

# NEXT

# LEVEL LEADERSHIP

GROW A HEALTHY  
church

# You & Your Life # 3

## Instructions for Coach

### FIRST COACHING SESSION

Remember to:

- Pre-read the Learning Exercises the leader emailed to you.
- Keep your reconnection moment brief.
- Move into the actual coaching session as smoothly and quickly as possible.
- Focus on “How” and “What” style questions and “Tell Me” statements.
- Avoid “Why” questions as they can be accusative.
- Avoid closed questions that require a simple “Yes” or “No”.
- Refuse to be the guru – let the Reading Material be the content.
- Keep your focus on building awareness and increasing responsibility.
- Don’t focus on taking notes but on asking good questions and waiting.

### FIRST QUESTIONS

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How are you handling the workload of the course?



What are you enjoying?

## LEADERSHIP AND MINISTRY

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What were your initial thoughts on your leadership strengths and weaknesses?



Can you describe the diagram you have drawn that portrays your concept of leadership?



What are the implications in your life to the insights you have gained about the difference between ministry and leadership?

## ANALYSE YOUR WEEK

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Examine the Learning Exercise answers sent to you by the leaders.







After completing **Exercise 1: Analyse My Week** how can use your time more effectively?

## DESIGN YOUR IDEAL WEEK

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Refer to **Exercise 2: My Ideal Week** - talk through the leader's time management template with them. Ask questions about:

-  daily themes they chose
-  blocking time according to key activities
-  shading activities according to goals and priorities
-  benefits gained from completing the exercise

## TRANSFORMATIONAL LEADERSHIP

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Refer to **Exercise 3 – Transformational Leadership in My Life**

Discuss together each of the 4 key elements particularly focusing on the leader's present values, attitudes and approaches and what strategies they are going to implement to strengthen these areas in their life.



How do you communicate the vision of our church?



Did you identify any functional or emotional reasons that have inhibited you from having a 'developing others' culture?












END THE SESSION WITH A WORD OF PRAYER AND CONTINUE TO PRAY REGULARLY  
FOR THE LEADERS

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## SECOND MAJOR COACHING SESSION

Remember to:

-  Pre-read the Learning Exercises the leaders emailed to you.
-  Keep your reconnection moment brief.
-  Move into the actual coaching session as smoothly and quickly as possible.
-  Focus on “How” and “What” style questions and “Tell Me” statements.
-  Avoid “Why” questions as they can be accusative.
-  Avoid closed questions that require a simple “Yes” or “No”.
-  Refuse to be the guru – let the Reading Material be the content.
-  Keep your focus on building awareness and increasing responsibility.
-  Don’t focus on taking notes but on asking good questions and waiting for good answers.

### FIRST QUESTIONS

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How has the *Ideal Week* exercise helped you to manage your time more effectively?

### A LEADERSHIP CHALLENGE – SUCCESSFUL SUPPORT LEADERSHIP

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Discuss the implications of Joseph’s support leadership scenario for your church’s leaders.



What did you notice in the ratings exercise?



Ask each leader to share two ways in which they will improve their level of support

## A LEADERSHIP CHALLENGE – DEVELOPING LEADERS

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Who are the people you have identified that you will actively mentor/coach?



What practical processes are you going to implement to ensure this will happen?



Ask them to share any experiences they have had applying these mentoring/coaching skills.

If they have not yet started ask them to share on what challenges they expect to face in coaching/mentoring leaders.

Ask them to practice the GROW method on a family member or good friend and tell you the results.

## IMPLICATIONS OF CHUCH SIZE

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Had you previously considered the implications of church size in regards to leadership style and the functioning of the church?



How has the reading increased your understanding of the significance of church size?



In what ways should we lead our church differently?



END THE SESSION WITH A WORD OF PRAYER AND CONTINUE TO PRAY REGULARLY  
FOR THE LEADERS

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