Getting an ECG

Sometimes I get sick or hurt.

When this happens, I might go to the hospital so a doctor can look at me.
This is okay because the doctor can help me feel better.

If I feel sick, sometimes I might need to get an ECG. An ECG is a recording of how my heart is working.
I will lie down on a hospital bed. Mum and Dad will be there and they can try and help me feel better.

The nurse will put sticky patches on my chest, arms and legs, then connect wires to them.
I need to try to lie very still while the heart recording is taken.

When it’s finished, the nurse will then take off the wires and patches from my skin.
Everyone will be proud of me for being brave and getting an ECG.