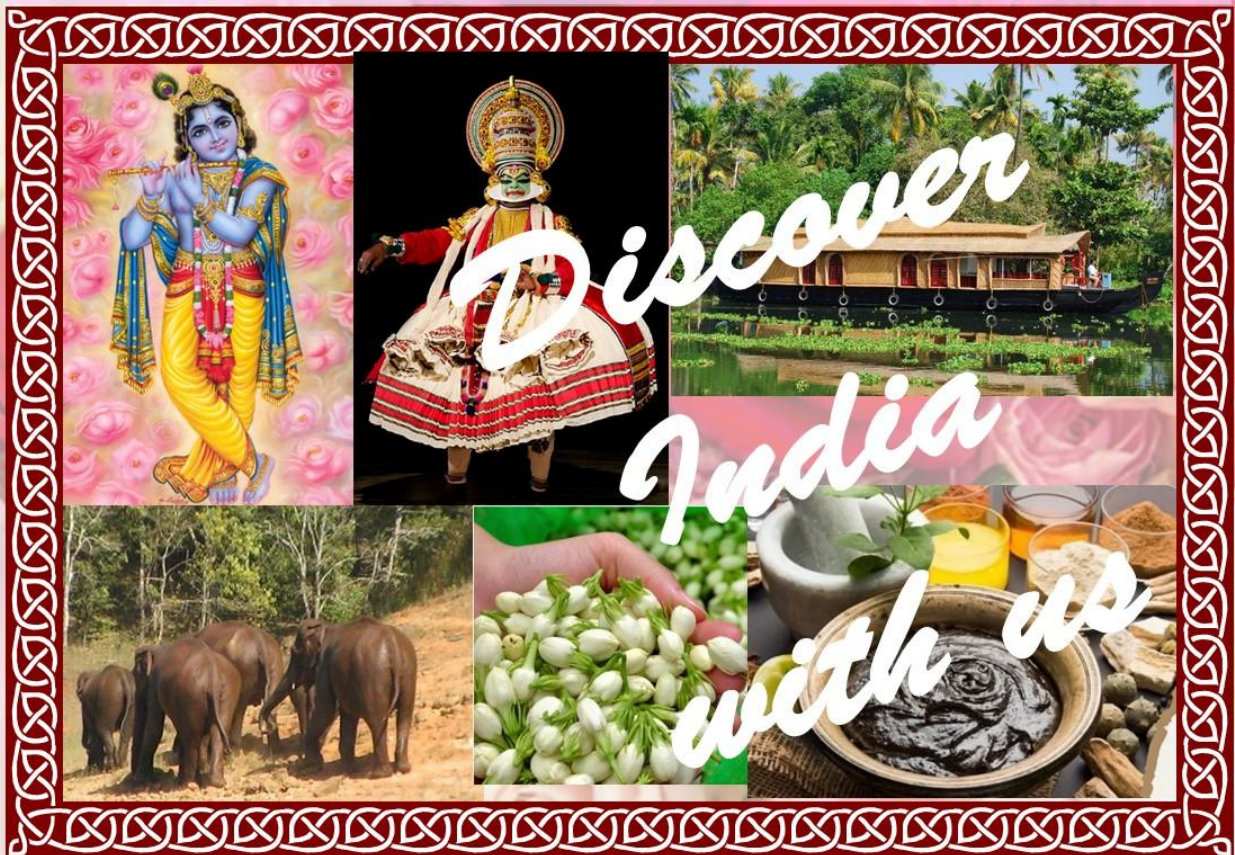


A GLIMPSE OF INDIA TOURS

REJUVENATE WITH AYURVEDA IN GOD'S OWN COUNTRY—KERALA

ESCORTED TOUR - 11 nights / 12 days in INDIA
FROM 7 JANUARY 2027 TO 18 JANUARY 2027 IN INDIA



Darshan Events

(Consultants)

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Incredible!ndia

Rejuvenate with Ayurveda in God's own country Kerala

ESCORTED TOUR - 11 nights / 12 days

Trivandrum - Kanyakumari - Alleppey - Kumarakom - Thekkady - Cochin (Kochi) - Kannur

Kerala is a southern state on the West coast of India, nicknamed **God's own country** reflecting the state's pristine natural beauty, palm-fringed backwaters, lush hills, wildlife sanctuaries and untouched beaches. Thiruvananthapuram (Trivandrum) is the capital of the state and Malayalam is the language spoken here. The state is famous for its spices, the fishing industry, tea plantations and unique cuisine. Religiously diverse, Kerala has the largest population of Christians in India, Christianity arriving in 52 CE with the arrival of Thomas the Apostle. Muslims are the second largest religious group after Hindus as a result of flourishing trade with the Middle East over centuries. A significant Jewish community existed in Kerala until the 20th century. Kerala is famous for the traditional dance forms of Kathakali and Mohiniyattam.



Kerala is the home of **Ayurveda** in India. Ayurveda is a holistic, traditional medical system. Its premise is that illness results from disharmony in the individual's natural, internal equilibrium. This is caused by lifestyle habits, which make us ill. Negative stress is just as much a contributor to this as an unhealthy diet or onerous work. The word Ayurveda is a conjugation of two Sanskrit words 'ayus', meaning 'life' and 'veda', meaning 'science', thus ayurveda literally means the 'science of life'. Ayurveda is based on the idea that each person has certain life forces (doshas) and everything in the universe is connected. An imbalance in

one area can affect another. When the imbalance is not fixed, disease and illness can occur. Ayurveda mostly uses nutrition, lifestyle changes, and natural treatments. In this tour you will be introduced to Ayurvedic treatment and experience relaxing Ayurvedic massages with an option to continue further treatment after the tour concludes.

Tour Itinerary

Day 1: Arrive Trivandrum



Arrive Trivandrum International airport. Met on arrival and transfer to hotel in Kovalam. Kovalam, a world-famous beach destination, is cherished for its three crescent-shaped beaches and tranquil waters, perfect for sea bathing in a serene bay created by a rocky headland. Welcome dinner. Overnight in Kovalam.

Day 2: Trivandrum (Kovalam)

Trivandrum is the capital and gateway to one of the most beautiful states in India -Kerala. Built over 7 hills, this “City of the Sacred Serpent” once formed a part of the kingdom of Travancore and still retains some of the ambience characteristic of old Kerala in its red-tiled roofs, wide-open avenues, parks, cultural institutions and the undulating countryside. Along with its natural and historical significance, the city is also popular for its ancient temples that are renowned for their architecture making Thiruvananthapuram one of the most visited pilgrim centres. City tour of Trivandrum - visit the Padmanabswamy temple, the Napier museum, Sri Chitra Art Gallery and the Kanakakunnu Palace, a gracious building in the Indo-Saracenic style famous for the stucco work on its domes and arches. Overnight in Kovalam.



Day 3: Kovalam – Kanyakumari - Kovalam

Kanyakumari is a coastal town in the state of Tamil Nadu on India's southern tip. It is famous for its beach and the spectacular sunrises and sunsets. Visit Devikumari Amman Temple, Gandhi Mantapam, Vivekananda Rock, Tiruvalluvar Statue (133 Ft.) and Gandhi Memorial. Overnight in Kovalam.

Day 4: Trivandrum - Alleppey

On your arrival in Alleppey, you will be transferred to jetty to board your houseboat for an overnight stay, sailing alongside the shallow palm-edged lakes and narrow canals of Kerala's backwaters. The Houseboat takes you through the local villages where you can stop at the local markets, or to see the wonder of the crafts men engaged in centuries-old boat-making tradition. Houseboat is anchored at night at jetty. Lunch & dinner on Houseboat. Overnight on houseboat.



Day 5: Alleppey - Kumarakom

Drive to Kumarakom, a small village on the Vembanad Lake in Kerala. This beautiful paradise stocked with mangrove forests, offers a wide variety of flora, beautiful sightseeing, boating and fishing experiences and the bird sanctuary spread over 14 acres is a safe home for many migratory birds. Overnight in Kumarakom

Day 6: Kumarakom - Thekkady



Visit Kumarakom Bird sanctuary followed by boat ride for one hour. Spread across 14 acres, the Kumarakom Bird Sanctuary is a favourite haunt of migratory birds. Situated in the Kerala Backwaters, it is the first scientifically formed and preserved bird sanctuary in India, with about 180 species of birds. Drive to Thekkady. Afternoon proceed for a guided tour to the nearby spice plantation. Cinnamon and ginger, pepper and cardamom, and various other spices grown on the Periyar hill made it nature's taste factory in the 14th century. Overnight in Thekkady

Day 7: Thekkady to Kochi

Early morning proceed for a shared boat ride on the Periyar Lake. Most of the tourist activities are focused around the Lake. There are roughly 700 elephants roaming in the forest, and they are generally seen on the banks of the Periyar Lake. Check out and drive to Kochi. In the evening, you will watch a Kathakali dance performance Overnight in Kochi.



Day 8: Cochin



Kochi is a scenic city sprawled over a number of narrow islands and a strip of peninsula sheltered within a saltwater lagoon. Coastal Cochin is an intriguing mix of giant fishing nets from China, a 400-year-old synagogue, ancient mosques, Portuguese houses and the crumbling remains of the British Raj. Sightseeing tour of Cochin. Places to visit include the Dutch Palace famous for its beautiful paintings, the Jewish synagogue which houses a giant scroll of the Old Testament, Chinese fishing nets popularised by the traders from the court of the Chinese ruler Kublai Khan, and St Francis church constructed in 1503 and where the Portuguese trader Vasco Da Gama who died in Cochin, was initially buried before his remains were removed to Portugal. Overnight in Kochi

Day 9: Cochin - Kannur

Train journey from Kochi to Kannur. Kannur is called 'Looms and Lores' for its century-old handloom industry. Also, it is called 'the Manchester of Kerala'. It is also famous for Theyyam, a vibrant ritualistic dance form that blends mythology, folklore, and spirituality and the Kannur Fort built by the first Portuguese Viceroy in India, Don Francesco de Almeida (1505). In Kannur, embark on a city tour before checking in to Ayurveda and Wellness resort which is on a hilltop overlooking the beautiful Arabian sea. Overnight in Kannur.

Day 10: Kannur

The Ayurveda package includes comfortable accommodation, all meals (full board), Session on Ayurveda, authentic Ayurvedic treatments (2-3 per day), yoga, meditation, wellness activities, and cultural experiences, depending on the availability on the day. Lunch and dinner at resort. Overnight in Kannur.

Day 11: Kannur

Another full day Session on Ayurveda, authentic Ayurvedic treatments (2-3 per day), yoga, meditation, wellness activities, and cultural experiences available on the day. Lunch and dinner at resort. Overnight in Kannur.

Day 12: Kannur departure

Option 1 - stay on in Ayurvedic resort for further treatment at own expense.

Option 2 – Fly to Delhi for Golden triangle extension tour.

Option 3 – Fly to Cochin International terminal for flight back home

Hotels envisaged		Tour prices
Trivandrum (Kovalam) The Travancore Heritage Alleppey AC Deluxe Houseboats Thekkady WGH Poetree Kumarakom Abad Whispering Palms Kochi Abad The Old Court House Kannur Ayurveda & Wellness Resort <i>Hotel accommodations are subject to availability at the time of booking. Equivalent hotels may be used if necessary due to unavailability etc.</i> <i>Hotel Check-In time is 14:00 hrs & check out time is 1200 noon.</i>		Twin share – Aus Dollars 5200 (Land costs) per person Single supplement – Aus Dollars 1200 per person Not included in holiday price: <i>International flights, airport taxes, costs of passports, visas, travel and other insurances. Immunisation, excess baggage, meals not specified in itinerary, tips to tour guides, items of personal nature such as phone calls, taxis, laundry, room service, drinks, minibar, camera/ video camera fee at monuments, medical expenses, etc</i>
Tour inclusions		
<i>Land transportation using a suitable air-con vehicle.</i> <i>Accommodation on twin sharing bed & breakfast basis.</i> <i>Train tickets, Kannur to Kochi flight</i> <i>Fully escorted tour and local English speaking guides in all cities</i> <i>Sightseeing tours</i>		<i>Entrances to the monuments</i> <i>Pre-tour meeting in Sydney and tour notes</i> <i>Two full days wellness treatments at Kannur Ayurvedic resort – all three meals included</i> <i>Welcome and farewell dinners</i>
Optional tour extensions		
1. You can choose to have further ayurvedic treatments in Kannur, Kerala under the guidance of the tour leader Dr. Sreekala Kannan. More details below		2. You can choose an optional Golden Triangle tour extension (Delhi-Agra-Jaipur) 6 nights / 7 days from Jan 18 to Jan 24, 2027, with a full moon viewing of the Taj Mahal on Jan 21, 2027. Ask for brochure
Tour notes		
<i>The itinerary is subject to changes if necessary</i> <i>Hotel Check-In time is 14:00 hrs & check out time is 1100 hours.</i> <i>This tour will involve extensive walking in all the cities visited.</i> <i>Adequate shopping stops will be provided</i> <i>Optional activities will be available.</i> <i>Tipping is essential - the tour leader will collect money from the group at the beginning of the tour and organise group tipping for the entire trip</i> <i>Dress in a modest and respectful manner for temple visits. Avoid sleeveless tops, deep-neck dresses, shorts, mini-skirts, tight or revealing clothes, transparent or flashy outfits. No footwear is allowed inside the temple premises. Footwear stands are available near major entrances. Socks can be worn. Entry to main sanctum-Sanctorum area is prohibited for non- Hindus in most temples. Photos and videography are subject to permission, check with guide / follow the temple instructions.</i>		
DISCOUNTS (Choose any one of the following!)		
Are you a returning customer? Tell us which Darshan Events ‘A Glimpse of India tour’ you joined for a \$50 discount. Are you travelling with your spouse / partner? We are happy to give a discount of \$50 per person. Introduce a friend and when they join the tour, you will get a \$50 discount.		
Your tour leader and Ayurveda retreat host Sreekala Kannan		
 Born and raised in Dubai to a Kerala family, Sreekala has maintained a lifelong connection to the healing traditions of Kerala. She is a qualified Ayurvedic practitioner in Australia. She is the Founder of Sree Ayurveda in Sydney, Australia, where she brings authentic Ayurvedic wisdom into contemporary life through personalised consultations, education, and immersive wellness retreats. She is also the creator of Sree Rituals, a premium Ayurvedic skincare range formulated in Australia and produced in Kerala to GMP and ISO standards. Sreekala has served for three consecutive years as Secretary of the Australasian Association of Ayurveda (AAA). She has presented at the International Ayurveda Conference in Sydney and shared the stage with renowned yoga teacher Guru Yogi Shivan, helping dispel common myths about Ayurveda.		
Your Kerala journey does not have to end when the Tour does - Three ways to heal		
3 Nights Restore package - Understand your constitution and begin restoring balance.	7 Nights Reset package- Reset digestion, sleep and nervous system through classical Ayurvedic therapies.	14 Nights Rejuvenation package - Physical, mental & emotional rejuvenation - begin genuine transformation
Your care plan		
IN SYDNEY Pre-travel consultation & personalised Ayurvedic assessment.	IN KERALA Daily treatments, yoga, Ayurvedic meals & doctor consultations — guided by your practitioner's personal brief.	BACK HOME Post-retreat follow up in Sydney. Your home care plan ensures healing continues in everyday life.

Tour conditions

These terms and conditions must be read before making a booking. They form part of your booking contract with Boutique Travel Services, Sydney and Darshan Events, Sydney.

This tour itinerary and cost is based on conditions and transportation, land costs and exchange rates as of June 2026 and is subject to currency fluctuations, local Government taxes and increases in fuel prices.

Darshan Events and Boutique Travel Services, Sydney reserve the right to vary the itinerary, accommodation or price due to reasons outside their control.

Darshan Events and Boutique Travel Services, Sydney reserve the right to cancel the tour if the minimum requirement of numbers (10) is not met. This will be decided before final payment is due and your deposit will be refunded.

Where possible, we will attempt to match singles willing to share. However, this cannot be guaranteed, and the single supplement will apply should no match be possible.

A service fee may be incurred for individual alterations to the group tour arrangements in addition to fees and charges levied by our suppliers which are listed under main T&Cs and will be provided before deposit payment.

Booking:

To reserve your place please forward a) your completed booking form, b) Boutique Travel Services (Hello World) Terms and Conditions duly acknowledged and signed and c) a non-refundable deposit of Aus \$500 per person before 7th October 2026. Receipt of the deposit indicates that the passenger has read and is in agreement of all the proposed travel arrangements and all the terms and conditions set forth in this brochure and in the Boutique Travel Services (Hello World) terms and conditions. The balance must be received on or before close of business 6th November 2026. If the balance is not received by the due date, we reserve the right to regard the booking as cancelled and to apply the appropriate cancellation fees.

Bookings made after 7th November 2026 will incur a late booking fee of Aus \$150 to cover communication and other costs.

Payment:

For payment of deposit by credit card please use link below and advise once you have made the payment by email.

<https://pay.travelpay.com.au/BOUQUET>

For payment by bank transfer please use our account details below and send us a copy by email:

Bank: Australian Mutual Bank (Cuscal Ltd);

Name: Lovan Pty Ltd

BSB: 611-100 Acc No: 100114849 Ref: (your last name)

Cancellations:

CANCELLATION POLICY: LAND ARRANGEMENTS

Cancelled before 6th November 2026: Loss of deposit

Cancelled between 7th November 2026 and 20th November 2026: 20% of total cost

Cancelled between 21st November 2026 and 6th December 2026: 30% of total cost

Cancelled between 7th December 2026 and 22nd December 2026: 60% of total cost

Cancelled on or after 23rd December 2026: 100% of the total cost

There will be no refund for any unavailed tours, accommodation or other services.

Not included in holiday price:

International flights, airport taxes, costs of passports, visas, travel and other insurances, immunisation, excess baggage, meals (excluding breakfasts, welcome and farewell dinners), tips to tour guides, items of personal nature such as phone calls, taxis, laundry, room service, drinks etc.

Visas:

Australian citizens can obtain e-visas for travel to India upon payment of the appropriate fees. Other nationalities need to check online their eligibility for e-visas. Please visit <https://indianvisaonline.gov.in/evisa/> for further information and to apply for e-visa.

Baggage allowance:

The free baggage allowance for passengers on tour in India is 20 kilos per person and 7 Kg cabin baggage. Any charges for baggage in excess will be at the passenger's expense.

Insurance:

Travel in this tour group will not be permitted without adequate travel insurance for the full duration of the travel arrangements in respect of illness, injury, death, loss of baggage and personal items, cancellation and curtailment and will be issued by Boutique Travel Services, Sydney.

If insurance cover/policy is obtained through channels other than Boutique Travel Services, Sydney, details of such must be provided at the time of paying the final balance. Please check with your credit card issuer if you have travel insurance cover attached to the card as that would be beneficial.

Health and Immigration:

It is the responsibility of the passenger to ensure the validity of the passport and obtain the necessary visas for travelling in India. It is also the responsibility of the passenger to complete all medical vaccinations and immunisation as recommended by the Australian authorities for travel to India / return to Australia, prior to departure.

Authority of Tour escort:

At all times before and after the commencement of the tour, the decision of the tour escort will be final on all matters pertinent to the safety and wellbeing of the tour participants.

At all times, the laws, customs, currency and drug regulations of all countries visited must be strictly complied to. Failure of this or interference with the well-being of the group may result in the tour escort asking the party to leave the tour and, in that event, all rights to any refund from Boutique Travel Services, Sydney or any other recourse will be forfeited.

Disclosure of Medical conditions:

You are required to make full and true disclosure in the Booking form of all ailments and physical or psychological impairments of which you are aware that may affect in any way your ability to undertake the tour without endangering your health or the health or safety of the other tour participants or the orderly progress of the tour. If necessary, we may ask for a medical report at your cost from a medical practitioner nominated by us concerning your physical and psychological medical condition prior to making the full payment. Upon production of the report, we may at our discretion, terminate your booking without being bound to provide reasons for the same. If your booking is terminated by us under these circumstances the deposit paid by you towards booking fees will be refunded to you in full. If due to other circumstances you are unable to travel due to health reasons, all cancellation terms will apply and you may submit your claims to your travel insurance.

Responsibilities:

Bookings are accepted subject to the following conditions:

Boutique Travel Services, Sydney is the Licensed Travel agent who will issue all international air tickets and travel insurances for the tour group from Australia and coordinate payments between clients and the Indian tour operators. They act as coordinator for all persons in the tour group with the tour operator in India in respect of all transportation, sightseeing and hotel accommodations. Darshan Events is the Tour consultant of the tour operations and is responsible for finalizing itineraries, liaising with the Indian tour operator, selecting tour escorts and for the marketing of the tours. TransIndia Holidays is the India tour operator.

Boutique Travel Services and Darshan Events finalise all arrangements for this tour upon the express condition that they shall not be liable for any injury, damage or loss arising directly or indirectly from accidents, inadvertent errors in the bookings, delays in general, transport failures, strikes, wars or natural disasters or irregularity which may be occasioned either by reason of any default in any vehicle, vessel or aircraft or through the acts of default of any company or persons engaged in conveying or accommodating passengers or in the carrying out of arrangements of the tours or otherwise in connection therewith.

Boutique Travel Services and Darshan Events will endeavour to operate the tour as described. However, they reserve the rights in any way they see desirable or necessary to alter or substitute routes, timetables, itineraries, schedules, carriers, and accommodation. No refund will be made for any unused services which are included in the tour price.

Boutique Travel Services and Darshan Events further reserve the right to cancel or withdraw the tour or holiday organised by them or to decline to accept any person on any such tour or holiday and disclaim all responsibility for any losses occasioned by the foregoing.

Boutique Travel Services and Darshan Events shall not be responsible for any loss or injury of whatever description howsoever arising (whether through negligence or otherwise) which you may suffer in the course or consequence upon your travel arrangements.

All exchange orders, receipts, coupons, contracts and tickets are issued subject to any and all the tariffs, terms and conditions specified by the suppliers and all services are subject to the laws of the country where the services are provided.

Boutique Travel Services and Darshan Events shall not be responsible for any acts by any group member contrary to the laws of Australia or any other country during the course of the tour and is not obliged to provide legal or any other form of assistance to the said member.

Laws of New South Wales:

This contract is subject to the laws of New South Wales and is to be interpreted in accordance with that Law.

