Getting a Cast

Sometimes I get sick or hurt.

When this happens, I might go to the hospital so a doctor can look at me.
This is okay because the doctor can help me feel better.

Sometimes if I hurt myself, I might need to get an x-ray.
The X-ray is a picture of my bones and shows if they are broken.

If I have broken bones, the doctor will put a cast on my arm or leg to help me get better.
Mum and Dad will be there the whole time and can hold my hand.

The doctor will wrap a soft fluffy bandage around my arm or leg.
Then, the doctor will place the warm plaster over the bandage. This may feel hot and heavy as it starts to dry.

The doctor will place one more bandage on my arm or leg over the plaster.
The cast will stay on until my arm or leg gets better.

Everyone will be proud of me for being brave and getting a cast.