



Frederick Irwin Anglican School

Winter Sandwich Menu

PRICES EFFECTIVE MAY 2019

- Select carefully category (amber foods)
- Everyday category (green foods)

STANDARD SANDWICHES			TUESDAY		
Vegemite	●	\$2.00	Ham – Mayo, Lettuce, Tomato, Carrot, Cucumber	●	\$5.00
Honey	●	\$2.00			
Cheese	●	\$3.00	Chicken – Mayo, Lettuce, Tomato, Carrot, Cucumber	●	\$5.00
Plain Egg	●	\$3.20			
Curried Egg	●	\$3.20	Roast Beef – Relish, Lettuce, Tomato, Carrot, Cucumber	●	\$5.00
Ham	●	\$3.30			
Chicken	●	\$3.30	Egg – Mayonnaise, Lettuce, Tomato, Carrot, Cucumber,	●	\$5.00
Ham & Cheese	●	\$3.60			
Chicken & Cheese	●	\$3.60	Kids Wrap – Vegemite & Cheese	●	\$4.00
Roast Beef & Cheese	●	\$3.60			
CHILLBOX			GOURMET		
Whole Fruit – Apple or Oranges	●	\$0.80	<i>All Prepared with Butter & Mayo</i>		
Jelly – Assorted Flavours	●	\$2.00	Abbotts Wholemeal Bread	●	\$4.50
Mousse - Choc & Berry	●	\$2.00	Ham, Chicken or Roast Beef, with Salad*		
Flavoured Yoghurt Pouches	●	\$2.20	Freshly Baked ½ Baguette	●	\$4.50
Chocolate Yogo	●	\$2.20	Ham Chicken or Roast Beef with Salad*		
Fruit Cups – Single Fruit Pieces	●	\$1.50			
Veggie Cups – Veggie Sticks	●	\$1.80	*Salad – Lettuce Tomato, Cucumber, Carrot		
TOASTED SANDWICHES			SALAD SELECTION		
Ham	●	\$3.50	Caesar Salad – Lettuce, Chicken/Bacon, Egg, Croutons, Parmesan, Caesar Dressing	●	\$4.70
Chicken	●	\$3.50			
Ham & Cheese	●	\$3.80	Greek Salad – Lettuce, Olives, Red Onion, Feta, Cucumber, Tomato & Dressing	●	\$4.70
Chicken & Cheese	●	\$3.80			
Roast Beef & Cheese	●	\$3.80	Garden Salad – Choice of Chicken or Ham, Lettuce, Tomato, Cucumber, Carrot, Cheese & French Dressing	●	\$4.70
Cheese	●	\$3.20			
			Fruit Salad – Fresh Bite size pieces of Summer fruit	●	\$4.70
DRINKS			SNACKS		
Plain Milk	●	\$1.80	Cookies – Spotty, Triple Choc, Shortbread	●	\$3.20
Popper Juices	●	\$2.00	Muffins – Choc or Berry	●	\$3.00
Choc Splash Milk	●	\$2.40	Cheese & Crackers	●	\$3.50
Banana Milk	●	\$2.40			
Strawberry Milk	●	\$2.40			
Orange C Juice	●	\$2.40			
Mt Franklin Water	●	\$2.60			