



MyTime Dads Group

Need some time to yourself?

Join us for a chat and some downtime. Our parent groups enjoy a relaxed, casual atmosphere, a great way to take some time out and connect with other dads. Bring your children or come alone. All dads of children with a disability aged below 16 years are welcome, one of our play leaders will be available to supervise any children aged 6 and under.

Question and answer sessions will be interspersed between weeks to provide access to psychologists, occupational therapists or speech pathologists if relevant to you.



Meet Ben...

Ben is a father of twin boys, both with Autism. After attending several MyTime Parent Groups, Ben felt there should be a specific support group available to dad's who may not know where to turn for support. Ben will be running our MyTime Dads Groups.

Term 1, 2019

Venue: Joondalup Family Centre
25 Jolstra Crescent, Joondalup

Day: Saturdays

Dates: 9 February - 13 April

Time: 9.30am to 11.30am

Cost: FREE

Intended Participants;

Dad's of children (16yrs/under) with a disability

Registration

To register your interest in attending our MyTime Dads Group please contact us;

Email: firststeps@autism.org.au

Phone: (08) 93805500

We welcome all dads!