

Public Speaking and Communication Grades 4–6 **N**

(Term 1 2021)



I Can and I Will

Unlock your inner confidence and free your voice. Face the challenge of public speaking in a safe environment and apply improvisation techniques to live presentation. This course will increase your confidence in a fast-paced and spontaneous class that will empower you.

Week 1	Week 2	Week 3	Week 4
Vocal and physical warm up Ensemble exercises	Vocal and physical warm-up Ensemble exercises.	Vocal and physical warm up Ensemble exercises	Vocal and physical warm up Ensemble exercises
Trusting your inner voice - Improvisation exercises.	Improvisation techniques: Accepting offers Developing confidence in front of an audience Time challenge. 30 second speech.	Improvisation techniques: Listen and respond. Developing confidence in front of an audience I talk you listen: One on one speech	Improvisation techniques: Random lines for improvising Developing confidence in front of an audience I talk my friends listen: one on small group's speech
Week 5	Week 6	Week 7	Week 8
Vocal and physical warm up Ensemble exercises	Vocal and physical warm up Ensemble exercises	Vocal and physical warm up Ensemble exercises	Vocal and Physical Warm Up Final Rehearsals of individual speech
Improvisation techniques: Truthful storytelling Developing confidence in front of an audience Preparing an individual speech	Preparing and rehearsing your individual presentation skills.	Rehearsing presentations and Feedback	Gain feedback from tutor and peers on your final presentation. Debrief and course review