

## STOP - THINK - PLAN (STP) RISK ASSESSMENT

At Hireup, the safety of our community is our number one priority. And because support work happens in a range of environments, it's important to understand the risks of each new environment you, and the person you support, go into. Whether it's someone's home, a public place, a car or a restaurant, there are three steps for support workers to assess risk on all Hireup shifts:



### 1. STOP

If you notice a hazard that could potentially injure someone or cause damage, stop what you're doing. Nothing is more important than preventing injury from happening. Ask yourself:

- What's about to happen?
- What are the hazards?



### 2. THINK

Take the time to observe the environment and take everything in. Ask yourself:

- What could go wrong?
- Is it likely the hazard could harm me or someone else?



### 3. PLAN

Once you have enough information about the risk or hazard, plan your next steps. Ask yourself:

- What can I do?
- Can I eliminate the risk?
- Can I substitute with something less hazardous?
- How can I communicate the controls effectively?

**TYPICAL HAZARDS:**

**Manual handling:**

Can you access the right equipment?

Are you well positioned?

Are you avoiding heavy loads, highly repetitive or extreme movements?

**Slips and trips:**

Are you holding stair handrails?

Are walkways free of trip hazards without slippery surfaces?

Is there adequate lighting?

**Personal safety and security:**

Are you protected from physical harm?

Are you protected from psychological harm?