

Top 10 Tips for Parents

- 1 Find your local club and register your child for the upcoming season at www.playcricket.com. If you need support to do this email: autismincricket@autism.org.au
- 2 Contact your club and ask to speak to the team coach or another club volunteer about how they can support your child
- 3 Complete an 'About Me' profile with your child to give to the team coach
- 4 Let the coach know how much information you'd like them to share with other team members or coaches about your child's needs
- 5 Visit the Play Cricket website's Resource Hub for short videos on teaching cricket skills that you can use to help your child practice
- 6 Think about how you can set up opportunities to practice skills at home. Cricket legend Adam Gilchrist used to practice batting skills in his garden using a ball on a string
- 7 On training and game days take any calming activities or fidget toys that help your child when they need a calming break
- 8 Practice putting on the equipment and clothing required to play cricket. Getting your child used to putting on helmets and pads at home will make it easier on game day.
- 9 Even if your child doesn't want to play cricket they can still take part in other ways such as scoring or preparing the equipment. Contact your club to discuss this.
- 10 Join the Team! Follow us on Facebook, Instagram and subscribe to www.autismincricket.com.au to get information and updates on the Autism in Cricket program.

