

I PROMISE:

C	To SET APART the first moments of each day commune with the Lord through PRAYER, the of the Bible, Spirit of Prophecy and the Sab School lesson, and in FAMILY WORSHIP.	ne STUDY	
	To IMPROVE my RELATIONSHIPS: growing in faithfulness, forgiveness and loving by prin		
类	To ESTABLISH one new HEALTHY HABIT, to b the Lord with my mind:	etter serve	
	To OFFER one day (or evening) each week to God, spreading the good news to others the Bible Studies, small groups, etc. (TMI).		
7	To KEEP the SABBATH , preparing for it accordingly, keeping its limits, right thoughts and	0,	
10	To FAITHFULLY RETURN the Lord's TITHE (100 income).	% of my	
%	To DEDICATE a regular percentage (%) income as a free will OFFERING to the Lord.	of my	
WITH GOD'S HELP: DATE:		DATE:	

