

HOW TO PREPARE FOR YOUR INTERVIEW

This information guide has been developed to help you prepare for your upcoming interview.

The Autism Association of WA utilise an interview technique known as **Behavioural Interviewing**.

We appreciate interviews can be very nerve wracking for some people, so in this information guide we hope to give you some information to help you prepare for your interview!

What are behavioural questions?

Behavioural interview questions are a big part of most job interviews. Employers and hiring managers use these types of questions in order to get an idea if you have the *skills and competencies needed for the job*.

The rationale is that if they know how you performed in the past it will help give a sense of *how you might do in the future*.

How do I respond to behavioural questions?

For you as the candidate, you'll need to prepare answers ("*interview stories*") that highlight the different competencies and skill sets you have. You will need to have some examples from your previous experience to discuss in the interview.

The process on responding to behavioural based questions is in the image below – the **STAR Technique**:



Remember:

- Be prepared! (We send you a link recommending free on-line training – it is worth completing the training)
- Write down questions to bring to your interview that you would like answered
- Let us know if you haven't understood the question, or would like us to repeat it
- Try to be as relaxed and comfortable as possible – the more relaxed you are, the easier the interview will be
- Review our website www.autism.org.au to have a better understanding of our organisation and what we do

We wish you the best of luck with your interview!