Autism Association of WESTERN AUSTRALIA

Therapy Groups

For Adults (18+ years)

Expressions of Interest

The Autism Association is currently seeking expressions of interest for a range of adult therapy groups running in the first half of 2019. These groups are for adults diagnosed with Autism Spectrum Disorder.
Experienced speech pathologists, occupational therapists, psychologists, and intervention assistants from the Therapy and Clinical Services team will facilitate the groups.

PEERS

Learn how to make and keep friends, and develop relationships, with PEERS Program.
The Program for the Education and Enrichment of Relational Skills (PEERS®) is the leading research-based social skills training program for people with social challenges.
PEERS® has a strong evidence base for use with young adults with autism spectrum disorders.

Intended Particpants;
The PEERS group would suit 18-24 year olds with good verbal communication.

When:
Thursdays 5.00pm - 7.00pm,
from 7th March 2019 (16x weekly sessions)

Where:
Autism Association of WA
215 Stubbs Terrace, Shenton Park

Registration:
To register your interest in this program, please complete the online expression of interest form - available at this link:
https://www.autism.org.au/peers-group-therapy-groups-adults/

MASTER KITCHEN

A group with a focus on building social and self-care skills around the activity of cooking. Participants will work in the kitchen as a group while learning different skills that can be applied to other areas of life.

Intended Participants;
The MASTER KITCHEN group would suit adults that may require support with communication.

When:
Wednesdays 4.30pm - 6.30pm,
from 6th March 2019 (8x weekly sessions)

Where:
Noranda Family Centre
Cnr Garson Ct & Forder Road, Noranda

OR

Fridays 2.00pm - 4.00pm,
from 8th March 2019 (8x weekly sessions)

Where:
Autism Association of WA
217 Canning Highway, East Fremantle

Registration:
To register your interest in this program, please complete the online expression of interest form - available at this link:
https://www.autism.org.au/master-kitchen-therapy-groups-adults/