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# Move It Aus - Better Ageing

## Who can apply?

To be eligible to apply for a Better Ageing Grant, primary grant applicants must be one of the following entity types and have been operating for 12 months or longer:

- Sporting Organisations including National Sporting Organisations (NSO) and National Sporting Organisations for people with Disability (NSOD);
- a Non-Government Organisations (NGO) including physical activity organisations; and/or
- Local Government Organisations.
  - The Australian Capital Territory does not have local government entities and is therefore eligible to apply.

Eligibility criteria can be found in Section 5 of the [Move It Aus - Better Ageing Grants Program Guidelines](#).

## Who can not apply?

You are ineligible to apply as the primary grant recipient if you are:

- a for-profit organisation;
- an individual, partnership or trust;
- a school; or
- a Commonwealth, state or territory government agency or body (including government business enterprises but excluding the Australian Capital Territory).

## What are the primary objectives of the program?

- To help inactive older Australians to become more active
- Enhance older Australians' understanding of the benefits of regular physical activity including physical and mental wellbeing, and the benefits of social connectedness; and
- Enhance the capability and capacity of organisations and staff responsible for delivering age-appropriate activities to older Australians.

## What types of programs are we looking for?

Programs that:

- target inactive older Australians;
- develop greater flexibility, strength, balance and/or endurance;
- maximise the number of older Australians who are impacted;
- reduce social isolation;
- reduce the barriers to participation for older Australians;
- build the capacity and capability of the local community;
- align to the strategy/ capability of the grantee organisation and its partners;
- promote the benefits of activity for older Australians; and
- increase the likelihood of ongoing activity.

## What types of projects are eligible for funding?

Examples of participation based sport and physical activity programs may include, but are not limited to:

- modified sports initiatives that include adapted time, equipment, playing formats, rules, non-physical contact or intensity; and/or
- activities that develop greater flexibility, strength, balance and endurance in older Australians.

Programs should be designed to accommodate diversity and an ease of access available to older Australians (e.g. location, socio-economic status and equipment requirements).

Further examples can be found at [Long Live You](#) [↗](#).

## What program delivery expenses are permitted within the funding guidelines?

Expenses that are required to support the delivery of the project and can demonstrate achievement against the selection criteria. This may include:

- New or modified gym, sport or lifesaving equipment
- Training or accreditation required for instructors or coaches to deliver a program
- Transport for participants to and from a program
- Venue or facility hire for the duration of a program

Examples of ineligible program delivery expenses may include:

- Memberships to community centres, gyms or swimming pools
- Outdoor gym equipment
- Insurance costs
- Capital assets and infrastructure costs including, but are not limited to: permanent structures in excess of the project delivery requirements (eg buildings, sheds, shelving, , motor vehicles and machinery, running tracks, paths)

## What types of projects are ineligible?

- stand-alone, one-off events;
- established projects that are already operating (and do not offer increased scope, reach or scale);
- ongoing operational costs beyond the life of the Program;
- high performance sport (including elite, representative sport and Masters sport);
- purchase of capital assets (e.g. buildings, motor vehicles, furniture);
- requests for retrospective funding; or
- International travel.

Please refer to Section 5 of the [Move It Aus - Better Ageing Grants Program Guidelines](#) for further details of ineligible projects and activities.

## The guidelines refer to independent living. Does this mean that aged care facilities are ineligible?

Not for Profit aged care facilities are eligible to apply, though an important part of the program is the reduction of social isolation. For this reason, projects that target older Australians who are living independently will be highly valued.

## How much funding can I apply for?

Grants of up to \$2 million per organisation are available over a two year period.

## Is there a minimum grant amount?

Whilst there is no minimum grant value that has been established, large reach and scale will be highly valued to ensure the maximum number of older Australians benefit from the program.

## Is a co-contribution required?

No. There is no mandatory co-contribution requirement for this grant program.

## What does community partnership mean?

Better Ageing grants should include local community involvement in their design, development or delivery. Ideally this will be through a partnership model. This will help to ensure that the project delivered accommodates the local community need and will help to encourage ongoing activity past the term of the grant.

Examples of a partnership may include involving local residents in the design of your project, seeking local businesses to support you to communicate with the community, partnering with local clubs or support services to identify and engage inactive Australians.

## Can organisations make a joint application?

Applications must be submitted by a single eligible organisation.

Sport Australia encourages primary grant applicants to consider partnering with other organisations (including those not eligible to be a primary grant applicant) to enhance the delivery of the project. Partner organisations may assist with:

- providing expertise in the needs of older Australians and/or the development of appropriate physical activity programs;
- the education of and communication to stakeholders;
- supporting the delivery of the project; and
- monitoring, evaluating and reporting project outputs and outcomes.

## Project location

Sport Australia will seek national coverage across the total grant pool, however it is not a requirement for projects to be delivered on a national scale. Given that the intent is to ensure that as many older Australians as possible have access to this program, applicants should maximise the reach of their program (number of participants/ communities involved) and the location (considering delivery in rural, remote and lower socio-economic locations).

Please note:

- all grantees must include a list of locations in which delivery will occur prior to the commencement of delivery.
- Sport Australia may work with grantees to target specific locations. This will ensure communities who are at risk of inactivity benefit from the program and will help to manage the national distribution of the Program.

## What criteria apply for project funding?

Eligibility and selection criteria apply.

## How do I apply?

Before you apply, please read these guidelines and related materials to make sure you understand all relevant requirements.

All applications must be submitted online via SmartyGrants during the funding application period (open 20 September and closing 31 October 2018).

Further information can be found on the [How to Apply](#) tab and in Section 7 of the [Move It Aus – Better Ageing Grants Program Guidelines](#).

## What information should be included in my application?

All sections of the online application should be completed. If you fail to complete a mandatory field you will be prompted to do so. Incomplete applications cannot be submitted.

The amount of additional information required is relative to the project size, complexity and grant amount requested. Refer to Section 7.1 of the [Move It Aus – Better Ageing Grants Program Guidelines](#) to ensure that you understand which attachments are required to support your application.

You will be able to upload and submit your attachments via the SmartyGrants online application form.

## How will applications be assessed?

Eligible applications will be assessed against three selection criteria:

1. Getting inactive older Australians active (30%);
2. Physical and mental wellbeing and social connectedness of older Australians; (30%) and
3. Project delivery and operational capability development (40%).

Assessment of applications will be made against each of the selection criteria.

## 6.1 Selection criteria 1 – Getting the inactive active (30%)

**Increasing older Australians' participation in sport or other physical activity, particularly those less active.**

This will be demonstrated through identifying:

- a. a clear understanding of current market insights for older Australians;
- b. how you will engage inactive older Australians who are living independently to participate in the program;
- c. how the program will contribute to ongoing physical activity for older Australians;
- d. the ability to deliver to older Australians with age-appropriate activities;
- e. how you will ensure that your program is accessible to the differing needs of individual participants;
- f. risk mitigation strategies to accommodate the needs of this cohort [e.g. undertake medical pre-screening, providing safe environments and age-appropriate modifications].

## 6.2 Selection criteria 2 – Physical and mental wellbeing and social connectedness (30%)

**Improve the physical and mental wellbeing and social connectedness of older Australians.**

This will be demonstrated by identifying how the program will:

- a. establish a baseline of the strength, flexibility, aerobic capacity and/or balance of older Australians and demonstrate incremental improvement over time;
- b. educate older Australians of the benefits of sport and physical activity in reducing the prevalence and severity of chronic diseases and depression, and improving their cardiovascular health;
- c. improve the participant's social connectedness and decrease social isolation;
- d. encourage local community volunteering and engagement;
- e. strengthen community connections by engaging inclusive practices and policies that foster a safe and welcoming environment.

## 6.3 Selection criteria 3 – Project Delivery (40%)

**Capacity, capability and resources to carry out the project and deliver ongoing sector improvement.**

This will be demonstrated by:

- a. providing a project plan that effectively outlines the project scope, key deliverables, costs, risks, milestones and timeframe;
- b. outlining skills and experience of the project team to manage both the project and the grant funding;
- c. outlining how the project will increase the workforce competency to target older Australians;

## Will all applications receive funding?

No. The application process is competitive and it is anticipated that requests for funding may be greater than the total available funding pool.

Successful applications will be those which best meet the grant program objectives and can demonstrate impact and strategic value, and capacity to deliver the project in response to the selection criteria.

## If successful, am I guaranteed to receive the full amount of funding requested?

No. Successful applicants are not guaranteed to receive the full amount of funding requested.

Sport Australia reserves the right to recommend grant amounts which may differ from the amount requested.

## If successful, how long do we have to start and complete the project?


Projects can commence after a funding agreement has been executed. Projects are of two years duration. Delivery must commence by the end of first quarter 2019 and be completed within the timeframe specified in the funding agreement

## If successful, what project reporting and funding acquittals are required?

Successful grantees are required to submit Progress and Financial reports in line with the funding agreement. Required details for reports include:

- delivery locations;
- progress against agreed project milestones;
- contributions of participants directly related to the project;
- expenditure of grant funds against deliverables; and
- evaluation of increased participation levels and physical activity in older Australians.

Milestones and the amount of detail provided in reports will be proportionate to the project size, complexity and grant amount. Sport Australia will monitor project progress by assessing submitted reports, and may also conduct site visits to confirm details as necessary. In some cases, Sport Australia may need to re-examine claims, seek further information or request an independent audit of claims and payments.

If you become aware of a breach of terms and conditions under the funding agreement Sport Australia must be contacted immediately either via +61 2 6214 1333  or [betterageing@sportaus.gov.au](mailto:betterageing@sportaus.gov.au)

Refer to Section 10 of the [Move It Aus - Better Ageing Grants Program Guidelines](#) for applicable monitoring and compliance requirements.

## Who do I contact if I need assistance with my application?

If you need further guidance in the application process, are unable to submit an online application or wish to withdraw a submitted application, you can contact Sport Australia via +61 2 6214 1333 [📞](tel:+61262141333) or [betterageing@sportaus.gov.au](mailto:betterageing@sportaus.gov.au)

## How can I get assistance with my application?

Sport Australia staff are available to assist you in understanding the purpose of the grant, application requirements, and submitting your application. Staff can assist over phone +61 2 6214 1333 [📞](tel:+61262141333) or [betterageing@sportaus.gov.au](mailto:betterageing@sportaus.gov.au)

We **cannot** review application drafts.

## Can I send an application by post?

We do not accept applications submitted via post. If you think you will have difficulty submitting your application online, please contact us by phone on via +61 2 6214 1333 [📞](tel:+61262141333) or [betterageing@sportaus.gov.au](mailto:betterageing@sportaus.gov.au)

## Can my application be updated once it has been submitted?

Once your application has been submitted you cannot make any changes.

If you find an error in your application after submitting it, you should notify Sport Australia immediately by emailing [betterageing@sportaus.gov.au](mailto:betterageing@sportaus.gov.au) and quoting your application reference number.

## How many times can I apply?

You can submit multiple applications for different projects, providing each one meets and can demonstrate eligibility requirements.

## Is there a limit to the number of applications one organisation can submit?

There is no limit. Organisations can submit multiple applications.

## Can I submit an application after closing date

We cannot accept late applications, additional information or requests to change your submission after the closing date.



## Why do I need to have risk mitigation strategies developed?

Due to the older age demographic this program is targeting and the various levels of health and fitness, additional risk measures are highly recommended to ensure the safety of your participants. An example of this would be to ensure your program participants have undergone a medical pre-screening to determine their ability to commence a new physical activity program.

## What needs to be in the partner organisation supporting documentation?

A letter of support from the Board and/or a Memorandum of Understanding (MOU) between the primary grant applicant and the partner organisation that outlines the roles and responsibilities of each organisation within the partnership.