

LIVING ART STUDIOS

4/99 Cremorne Road, Cremorne Point NSW 2090

MIXED MEDIA / ACRYLIC PAINTING WORKSHOPS

WITH SARAH AYLWARD

ACRYLICS

(Brands – Matisse, Atelier or Global)

- Pthalo Blue
- Quinacridone Magenta **and** Alizarin Crimson
- Arylamide yellow **or** Yellow Mid
- Titanium White
- Ultramarine Blue
- Light Red **or** Naphthol Red Light
- Lemon Yellow **or** Yellow Light Hansa **or** Yellow Light
- 3 sheet standard watercolour paper (300gms cold-pressed) 56x70cm eg. Arches, Saunders, Waterford, Fabriano, Cheaper German papers or Montval or canvas
- Brushes –flat hog-hair stiff bristle brushes No 6, 8, 10, 12 1½ in brush. (Roymac or Neef)
- Jar, rag and white plates or tear-off palettes
- Waterproof ink (black or sepia)
- Photos to work from (landscape, still life or portrait)
- 2 Bulldog Clips
- Scrap paper/ paper towels
- 3B pencil and eraser
- Mixing tray with large wells – ceramic are best but plastic will do - Small ceramic dishes (\$2 shops)
- Charcoal (**for weekend and longer workshops**)
- P.V.A glue
- 1 cup (for tea and coffee)
- **Old credit card and large trowel palette knife**
- Spray water bottle
- cartridge paper (A2 size)
- Twigs to draw with
- Cheap set of 12 oil pastels
- Cheap set of watercolour (tubes)

Acrylic Mediums - essential for those who are not beginners

1. **Atelier clear painting medium**
2. Impasto medium and gesso for those who want undertexture
3. Gel Medium
4. Retarder medium to keep paint wet
5. Gel medium for those who want to do thicker paint –This is essential to do this particular workshop.

OPTIONAL – FOR MIXED MEDIA

- 1 packet **soft chalk** pastels preferably Mungyo (Micador) (48 colours only \$35.00) **or** Toison D’or (24 colours) **or** Studio Basics square pastels are cheaper options or Caran Dache **oil** pastels
- **OR** Gouache (Art Spectrum – same colours as in acrylic above)
- Workable fixative **for soft chalk pastels**
- Kneadable rubber (Faber-Castell) **for soft, chalk pastels**

AVAILABLE FROM:

Bondi Road Art Supplies, 179 Bondi Rd, Bondi
Tilly’s Art Supplies, 661 Darling St, Rozelle
Eckersley’s, 21 Atchison St, St Leonards
Eckersley’s, Chatswood Chase, Chatswood
Eckersley’s, 223 Oxford St., Sydney
North shore Art Supplies, 10 George St, Hornsby
Art Link 504 Pittwater Rd, Brookvale

Newtown Art Supplies, 15 Wilson St, Newtown
Art Smart, 50 Ethel St, Seaforth
Art Scene, 914 Victoria Rd West Ryde
Peninsula Art Supplies, 20 Bungan St, Mona Vale
Art 4U2, New South Head Rd, Rose Bay
Parker Galleries, 3 Cambridge St., The Rocks.
Parkers, Bldg 22, National Art School, Darlinghurst.

PS. I have an allergy to perfume / aftershave and therefore ask students not to wear any to class – thanks - Sarah