

Discover Your Passions

To drill down deeper and discover your passions, answer the questions below and then look for patterns!

THREE THINGS I AM TALENTED AT: What are you good at? It is easier to be successful at something that you have a talent for, than at doing something that sits opposite to your set of skills. If you can't answer this question easily, ask your partner, a friend or even your boss. Your talent is the start of your calling.

- 1
- 2
- 3

WHAT WOULD MAKE ME EXCITED TO WAKE UP IN THE MORNING?

THREE THINGS I LOVE DOING: It doesn't have to be something you're good at—just things that bring you great joy.

- 1
- 2
- 3

THINGS THAT MAKE ME HAPPY: What makes you happy? When was the last time you felt truly happy? What was the situation?

- 1
- 2
- 3

If I choose to do these things for a living, who would pay for this?

PEOPLE I LIKE SPENDING TIME WITH: Specific people, or general kinds of people

- 1
- 2
- 3

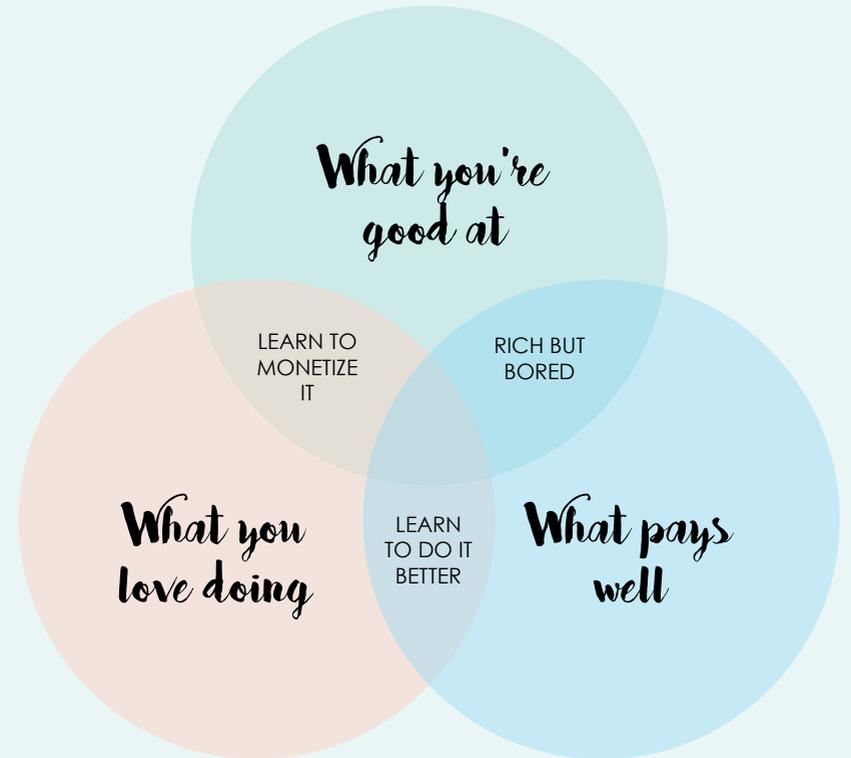
IF I COULD NOT FAIL I WOULD: What would you do if you knew you couldn't fail?

IMAGINE...

Imagine you inherited \$100m. You and your family don't need to work anymore. What life would you live? What would you do on a typical day? You can, but don't need to, work.

WHAT'S YOUR IDEAL?

Imagine every job pays the same. A banker, lawyer, shop assistant, dog walker, interior designer and garbage collector are paid \$50 per hour no matter how good they are—but everyone has to work. What occupation would you choose?



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Focus on what makes you ROCK!

Sonia McDonald