

# Early Days Workshops | Term 3, 2020

Early Days workshops are run throughout the year for parents and informal (unpaid) carers of young children, aged 0 to 6 years, who have recently been diagnosed with Autism Spectrum Disorder (ASD), or referred for an assessment. Workshops are held in small groups to give parents the opportunity to meet other parents. These workshops are **FREE** to attend and refreshments are provided.

Unfortunately childcare is not available; except at MyTime Sessions.

## What does each workshop cover?

### My Child and Autism

- Understanding Autism Spectrum Disorder (ASD).
- What ASD looks like for your child and your family.
- How you can make a difference.
- Navigating Early Intervention and funding options.

### Developing my child's independence skills

- Understanding why everyday self-care skills can be hard for a child with ASD.
- Teaching strategies for all skills.
- Tips for specific skill areas i.e. eating, sleeping, toileting etc.

### Helping My Child Cope with Change

- Understanding why change is hard and how it impacts on young children with ASD.
- Strategies for preparing for change in everyday situations.

### Understanding Behaviour

- Understanding your child's behaviour.
- Teaching your child a new, more functional behaviour.
- Developing techniques to promote positive behaviour.

### Encouraging Interaction through Play & Social Learning

- What is social interaction.
- Benefits of play.
- Ways to support social interactions and play skills.

## How do I register?

### Registrations are essential!

A separate registration will be required for each person attending. Registration can be completed:

- Online at: [www.autism.org.au/training](http://www.autism.org.au/training)
- Via email to [early.days@autism.org.au](mailto:early.days@autism.org.au)
- Or call (08) 6380 5500.

## What's on in Term 3?

| Date       | Day       | Event   | Location       | Time             |
|------------|-----------|---|----------------|------------------|
| 08/08/2020 | Saturday  | My Child & Autism   | Joondalup      | 9.30am - 2.30pm  |
| 15/08/2020 | Saturday  | Autism Connect Dads group - Dads Skills Workshop: Helping my Child cope with change | East Fremantle | 1.30pm - 3.30pm  |
| 18/08/2020 | Tuesday   | WEBINAR: Developing my Child's Independence Skills                                  | Online         | 7.30pm - 9.30pm  |
| 22/08/2020 | Saturday  | Understanding Behaviour   | Shenton Park   | 9.30am - 2.30pm  |
| 09/09/2020 | Wednesday | My Child & Autism   | Gosnells       | 9.30am - 2.30pm  |
| 17/09/2020 | Thursday  | WEBINAR: Encouraging Interaction through Play & Social learning                     | Online         | 9.30am - 12.30pm |
| 26/9/2020  | Saturday  | Understanding Behaviour   | Gosnells       | 9.30am - 2.30pm  |

*Webinars will be delivered using Zoom software, which means that you are able to participate in this training session in the comfort of your own home. Please note, in order to access this webinar, there are minimum system requirements and supported operating systems. For more information, please contact us or visit the following link: <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-Mac-and-Linux>*