



# WELL-BEING GRANTS for FARMING COMMUNITIES

Grant Applications open **30 January 2019**

## APPLICATION GUIDELINES

**Empowering our Communities:**  
Supporting farmers and communities  
in drought affected regions

**phn**  
NEPEAN  
BLUE MOUNTAINS  
An Australian Government Initiative

 **Wentworth  
Healthcare**  
Blue Mountains | Hawkesbury | Lithgow | Penrith



# OVERVIEW

**The Federal Government is taking immediate steps to roll out extra mental health support initiatives to help farmers, families and communities deal with the uncertainty, stress and anxiety of drought conditions.**

The Nepean Blue Mountains Primary Health Network has received funding through the *Empowering our Communities* initiative for community-led mental health, social and emotional well-being, and suicide prevention initiatives, as significant parts of our region have been identified as being drought affected.

Drought has long-term and wide reaching effects on farming communities. As a result, we are funding small and large grant proposals that will not only address immediate support needs, but which will foster long-term recovery and resilience in impacted communities.

## WHO WE ARE

Wentworth Healthcare is a not-for-profit organisation dedicated to improving the health of our local community. Wentworth Healthcare is the provider of the Nepean Blue Mountains Primary Health Network (NBMPHN), through which we support the primary healthcare needs of over 372,000 people living across the four Local Government Areas of the Blue Mountains, Hawkesbury, Lithgow and Penrith.

The Primary Health Networks (PHN) programme is an Australian Government initiative with the key objectives of increasing the efficiency and effectiveness of medical services for patients, and improving coordination of care to ensure patients receive the right care in the right place at the right time. We work closely with general practitioners and other healthcare providers in our region to identify our community's health needs, and coordinate or commission the delivery of local healthcare services that meet those needs.

## GRANT OBJECTIVES

The primary objective of our *Well-Being Grants for Farming Communities* is to support organisations and community-led well-being initiatives which:

- encourage community participation, promote individual and/or community resilience and reduce stigma associated with mental illness
- support the development of networks and partnerships between communities, local community groups, not-for-profit organisations and primary mental health services operating in the community
- maximise access to and use of community resources, services and facilities including equity of access for people experiencing social exclusion, marginalisation or isolation.

# TYPES OF ACTIVITIES

A range of activities and initiatives may be considered appropriate to support community-led well-being, including, but not limited to:

- community events or workshops that promote resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services
- programs aimed at building community networks and social cohesion
- complementary and lifestyle interventions known to improve physical and mental health, that can be delivered in a group setting, such as exercise and well-being classes
- community education on topics such as managing stress, anxiety, depression and stigma
- financial and business education aimed at relieving financial stress of the farming community.

# WHO CAN APPLY?

The following organisations that reside within the boundaries of the Nepean Blue Mountains region and / or serve the farming community within that region **are eligible to apply**:

- not-for-profit incorporated organisations
- individuals or organisations able to provide evidence of being auspiced by a not-for-profit incorporated organisation
- social enterprises
- community groups
- local governments
- sporting clubs

In addition, the individual/organisation must have a bank account in its name with two signatories.

The following activities/organisations are **not eligible** to apply:

- profit-making organisations/activities where the profits are allocated to the shareholders, owners or members
- activities that duplicate existing services.

# GRANT FUNDING

There are three levels of grants available:

- **Small Grant (up to \$2,500)** applications require their response to include a basic budget
- **Medium Grant (\$2,501 – \$10,000)** applications require a response to include a basic budget and supporting documentation
- **Large Grant (\$10,001 – \$50,000)** applications require a more detailed description, a detailed budget and quotes / estimates (if applicable)

Supporting information, evidence and documentation required to be submitted will vary depending on the amount of funding requested.

Grant funding is available during the period of funding up to June 2020. Awarding of grant funding is subject to funding availability over the period of the program and is subject to the Other Conditions below.

Funds cannot be used for purchasing vehicles, buildings or capital works.

## OTHER CONDITIONS

1. Activities involving children must ensure that relevant staff or volunteers have valid Working with Children Checks.
2. Applicants may be asked to provide a Police Check.
3. Organisations must provide evidence of appropriate insurances.
4. There is a two-stage process for selection and applicants may be asked to provide additional information.
5. An application does not constitute a formal offer and no legal obligations shall arise unless and until a contract is signed by both parties.
6. The decision made by Wentworth Healthcare regarding a Grant Application is final.
7. Organisations approved for grants will also acknowledge and accept all other responsibilities, liabilities and conditions set out in the Grant Application and the Grant Agreement declaration.

# HOW TO APPLY

To apply for a grant, after reading these Application Guidelines, visit [www.nbmphn.com.au/grants](http://www.nbmphn.com.au/grants) and:

1. Download and complete the ***Well-Being Grants for Farming Communities Application Form*** editable PDF.
2. Submit your application form and any supporting documents via email to: **[grants@nbmphn.com.au](mailto:grants@nbmphn.com.au)**

or by post to:

**Wentworth Healthcare**  
**Blg BR, Level 1, Suite 1**  
**Locked Bag 1797**  
**Penrith NSW 2751**

You will be notified whether or not your application has been successful, or you may be asked to provide more information.

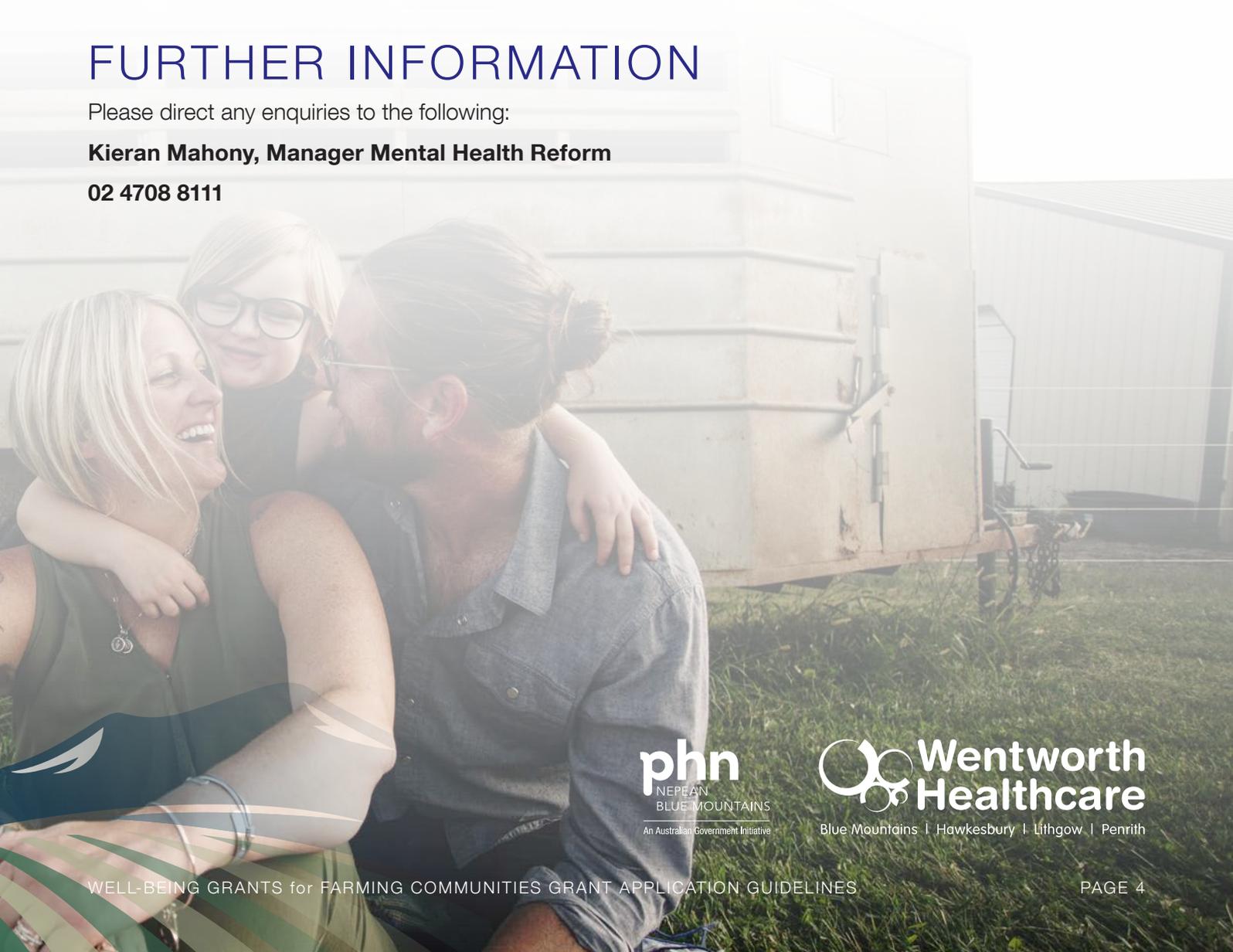
If an application is approved, an authorised representative from your organisation will be asked to sign and return a *Well-Being Grants for Farming Communities Agreement*, prior to payment being made to your nominated bank account.

## FURTHER INFORMATION

Please direct any enquiries to the following:

**Kieran Mahony, Manager Mental Health Reform**

**02 4708 8111**





## Wentworth Healthcare

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For more information about Wentworth Healthcare  
or Nepean Blue Mountains PHN visit  
[www.nbmphn.com.au](http://www.nbmphn.com.au)

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Wentworth Healthcare Limited (ABN 88 155 904 975) provider of the Nepean Blue Mountains PHN.