All states and territories

mindframe.org.au
Australian Capital Territory suicide data 2018 (ABS 2019)

mindframe.org.au
Number of deaths

Australian Capital Territory in 2018

– 47 people died by suicide in ACT (38 male, 9 female), which is a decrease on the 58 recorded in 2017.

– ACT had the lowest number of suicide deaths along with Northern Territory.

– The number of suicide deaths was highest in NSW (899), followed by QLD (786) and VIC (593).

– ACT accounted for 1.5% of all deaths by suicide in Australia.
Australian Capital Territory in 2018:

- Recorded the second lowest age-standardised suicide rate (11.0 per 100,000).

- The age-standardised suicide rate in ACT was lower than the national age-standardised suicide rate (12.1 per 100,000).

- The age-standardised suicide rate for men (18.3 per 100,000) was lower than observed in 2017 (21.8).

- The age-standardised suicide rate for females is not available for publication as numbers are low.
Australian Capital Territory in 2018:

- ACT saw a decrease in the age-standardised rate (11.0 per 100,000) compared to 2017 (14.1 per 100,000).

Figure 3: Age-standardised suicide rate by place of usual residence
New South Wales suicide data 2018

(ABS 2019)
New South Wales in 2018:

- 899 people died by suicide in NSW (684 male, 215 female), which is an increase on the 880 recorded in 2017.

- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

- NSW accounted for 29.5% of all deaths by suicide in Australia.
New South Wales in 2018:

- Recorded the third lowest age-standardised suicide rate (11.1 per 100,000).

- The age-standardised suicide rate was lower than the national age-standardised suicide rate (12.1 per 100,000).

- The age-standardised suicide rate for men (17.1 per 100,000) was lower than observed in 2017 (17.3).

- The age-standardised suicide rate for females (5.2 per 100,000) was higher than observed in 2017 (4.8).

Figure 2: Age-standardised suicide rates for each State/Territory in Australia
Age-standardised suicide rate

New South Wales in 2018:

- The NSW suicide rate was lower in Greater Sydney than the rest of NSW.

- Greater Sydney had an increase in the age-standardised rate (9.2 per 100,000) compared to 2017 (8.3 per 100,000).

- The rest of NSW saw a decrease (15.1 per 100,000) from 2017 (16.1 per 100,000).

Figure 3: Age-standardised suicide rate by place of usual residence
Northern Territory suicide data 2018

(ABS 2019)

mindframe.org.au
Number of deaths

Northern Territory in 2018:

– 47 people died by suicide in NT (39 male, 8 female), which is a decrease on the 51 recorded in 2017.

– Northern Territory has the equal lowest number of suicides of all states/territories with ACT.

– The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

– NT accounted for 1.5% of all deaths by suicide in Australia.
Age-standardised suicide rate

Northern Territory in 2018:

- Despite having the lowest number of suicide deaths, NT recorded the highest age-standardised suicide rate (19.5 per 100,000) of all the states and territories.

- The age-standardised suicide rate was higher than the national age standardised suicide rate (12.1 per 100,000).

- The age-standardised suicide rate for men (31.3 per 100,000) was an increase from the rate in 2017 (28.8).

- The age-standardised suicide rate for females is not available for publication as numbers are low.
Age-standardised suicide rate

Northern Territory in 2018:

– The suicide rate in Greater Darwin (14.2 per 100,000) was lower than that observed in the rest of NT (27.1 per 100,000).

– Greater Darwin had no change in the age-standardised rate (14.2 per 100,000) compared to 2017.

– The rest of NT saw a decrease in 2018 (27.1 per 100,000) when compared to 2017 (29.0 per 100,000).
Queensland suicide data 2018
(ABS 2019)

mindframe.org.au
Queensland in 2018:

- **786** people died by suicide in QLD (618 male, 168 female), which is a decrease on the 804 recorded in 2017.

- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

- QLD accounted for 25.8% of all deaths by suicide in Australia.
Queensland in 2018:

- Recorded the second highest age-standardised suicide rate (15.8 per 100,000).
- The age-standardised suicide rate was higher than the national age-standardised suicide rate (12.1 per 100,000).
- The age-standardised suicide rate for men (25.3 per 100,000) was higher than observed rate in 2017 (25.2 per 100,000).
- The age-standardised suicide rate for females (6.6 per 100,000) was lower than the rate observed in 2017 (7.8 per 100,000).
Queensland in 2018:

- Greater Brisbane had a lower suicide rate, when compared to the rest of QLD.

- Greater Brisbane had a slight decrease in the age-standardised rate (13.8 per 100,000) when compared to 2017 (14.0 per 100,000).

- The rest of QLD also saw a decrease (17.6 per 100,000) from 2017 (18.4 per 100,000).
South Australia
suicide data 2018
(ABS 2019)

mindframe.org.au
South Australia in 2018:

- **212** people died by suicide in SA (154 male, 58 female), which is a slight decrease on the 224 recorded in 2017.

- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

- SA accounted for 7.0% of all deaths by suicide in Australia.
South Australia in 2018:

- Recorded the fourth lowest age-standardised suicide rate (12.0 per 100,000).
- The age-standardised suicide rate was similar to the national age-standardised suicide rate (12.1 per 100,000).
- The age-standardised suicide rate for men (17.9 per 100,000) was lower than the rate observed in 2017 (18.8 per 100,000).
- The age-standardised suicide rate for females (6.3 per 100,000) was also lower than the rate observed in 2017 (7.0 per 100,000).

Figure 2: Age-standardised suicide rates for each state/territory in Australia
South Australia in 2018:

- Greater Adelaide had a lower suicide rate, when compared to the rest of SA.
- Greater Adelaide had no change in the age-standardised rate (11.5 per 100,000) when compared to 2017.
- The rest of SA saw a decrease (13.4 per 100,000) from 2017 (18.3 per 100,000).
Tasmania suicide data 2018 (ABS 2019)

mindframe.org.au
Number of deaths

Tasmania in 2018:

- 78 people died by suicide in Tasmania (62 male, 16 female), which is a slight decrease on the 80 recorded in 2017.

- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

- Tasmania had the third lowest number, with both NT (47) and ACT (47) slightly lower.

- TAS accounted for 2.6% of all deaths by suicide in Australia.

Figure 1: Number of suicide deaths by state and territory
Age-standardised suicide rate

Tasmania in 2018:

- Recorded the fourth highest age-standardised suicide rate (14.5 per 100,000).
- The age-standardised suicide rate was higher than the national age-standardised suicide rate (12.1 per 100,000).
- The age-standardised suicide rate for men (23.2 per 100,000) was slightly lower than the rate observed in 2017 (23.7 per 100,000).
- The age-standardised suicide rate for females is not available for publication in 2018 as numbers were low.
Tasmania in 2018:

- The TAS suicide rate was lower in Greater Hobart when compared to the rest of TAS.
- Greater Hobart had a decrease in the age-standardised rate (12.2 per 100,000) compared to 2017 (16.9 per 100,000).
- The rest of TAS saw an increase (16.4 per 100,000) from 2017 (14.4 per 100,000).
Victoria suicide data 2018
(ABS 2019)

mindframe.org.au
Victoria in 2018:

- **593** people died by suicide in VIC (440 male, 153 female), which is a decrease on the 621 recorded in 2017.

- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).

- VIC accounted for 19.5% of all deaths by suicide in Australia.

*Changes in the registration system have resulted in delayed processing. It is possible this number will increase once reviewed.*
Victoria in 2018:

- Recorded the lowest age-standardised suicide rate (9.1 per 100,000).

- The age-standardised suicide rate was lower than the national age-standardised suicide rate (12.1 per 100,000).

- The age-standardised suicide rate for men (13.6 per 100,000) was lower than the rate observed in 2017 (14.0 per 100,000).

- The age-standardised suicide rate for females (4.7 per 100,000) which is a decrease from 2017 (5.4 per 100,000).

*Changes in the registration system have resulted in delayed processing. It is possible this number will increase once reviewed.*
Victoria in 2018:

- The VIC suicide rate was lower in Greater Melbourne when compared to the rest of VIC.
- Greater Melbourne had a slight decrease in the age-standardised rate (8.1 per 100,000) compared to 2017 (8.7 per 100,000).
- The rest of VIC saw a slight decrease (12.6 per 100,000) from 2017 (13.0 per 100,000).

*Changes in the registration system have resulted in delayed processing. It is possible this number will increase once reviewed.*
Western Australia suicide data 2018
(ABS 2019)

mindframe.org.au
Western Australia in 2018:

- **383** people died by suicide in WA (285 male, 98 female), which is a decrease on the 409 recorded in 2017.
- The number of suicide deaths was highest in NSW (899), followed by QLD (786), and VIC (593).
- WA accounted for 12.6% of all deaths by suicide in Australia.
Western Australia in 2018:

– Recorded the third highest age-standardised suicide rate (14.7 per 100,000).

– The age-standardised suicide rate was higher than the national age standardised suicide rate (12.1 per 100,000).

– The age-standardised suicide rate for men (21.9 per 100,000) was lower than rate observed in 2017 (23.6 per 100,000).

– The age-standardised suicide rate for females (7.6 per 100,000) was lower than rate observed in 2017 (8.1 per 100,000).
Western Australia in 2018:

- Greater Perth had a lower suicide rate when compared to the rest of the WA.

- Greater Perth had a decrease in the age-standardised rate (13.0 per 100,000) compared to 2017 (15.1 per 100,000).

- The rest of WA saw an increase (20.1 per 100,000) from 2017 (17.8 per 100,000).

Figure 3: Age-standardised suicide rate by place of usual residence
Support services

Adult
Lifeline: 13 11 14
lifeline.org.au
Suicide Call Back Service: 1300 659 467
suicidecallbackservice.org.au
Beyond Blue: 1300 224 636
beyondblue.org.au/forums
MensLine Australia: 1300 789 978
mensline.org.au

Youth
Kids Helpline: 1800 551 800
kidsHelpline.com.au
headspace: 1800 650 890
headspace.org.au
ReachOut: ReachOut.com

Other resources
Head to Health: mental health portal
headtohealth.gov.au
Life in Mind: suicide prevention portal
lifeinmindaustralia.com.au
SANE: online forums saneforums.org

healthinfonet.ecu.edu.au - Aboriginal and Torres Strait Islander
1800 184 527 qlife.org.au - Lesbian, gay, bisexual, trans, and/or intersex
mhima.org.au - Culturally and linguistically diverse
ABS Causes of Death data,
released 25 September 2019

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