

Magnetic MONEY

MONEY THAT STICKS



MY MONEY HABITS & BELIEFS

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*A belief is just
a thought
you're in the
habit of
thinking*

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MY MONEY HABITS

what's your default pattern

A habit is an automatic & unconscious pattern in your nervous system

How much do you identify with each Money Habit Archetype & why?

Accumulator (1-10):

Spender (1-10):

Overextender (1-10):

My dominant pattern is:

because:

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MY MONEY HABITS

what's your default pattern

My Money Habit Archetype memories:

My earliest memory of myself acting this out:

My memories of parents or family acting this out:

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MY MONEY HABITS

what's your default pattern

How I feel when I act out this archetype:

Am I acting out of fear or love?

How can I stay more aware?

How can I 'delay & distract' or pattern interrupt?

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MY MONEY BELIEFS

what's feeding my habit?

Which money belief system archetype do I most resonate with?

Is there another one that resonates?

Where can I see these patterns having come from?

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