Taking Medication

Sometimes I get sick or hurt.

When this happens, I might go to the hospital or to see a doctor.
This is okay because the doctor can help me feel better.

The doctor may give me medication to help me feel better. This could be a tablet or a liquid.
If it is a tablet, a nurse will help me put it in my mouth and drink some water or juice to help me swallow it.

If it is a liquid, I need to open my mouth and a nurse will help me swallow the liquid. It may taste very sweet, or weird. This is okay.
Mum and Dad will be there the whole time and can hold my hand.

I will feel better soon now I have had my medication.
Everyone will be proud of me for being brave and taking my medication.