

# Life Skills GO Teacher quick start guide



How to access the platform:

URL: [platform.lifeskillsgo.com](https://platform.lifeskillsgo.com) (students also use this URL)

My Email:

My Password:

My School's LSGO Champion:

Before getting started, ensure you've been invited to join by checking your inbox for a "You're invited to join LifeSkills GO" email. If you have not received this invitation please contact your school's LSGO champion or Life Skills GO support.

**For any support or questions:**

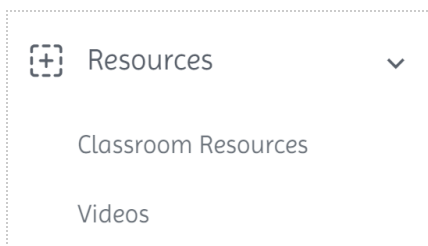
**1300 908 051**

[support@lifeskillsgroup.com.au](mailto:support@lifeskillsgroup.com.au)

Life Skills GO is a digital platform for teachers and students that contains curriculum aligned lessons (including videos, questions, interactive activities), class reporting, and printable classroom resources.

## Accessing printable resources

The *Resources* option in the menu to the left provides convenient access to printable resources and short mindfulness videos and exercises.



## Running lessons with your class

A 'Class setup' checklist will support you through these steps when you first log in. NOTE: Your LSGO champion may have already provided student lists, in this case step 1 in setting up your class will already be complete.

Setting up your class:

1. Add class students to the platform. This can be achieved with the 'Student' button, or by sending your class list to [support@lifeskillsgroup.com.au](mailto:support@lifeskillsgroup.com.au)
2. Select a unit of lessons for the class. This can be achieved with the 'Set up curriculum' button.

Running lessons with your class:

1. If students are using their own devices, first distribute their usernames & passwords, visible from the 'Student' button.
2. When students log in to the platform they are directed to the 'Current Lesson'. The Current Lesson can be assigned from the 'Go to Lessons' button (available once the class has been correctly set up).

Life Skills GO are here to support you. If you have any questions, or pain, or require any assistance please call or email on 1300 908 051, or [support@lifeskillsgroup.com.au](mailto:support@lifeskillsgroup.com.au).