



On the plane





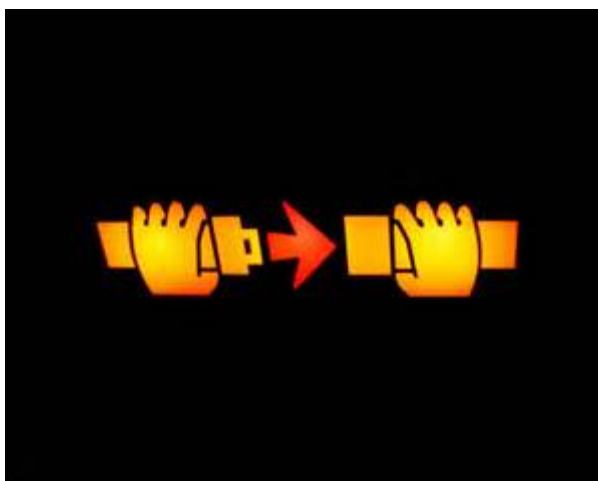
We are flying on the plane. Sometimes we might be on the plane for a few hours to get to our destination.



I will have a seat allocated to me during the flight. This is where I can sit.



There are lights above my seat. Sometimes the pilot turns a seatbelt light on to let us know that we need to sit down and put our seatbelts on. This is so that we can be safe while the plane is flying.

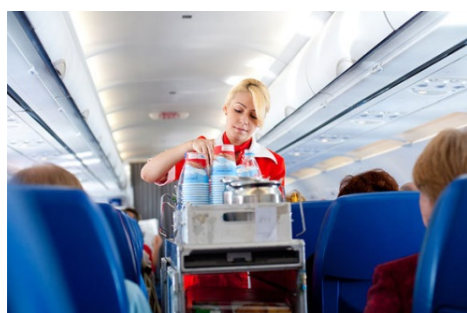




The cabin crew might also give us some blankets and pillows so we are comfortable.



Sometimes the cabin crew will bring trolleys with food or drink down the plane. We will put our tray table down and can have some food at our seats.



My family and I might also bring my own snacks to eat.



When the seatbelt light is off, we can move around the plane.





I might need to go to the toilet during the flight. I can try to check the seatbelt light is off, then take my seatbelt off and walk to the bathroom. If the toilet light is on it means that someone is using the toilet and I might have to wait.

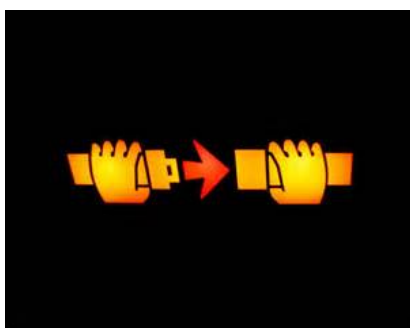


The bathrooms in the plane are small rooms with a toilet, sink and mirror. My family or staff might help me use the bathroom.



Sometimes the plane will go through pockets of air which make the journey bumpy. This is called 'turbulence'.

When there is turbulence the pilot will turn the seatbelt light on. This means I need to sit in my seat and fasten my seatbelt





It is normal to have some turbulence on the plane and is nothing to worry about.

When the turbulence has finished the pilot will turn off the seatbelt light.



The staff will tell us information about the flight over the radio announcements. I might listen for their messages to learn more about the flight.



Staff will announce when the plane is getting ready to land.