Australian Capital Territory Suicide Data
2017
(ABS 2018)
**Number of deaths**

**Australian Capital Territory in 2017**

- **58** people died by suicide in ACT (44 male, 14 female), which is an increase on the 28 recorded in 2016.

- Northern Territory was the only State/Territory with a lower number of suicides.

- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).

- ACT accounted for 1.9% of all deaths by suicide in Australia.
Age-standardised suicide rate

Australian Capital Territory in 2017:

– Recorded the fourth lowest age-standardised suicide rate (14.1 per 100,000)

– The age-standardised suicide rate was higher than the national age standardized suicide rate (12.6 per 100,000)

– The age-standardised suicide rate for men (21.8 per 100,000) which is higher than observed in 2016 (10.8).

– The age-standardised suicide rate for females is not available for publication as numbers are low
Age-standardised suicide rate

Australian Capital Territory in 2017:

– ACT saw an increase in the age-standardised rate (14.1 per 100,000) compared to 2016 (7.2 per 100,000)
New South Wales in 2017

- **880** people died by suicide in NSW (683 male, 197 female), which is an increase on the 805 recorded in 2016.

- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).

- NSW accounted for 28.1% of all deaths by suicide in Australia.
Age-standardised suicide rate

New South Wales in 2017:

– Recorded the second lowest age-standardised suicide rate (10.9 per 100,000).

– The age-standardised suicide rate was lower than the national age-standardised suicide rate (12.6 per 100,000).

– The age-standardised suicide rate for men (17.3 per 100,000) was higher than observed in 2016 (15.9).

– The age-standardised suicide rate for females (4.8 per 100,000) was lower than observed in 2016 (4.9).
New South Wales in 2017:

- The NSW suicide rate was higher in areas outside of Greater Sydney.
- A similar trend was observed across most States and Territories.
- Greater Sydney had a slight increase in the age-standardised rate (8.3 per 100,000) compared to 2016 (8.0 per 100,000).
- The rest of NSW also saw an increase (16.1 per 100,000) from 2016 (14.9 per 100,000).

Figure 3: Age-standardised suicide rate by place of usual residence
Aboriginal and Torres Strait Islander peoples

New South Wales in 2017:

- **43** (35 male, 8 female) Aboriginal and Torres Strait Islander peoples died by suicide.

- Suicide was the 4th leading cause of death for Aboriginal and Torres Strait Islander peoples in the state, compared to the 16th leading cause of death for non-Indigenous.

- The standardised death rate for Aboriginal and Torres Strait Islander peoples (**20.1 per 100,000**) was considerably higher than the non-Indigenous rate (**10.5 per 100,000**).
Between 2013-2017 in New South Wales:

- **174** Aboriginal and Torres Strait Islander peoples deaths have been attributed to suicide.
- For Aboriginal and Torres Strait Islander peoples in the NSW, suicide is ranked 5th in the leading causes of death.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (**18.0 per 100,000**) was considerably higher than the non-Indigenous rate (10.2 per 100,000).
Other resources

Northern Territory
Suicide Data 2017
(ABS 2018)

www.mindframe-media.info
Northern Territory in 2017

- 51 people died by suicide in NT (38 male, 13 female), which is an increase on the 46 recorded in 2016.

- Northern Territory had the lowest number of suicides of all states/territories.

- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).

- NT accounted for 1.6% of all deaths by suicide in Australia.
Age-standardised suicide rate

Northern Territory in 2017:

– Despite the lowest number, NT Recorded the highest age-standardised suicide rate (20.3 per 100,000).

– The age-standardised suicide rate was higher than the national age standardised suicide rate (12.6 per 100,000).

– The age-standardised suicide rate for men (28.8 per 100,000) was a slight decrease from the rate in 2016 (30.9).

– The age-standardised suicide rate for females is not available for publication.

Figure 2: Age-standardised suicide rates for each State/territory in Australia
Age-standardised suicide rate

Northern Territory in 2017:

- The suicide rate in Greater Darwin was lower than that observed in the rest of NT.
- A similar trend was observed across most states and territories.
- Greater Darwin had a decrease in the age-standardised rate (14.2 per 100,000) compared to 2016 (21.2 per 100,000).
- The rest of NT saw an increase (29.0 per 100,000) when compared to the most recently available rate in 2015 (18.7 per 100,000).

> Note: The age standardised rate for rest of NT was not available for publication in 2016 as the numbers were too low.
Aboriginal and Torres Strait Islander peoples

Northern Territory in 2017:

- **28** Aboriginal and Torres Strait Islander peoples died by suicide.
- Suicide was the 4th leading cause of death for Aboriginal and Torres Strait Islander peoples in the NT, compared to the 7th leading cause of death for non-Indigenous in NT.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (**33.0 per 100,000**) was considerably higher than the non-Indigenous rate (13.9 per 100,000).

Note: Male and Female data was not reported due to the small number.
Aboriginal and Torres Strait Islander peoples

Between 2013-2017 in Northern Territory:

- 107 Aboriginal and Torres Strait Islander peoples deaths have been attributed to intentional self-harm.
- For Aboriginal and Torres Strait Islander peoples in the state, suicide is ranked 4th in the leading causes of death.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (26.2 per 100,000) was considerably higher than the non-Indigenous rate (14.9 per 100,000).
Queensland in 2017

- **804** people died by suicide in QLD (609 male, 195 female), which is an increase on the 674 recorded in 2016.
- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).
- QLD accounted for 25.7% of all deaths by suicide in Australia.

*Figure 1: Number of suicide deaths by State and Territory*
Age-standardised suicide rate

Queensland in 2017:

– Recorded the second highest age-standardised suicide rate (16.3 per 100,000)

– The age-standardised suicide rate was higher than the national age standardised suicide rate (12.6 per 100,000)

– The age-standardised suicide rate for men (25.2 per 100,000) was higher than observed rate in 2016 (22.1).

– The age-standardised suicide rate for females (7.8 per 100,000) was lower than the rate observed in 2016 (6.0).

*Figure 2: Age-standardised suicide rates for each State/territory in Australia*
Queensland in 2017:

- Greater Brisbane had a lower suicide rate, when compared to the rest of QLD.
- A similar trend was observed across most States and Territories.
- Greater Brisbane had a slight increase in the age-standardised rate (14.0 per 100,000) when compared to 2016 (12.2 per 100,000).
- The rest of QLD also saw an increase (18.4 per 100,000) from 2016 (15.5 per 100,000).
Aboriginal and Torres Strait Islander peoples

Queensland in 2017:

– 53 (44 male, 9 female) Aboriginal and Torres Strait Islander peoples died by suicide in QLD.
– Suicide was the 5th leading cause of death for Aboriginal and Torres Strait Islander peoples in the state, compared to the 9th leading cause of death for non-Indigenous.
– The standardised death rate for Aboriginal and Torres Strait Islander peoples (25.8 per 100,000) was considerably higher than the non-Indigenous rate (15.8 per 100,000).
Between 2013-2017 in Queensland:

- **250** Aboriginal and Torres Strait Islander peoples deaths have been attributed to intentional self-harm.
- For Aboriginal and Torres Strait Islander peoples in the state, suicide is ranked 4th in the leading causes of death.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (**25.2 per 100,000**) was considerably higher than the non-Indigenous rate (14.2 per 100,000).
South Australia
Suicide Data 2017
(ABS 2018)

www.mindframe-media.info
South Australia in 2017

- **224** people died by suicide in SA (164 male, 60 female), which is a slight decrease on the 225 recorded in 2016

- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).

- SA accounted for 7.2% of all deaths by suicide in Australia.
South Australia in 2017:

- Recorded the third lowest age-standardised suicide rate (12.8 per 100,000)
- The age-standardised suicide rate was similar to the national age standardised suicide rate (12.6 per 100,000)
- The age-standardised suicide rate for men (18.8 per 100,000) was lower than the rate observed in 2016 (19.6).
- The age-standardised suicide rate for females (7.0 per 100,000) was also lower than the rate observed in 2016 (7.2).

Figure 2: Age-standardised suicide rates for each State/territory in Australia
Age-standardised suicide rate

South Australia in 2017:

- Greater Adelaide had a lower suicide rate, when compared to the rest of SA
- A similar trend was observed across most States and Territories
- Greater Adelaide had a slight decrease in the age-standardised rate (11.5 per 100,000) when compared to 2016 (13.3 per 100,000)
- The rest of SA saw an increase (18.3 per 100,000) from 2016 (13.5 per 100,000)
Aboriginal and Torres Strait Islander peoples

Between 2013-2017 in South Australia:

– **44** Aboriginal and Torres Strait Islander peoples deaths (25 male; 19 female) have been attributed to intentional self-harm.

– For Aboriginal and Torres Strait Islander peoples in the state, suicide is ranked fifth in the leading causes of death.

– The standardised death rate for Aboriginal and Torres Strait Islander peoples (**25.0 per 100,000**) was considerably higher than the non-Indigenous rate (**12.7 per 100,000**).
Tasmania Suicide Data 2017
(ABS 2018)

www.mindframe-media.info
Number of deaths

Tasmania in 2017

- 80 people died by suicide in Tasmania (60 male, 20 female), which is a decrease on the 92 recorded in 2016.

- The number of suicide deaths was highest in NSW (880), followed by QLD (804), and VIC (621).

- Tasmania had the third lowest number, with both NT (51) and ACT (58) slightly lower.

- TAS accounted for 2.6% of all deaths by suicide in Australia.
Tasmania in 2017:

- Recorded the fourth highest age-standardised suicide rate (15.6 per 100,000)
- The age-standardised suicide rate was higher than the national age standardised suicide rate (12.6 per 100,000)
- The age-standardised suicide rate for men (23.7 per 100,000) was slightly lower than the rate observed in 2016 (25.9).
- The age-standardised suicide rate for females (7.7 per 100,000) was lower than the rate observed in 2016 (8.6).
Age-standardised suicide rate

Tasmania in 2017:

- The TAS suicide rate was higher in Greater Hobart when compared to the rest of TAS.
- This is in contrast to what is observed across most States and Territories, and the TAS 2016 data.
- Greater Hobart had an increase in the age-standardised rate (16.9 per 100,000) compared to 2016 (15.1 per 100,000).
- The rest of TAS saw a decrease (14.4 per 100,000) from 2016 (18.5 per 100,000).

Figure 3: Age-standardised suicide rate by place of usual residence.
Victoria
Suicide Data 2017
(ABS 2018)

www.mindframe-media.info
Number of deaths

Victoria in 2017

– **621** people died by suicide in VIC (445 male, 176 female), which is a slight decrease on the 624 recorded in 2016

– VIC had the third highest number of suicides, with only NSW (880) and QLD (804) higher

– VIC accounted for 19.9% of all deaths by suicide in Australia.

Figure 1: Number of suicide deaths by State and Territory
Age-standardised suicide rate

Victoria in 2017:

- Recorded the lowest age-standardised suicide rate (9.6 per 100,000)
- The age-standardised suicide rate was lower than the national age standardised suicide rate (12.6 per 100,000)
- The age-standardised suicide rate for men (14.0 per 100,000) was lower than the rate observed in 2016 (14.6).
- The age-standardised suicide rate for females (5.4 per 100,000) which is unchanged from 2016 (5.4).

Figure 2: Age-standardised suicide rates for each State/territory in Australia
Victoria in 2017:

- The VIC suicide rate was lower in Greater Melbourne when compared to the rest of VIC.
- A similar trend was observed across most States and Territories.
- Greater Melbourne had a slight decrease in the age-standardised rate (8.7 per 100,000) compared to 2016 (9.0 per 100,000).
- The rest of VIC saw a slight decrease (13.0 per 100,000) from 2016 (13.1 per 100,000).
Western Australia
Suicide Data
(ABS 2018)

www.mindframe-media.info
Western Australia in 2017

- **409** people died by suicide in WA (304 male, 105 female), which is an increase on the 371 recorded in 2016.
- The number of suicide deaths was fourth highest in WA, following NSW (880), QLD (804), and VIC (621).
- WA accounted for 13.1% of all deaths by suicide in Australia.
**Age-standardised suicide rate**

**Western Australia in 2017:**

- Recorded the third highest age-standardised suicide rate (15.8 per 100,000)
- The age-standardised suicide rate was higher than the national age standardised suicide rate (12.6 per 100,000)
- The age-standardised suicide rate for men (23.6 per 100,000) was higher than rate observed in 2016 (20.7).
- The age-standardised suicide rate for females (8.1 per 100,000) was the same as recorded in 2016.

*Figure 2: Age-standardised suicide rates for each State/territory in Australia*
Western Australia in 2017:

- Greater Perth had lower suicide rate when compared to the rest of the WA
- A similar trend was observed across most States and Territories
- Greater Perth had an increase in the age-standardised rate (15.1 per 100,000) compared to 2016 (12.1 per 100,000)
- The rest of WA saw a decrease (17.8 per 100,000) from 2016 (22.1 per 100,000)
Aboriginal and Torres Strait Islander peoples

Western Australia in 2017:

- 27 (16 male, 11 female) Aboriginal and Torres Strait Islander peoples died by suicide.
- Suicide was the 3rd leading cause of death for Aboriginal and Torres Strait Islander peoples in the state, compared to the 11th leading cause of death for non-Indigenous.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (26.5 per 100,000) was considerably higher than the non-Indigenous rate (14.4 per 100,000).
Between 2013-2017 in Western Australia:

- **195** Aboriginal and Torres Strait Islander peoples deaths have been attributed to suicide.
- For Aboriginal and Torres Strait Islander peoples in the state, suicide is ranked 3rd in the leading causes of death.
- The standardised death rate for Aboriginal and Torres Strait Islander peoples (**38.5 per 100,000**) was considerably higher than the non-Indigenous rate (12.9 per 100,000).
Support services

**Adult**
- **Lifeline:** 13 11 14
  lifeline.org.au
- **Suicide Call Back Service:** 1300 659 467
  suicidecallbackservice.org.au
- **beyondblue:** 1300 24 636
  beyondblue.org.au
- **MensLine Australia:** 1300 789 987
  mensline.org.au

**Youth**
- **Kids Helpline:** 1800 551 800
  kids helpline.com.au
- **headspace:** 1800 650 890
  headspace.org.au
- **ReachOut:** au.reachout.com

**Other resources**
- **Head to Health:** mental health portal
  headtohealth.gov.au
- **Life in Mind:** suicide prevention portal
  lifeinmindaustralia.com.au
- **SANE:** online forums
  sane.org
- **healthinfonet.ecu.edu.au:** Aboriginal and Torres Strait Islander
- **1800 184 527 qlife.org.au:** Lesbian, gay, bisexual, trans, and/or intersex
- **mhima.org.au:** Culturally and linguistically diverse

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