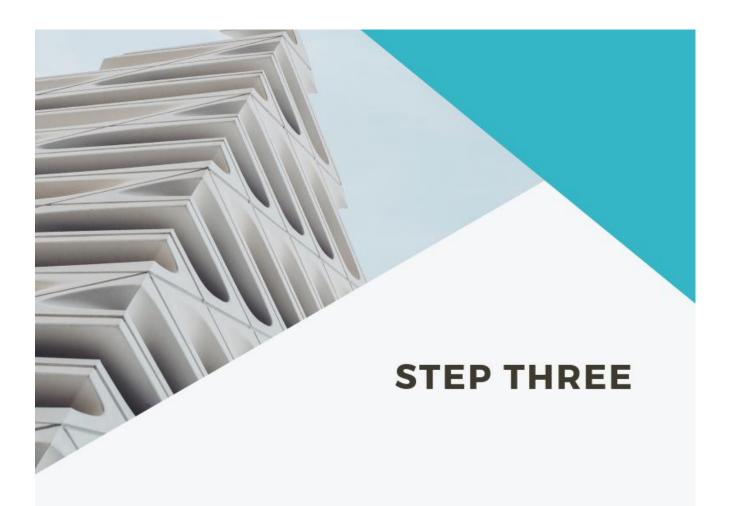
GROW A HEALTHY CHURCH



Set aside 45 mins every 6 weeks



Ask yourself the questions listed below



Write down your answers



Take action

REFLECTION QUESTIONS

How's my single life/marital life?
How's my relationships with my kids?
How's my relationships with my friends?
What can I do in the next month to strengthen these relationships?
How's my energy levels?
How's my exercise regime?
What season are we/am I in – spring, summer, autumn, winter?
How's my character and integrity?
How is my goal achievement?
How can I add income streams to my world?

What is the Lord saying to me?
What needs to change in my life to help me hear from Christ?
What brave decisions am I making?
How am I connecting with unchurched people?
What new things am I learning?
What have I learned recently that has helped me grow?
What problem, failure or pressure am I not facing?
What do I need to start doing?
What do I need to stop doing?
John Finkelde

Grow a Healthy Church