

melcome

One of the most common #DATINGFAILS

I see relates to confusion about dating goals.

Like any goals in life, if you are not clear where you are going its very tricky to figure out the next step.

This Blueprint is designed to help you figure out what you want in your dating life.

Once you know what you want, I'll guide you toward the most strategic, yet efficient path for getting there.

Step One

I have provided you with 2 checklists: the Red Checklist + the Black Checklist.

Read through each one and tick anything that describes your current wants/needs.

Step Two

Next, add up the total ticks for each list.

Is the red or black list
a higher number for you?

Step Three

Check out the dating strategy diagram for insights into your best next steps.

Melx



RED CHECKLIST What do you want?

No obligation to stay connected Your own needs are top priority Mates always come first ☐ An easy 'get out clause' if things go wrong □ Total independence, no ties □ No responsibility for the emotions of others Ability to 'see' several women at once □ Communication via text only Lots of booty calls Instant sexual attraction

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TOTAL:

BLACK CHECKLIST what do you want?

□ A partner in life	
☐ Mutual support	
☐ Someone to plan a future with	
☐ Someone to share your deepest des	sires +
☐ Amazing, meaningful sex that gets better with time	
□ Someone to bring out your best	
□ Opportunity to share life's highs + lows	
☐ Someone to connect with your family	
□ Someone to join your social group	
☐ Someone to check-in with	
every day	TOTAL:

DATING STRATEGY

Dating Goal

RED Short Term BLACK Long Term

MOBILE APPS E.G. Tinder RELATIONSHIP SITES E.G. eHarmony

FLIRTATION Based on your physical 'type' PUBLIC DECLARATIONS
Tell people you are looking
for love

COMMUNICATION
Light + superficial
Goal directed

VALUES
Understand your top 3 values
so you can find a compatible

partner

SEX

TACTICS
Target-rich environments

Frequent, various partners Always consensual

DATES

High quality women + worthy life partners

SHORT CYCLE

Quickly move on to the

next woman

COMPATIBILITY
Real intimacy + great sex

So, what does it all mean?

If your preferred dating goal is short term (red), then mobile apps like Tinder will work for you. You'll enjoy the instant gratification and easy access to a wide variety of (randomly selected) women. You probably have a 'type' based on physical features so to keep things streamlined, stick to this. Your communication with the women you meet will often be goal directed (i.e. focussed on getting her into bed) so you'll probably prefer to keep things light. This strategy is likely to lead to shortterm, casual encounters without too much responsibility or effort.

If, however, the black list was longer for you, you are more likely to have success with relationship-based and matchmaking sites like eHarmony. It's a good idea to tell your friends and family you are looking for love and put the word

out that you are open to being 'set up'. Get in touch with your own values, decide what is really important to you, fundamental to the way your live your life and make THIS your criteria for selecting dates. Once you know what values and lifestyle preferences your ideal woman has, think about where she might be. For example, if she values health you might have a good chance of meeting her at the gym or a healthy cooking class. This approach is likely to lead to high value dates and connections with women you are potentially compatible with.

Happy Dating.





thankyou

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Any questions or queries contact info@melanieschilling.com

