



CPD Health Courses

THE DRY NEEDLING SPECIALISTS
SAFE . CONFIDENT . EFFECTIVE

These are the Muscles & Tissues that you'll learn how to treat at our Medical Acupuncture/Dry Needling Course:

1. Brachioradialis
2. Extensor Carpi Radialis Brevis
3. Extensor Carpi Radialis Longus
4. Extensor Carpi Ulnaris
5. Extensor Digitorum
6. Deltoid
7. Triceps
8. Biceps
9. Rectus Femoris
10. Vastus Lateralis
11. Vastus Medialis
12. Upper Trapezius
13. Biceps Femoris
14. Semitendinosus
15. Semimembranosus
16. Gluteus Maximus
17. Gluteus Minimus
18. Gluteus Medius
19. Tibialis Anterior
20. Peroneus Longus
21. Infraspinatus
22. Supraspinatus
23. Teres Major
24. Teres Minor
25. Latissimus Dorsi
26. Gastrocnemius
27. Soleus
28. Multifidi
29. Lumbar Erector Spinae
30. Quadratus Lumborum
31. Flexor Digitorum Brevis
32. Quadratus Plantae
33. Anterior Talo-Fibular Ligament
34. Achilles Tendon
35. Fascia & Scar Tissue