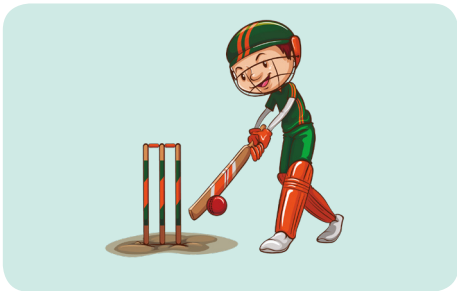


Why is Cricket a Great Sport for Children with Autism?



Motor Skills

Motor skills, sometimes not strong for children with Autism, may be developed through physical activity i.e. batting, bowling and fielding.



Reduce Stress and Anxiety

Physical activity has been shown to alleviate stress and anxiety - often experienced by children with Autism.



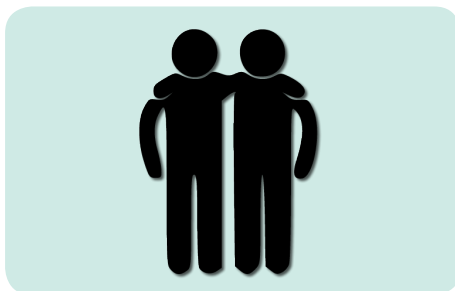
Build confidence & self-esteem

One of the main advantages of being part of a cricket team is building confidence and self-esteem



Improved Communication Skills

Being part of a cricket team will provide new opportunities for social interaction which will assist with communication skills



Developing Friendships

Developing team work skills, required in cricket, may assist with building friendships on and off the pitch.



Structured Game

The structured format of a cricket game can provide a sense of routine and predictability for a child with Autism. This allows for them to know what's expected of them during the game.