



Site-specific participatory performance as part of NGV Now, National Gallery of Victoria, Melbourne.

Presented in association with Gertrude Contemporary.

INTERNATIONAL // VISUAL ARTS  
FREE

# ZZZZZ: SLEEP, SOMNAMBULISM, MADNESS

Gertrude Contemporary

It's the land you visit nightly, but any souvenirs vanish upon arriving home.

Every animal sleeps in some form, yet the workings of the slumbering mind remain largely a mystery. No wonder that the sleeping figure has been a staple of Western painting and sculpture for millennia, suggesting beauty, vulnerability, sexuality or fatigue.

Now: forget all that.

**ZZZZZ** is a major international exhibition that explores how artists have tried to understand sleep not merely as a passive subject but as the cryptic and confronting thing that it is.

From bold and dramatic encounters with the subconscious to altered states and waking dreams, artists from **Andy Warhol** to **Chicks on Speed** open windows onto the bizarre and fascinating world we spend a third of our lives within.

You are feeling sleepy. Very sleepy.

Image caption:  
**The Telepathy Project**  
*Dreaming the Collection*, 2013

**Gertrude Contemporary**  
Fri 5 Oct – Sun 4 Nov  
Tue – Fri 11am – 5.30pm  
Sat & Sun 11am – 4.30pm  
Free

[festival.melbourne](http://festival.melbourne)  
Arts Centre Melbourne 1300 182 183  
#melbfest