## 2020 Parent Training Calendar

Developed to include a range of key topics and issues often requested by our families, these parent training workshops are designed to provide information, practical strategies and resources to support families in managing everyday situations.

<table>
<thead>
<tr>
<th>Term</th>
<th>Date</th>
<th>Title</th>
<th>Time</th>
<th>For Parents of Children aged:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10 Jan</td>
<td>WEBINAR: Autism Strategies 101</td>
<td>9.30am-11.00am</td>
<td>0 to 18 yrs</td>
</tr>
<tr>
<td>Term 1</td>
<td>13 Feb</td>
<td>Creating Successful Mealtimes for Children with Autism (Part 1)</td>
<td>9.30am-12.30pm</td>
<td>0 to 18 yrs</td>
</tr>
<tr>
<td></td>
<td>15 Feb</td>
<td>Show Me! Tips for Creating and Using Visual Supports</td>
<td>9.30am-12.30pm</td>
<td>0 to 18 yrs</td>
</tr>
<tr>
<td></td>
<td>20 Feb</td>
<td>WEBINAR: Steps to Literacy</td>
<td>6.00pm-7.30pm</td>
<td>5 to 12 yrs</td>
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<tr>
<td></td>
<td>22 Feb</td>
<td>Supporting Positive Behaviour Change: Finding the Meaning in Behaviour</td>
<td>9.30am-3.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>12 Mar</td>
<td>Creating Successful Mealtimes for Children with Autism (Part 2)</td>
<td>9.30am-12.30pm</td>
<td>0 to 18 yrs</td>
</tr>
<tr>
<td></td>
<td>27 Mar</td>
<td>WEBINAR: Supporting Siblings</td>
<td>9.30am-11.00am</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>4 Apr</td>
<td>First Steps for Autism: How will this program make my child grow?</td>
<td>9.30am-12.30pm</td>
<td>0 to 7 yrs</td>
</tr>
<tr>
<td>Term 2</td>
<td>7 May</td>
<td>WEBINAR: Emotional Regulation: What’s the Big Deal?</td>
<td>6.00pm-7.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>9 May</td>
<td>Social Skills for Young Adults</td>
<td>9.30am-12.30pm</td>
<td>18 to 30 yrs</td>
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<tr>
<td></td>
<td>14 May</td>
<td>WEBINAR: What is AAC?</td>
<td>6.00pm-7.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>23 May</td>
<td>Making it a Success! Getting Ready to Start School</td>
<td>9.30am-12.30pm</td>
<td>0 to 7 yrs</td>
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<tr>
<td></td>
<td>6 Jun</td>
<td>Making it a Success! Starting High School</td>
<td>9.30am-12.30pm</td>
<td>10 to 12 yrs</td>
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<tr>
<td></td>
<td>11 Jun</td>
<td>Life After High School</td>
<td>6.00pm-9.00pm</td>
<td>12 to 18 yrs</td>
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<tr>
<td></td>
<td>18 Jun</td>
<td>WEBINAR: Building Positive Behaviour: An Introduction to Supporting Positive Behaviour Change</td>
<td>6.00pm-7.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>26 Jun</td>
<td>WEBINAR: Autism and Anxiety: Practical Strategies for Supporting Teens</td>
<td>9.30am-11.00am</td>
<td>12 to 18 yrs</td>
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<tr>
<td>Term 3</td>
<td>25 Jul</td>
<td>Autism Strategies 101</td>
<td>9.30am-12.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>8 Aug</td>
<td>First Steps for Autism: How will this program make my child grow?</td>
<td>9.30am-12.30pm</td>
<td>0 to 7 yrs</td>
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<tr>
<td></td>
<td>18 Aug</td>
<td>Our Sensory World</td>
<td>6.00pm-9.00pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>28 Aug</td>
<td>WEBINAR: Social Skills: Figuring Out Friendship</td>
<td>9.30am-11.00am</td>
<td>6 to 13 yrs</td>
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<tr>
<td></td>
<td>11 Sep</td>
<td>WEBINAR: Autism and Me: Talking to your Child About Autism</td>
<td>9.30am-11.00am</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>19 Sept</td>
<td>Supporting Positive Behaviour Change: Finding the Meaning in Behaviour</td>
<td>9.30am-3.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>20 Oct</td>
<td>Creating Successful Mealtimes for Children with Autism (Part 1)</td>
<td>6.00pm-9.00pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td>Term 4</td>
<td>24 Oct</td>
<td>Communication - It’s More Than Just Talking!</td>
<td>9.30am-12.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>5 Nov</td>
<td>WEBINAR: Building Positive Behaviour: An Introduction to Supporting Positive Behaviour Change</td>
<td>6.00pm-7.30pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>17 Nov</td>
<td>Creating Successful Mealtimes for Children with Autism (Part 2)</td>
<td>6.00pm-9.00pm</td>
<td>0 to 18 yrs</td>
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<tr>
<td></td>
<td>28 Nov</td>
<td>Social Skills for Young Adults</td>
<td>9.30am-12.30pm</td>
<td>18 to 30 yrs</td>
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<tr>
<td></td>
<td>4 Dec</td>
<td>WEBINAR: Its the End of Term! Preparing for School Holidays</td>
<td>9.30am-11.00am</td>
<td>4 to 12 yrs</td>
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</tbody>
</table>

Our Team

Our workshops, seminars and webinars are led by highly skilled and passionate Autism Association staff who have been chosen for their expertise in relevant topic areas and their ability to motivate and inspire others. Our collaborative team is comprised of Speech Pathologists, Occupational Therapists, Psychologists, Educators and Communication Facilitators from across our lifespan services (including our First Steps for Autism Early Intervention Service, School Aged Intervention Service and Adult Clinical Service).

Our training delivery is flexible with regular scheduled events over the course of the year. We know from experience and consistent feedback from families that our training events enhance parents’ ability to manage the demands of their role more effectively, and with greater insight and confidence.

How do I Register for Parent Training sessions?

Families will be able to register to attend training one of two ways:

1. Online via our website: www.autism.org.au/training/training-for-families
2. by emailing seminars@autism.org.au

Please remember that registration is essential to attend and costs do apply!

Where are the workshops held?

Apart from our Online webinars, all workshops are held at our Shenton Park office: 215 Stubbs Terrace (entry via selby street), Shenton Park, WA 6008. Parking is available onsite unless otherwise advised.

Cost to Attend Parent Training

For families who have NDIS funding, you may access our *parent training workshops at a cost of $58.52 per hour (Pricing is based on the NDIS price guide at the rate of $58.52 per hour). Up to 2 members of immediate family may attend *parent training workshops on one ticket purchase. Please email seminars@autism.org.au to register using NDIS funding.

For families not currently accessing NDIS funding these workshops may be attended via user-pay at the above rates. Up to 2 people can attend on one ticket purchase.

- 1.5 Hour Webinars: $87.78*
- 3 Hour Workshop: $175.56*
- 6 Hour Workshop: $351.12*

*Prices may be subject to change

*Parent training workshops refer only to the workshops listed on page 1 of this flyer or as advertised on the Autism Association of WA website. Early Days workshops (pages 3 & 4) are free to attend. Specialist training workshops such as PECSTM and Hanen™ may include different rates and conditions per attendee. For further information, please refer to specific pricing information listed for each workshop when registering.
Early Days workshops are run throughout the year for parents and informal (unpaid) carers of young children, aged 0 to 6 years, who have recently been diagnosed with Autism Spectrum Disorder (ASD), or referred for an assessment. Workshops are held in small groups to give parents the opportunity to meet other parents.

These workshops are FREE to attend and refreshments are provided. Unfortunately childcare is not available; except at MyTime Sessions.

What does each workshop cover?

My Child and Autism
- Understanding Autism Spectrum Disorder (ASD).
- What ASD looks like for your child and your family.
- How you can make a difference.
- Navigating Early Intervention. and funding options

Understanding Behaviour
- Understanding your child's behaviour.
- Teaching your child a new, more functional behaviour.
- Developing techniques to promote positive behaviour.

Encouraging Interaction through Play & Social Learning
- What is social interaction
- Benefits of play
- Ways to support social interactions and play skills

Developing my child’s independence skills
- Understanding why everyday self-care skills can be hard for a child with ASD.
- Teaching strategies for all skills.
- Tips for specific skill areas i.e. eating, sleeping, toileting etc.

How do I register?

Registrations are essential!
A separate registration will be required for each person attending. Registration can be completed:
- Via email to early.days@autism.org.au
- Or call (08) 6380 5500.
Early Days workshops are run throughout the year for parents of young children under school age who have recently been diagnosed with an Autism Spectrum Disorder (ASD), or referred for an assessment.

Workshops are held in small groups, are based on current research in supporting children with Autism and provide families with practical strategies to encourage their child’s learning at home.

These workshops are fully funded by the Australian Government’s Helping Children with Autism initiative.

**Workshop Topics Include:**

1 Day Workshops
- My Child and Autism (Introductory Workshop)
- Understanding Behaviour

3 Hour Workshops
- Developing My Child’s Independence
- Progression to School
- Encouraging Interaction through Play & Social Learning
- Helping My Child Cope with Change

**Additional workshops available for:**

Regional and Remote WA
Workshops can be run on request for families living in regional Western Australia by phone, webinar or video conferencing.

For Aboriginal & Torres Strait Islander families
Tailored Early Days workshops are available for Aboriginal and Torres Strait Islander families, at home or a location suited to the family

Fathers
Some of our workshops cater specifically to fathers of young children; run by male facilitators, recognising some of the challenges unique to fathers.

Translated Workshops
Workshops can be translated into all languages for families who prefer to have the workshop provided in their own language.

MyTime
Some topics are offered alongside MyTime parent groups and provide childcare to children under School age.

To arrange a workshop please contact us on (08) 6380 5500 or via email to early.days@autism.org.au
Register online at: https://www.autism.org.au/events/category/autism-association-events/training-for-families/early-childhood/