

# NIDA Acting Techniques 2



Develop your existing acting skills and learn to trust your creative instincts. Practise various approaches to creating dynamic, embodied characters and tackle challenging exercises to increase sensory and ensemble awareness. Deepen your understanding of the importance of status in contrasting contemporary scenes.

DAY 1   SESSION 1	DAY 2   SESSION 1	DAY 3   SESSION 1	DAY 4   SESSION 1	DAY 5   SESSION 1
Warm up (game)	Warm up (game)	Warm Up (game)	Warm up (game)	Warm up (game)
Physicality: Archetypes	Physicality: animals	Exercise: character using observations	Scene analysis: beats, objectives and action	Voice: warm up and technique
Exercise: Archetypes	AB scenes: animals to character	Exercise: status using character	Rehearse scene 2 (character, status, research, thought changes) - how has character changed from scene 2?	Rehearse selected monologues and scenes-feedback
		Voice warm up and technique		
		Rehearse scenes with character and shifting status		

DAY 1   SESSION 2	DAY 2   SESSION 2	DAY 3   SESSION 2	DAY 4   SESSION 2	DAY 5   SESSION 2
Impro: intro to status	Casting of scene 1	Voice warm up and technique	Scene analysis: character arc	Rehearse selected scenes
Devising: Archetypes and status	Voice warm up and technique	Casting of scene (and/or monologue) 2 (from same play)	Monologue Casting (from same or new play)	Perform selected scenes-feedback
<b>H/W:</b> Observe an animal-pet, video, you tube etc	Find archetype and animal in scene characters	Exercise: extract given circumstances from text		
	<b>H/W:</b> observe a person to add into your character	Rehearsal of scene 2		
		<b>H/W:</b> research play, given circumstances and character observation		