What is in this leaflet

This leaflet answers some common questions about BRETARIS GENUAIR.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your pharmacist or doctor will be able to advise you about the risks and benefits of using BRETARIS GENUAIR.

If you have any concerns about using this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine.

You may need to read it again.

What BRETARIS GENUAIR is used for

BRETARIS GENUAIR can help you when you have ongoing shortness of breath related to your disease and will help you to minimise the effects of the disease on your everyday life.

Ask your doctor if you have any questions about why BRETARIS GENUAIR has been prescribed for you.

This medicine is only available with a doctor’s prescription.

It is not addictive.

Do not use BRETARIS GENUAIR:

- if you are allergic to aclidinium bromide or any of the other ingredients of this medicine listed at the end of this leaflet
- if you are allergic to atropine or related bronchodilator medicines, for example ipratropium, tiotropium or oxtropium.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

Before you use BRETARIS GENUAIR

When you must not use it

Do not use BRETARIS GENUAIR:

- if you get tightness of the chest, coughing, wheezing or

Before you start to use it

Tell your doctor if you have any of the following medical conditions:

- if you have asthma
- if you have had heart problems recently
- if you see halos around lights, or coloured images (glaucoma)
- if you have an enlarged prostate, problems passing urine, or a blockage in your bladder.

Your doctor may want to take special precautions if you have any of the above conditions.

BRETARIS GENUAIR is indicated for maintenance treatment of your chronic obstructive pulmonary disease; it should not be used to treat a sudden attack of breathlessness or wheezing. If your COPD symptoms (breathlessness, wheezing, cough) do not improve or get worse you should contact your doctor for advice as soon as possible.

Dry mouth, which has been observed with medicines like BRETARIS GENUAIR, may, after using your medicine for a long time, be associated with tooth decay. Therefore, please remember to pay attention to oral hygiene.

Stop using BRETARIS GENUAIR and seek medical help immediately:

- if you get tightness of the chest, coughing, wheezing or
breathlessness immediately after using the medicine. These may be signs of a condition called bronchospasm.

If you require further advice, you should talk with your doctor or pharmacist.

Tell your doctor if you are pregnant, intend to become pregnant or are breastfeeding. BRETARIS GENUAIR is not recommended for use during pregnancy or while breastfeeding. If it is necessary for you to use this medicine during pregnancy or while breastfeeding, your doctor will discuss with you the benefits and risks involved.

Children and adolescents

BRETARIS GENUAIR is not for use in children or adolescents below 18 years of age.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and BRETARIS GENUAIR may interfere with each other. These include medicines containing tiotropium, ipratropium or oxitropium (called anticholinergics).

You may need to take different amounts of your medicines or you may need to take different medicines. Your doctor and pharmacist have more information.

If you have not told your doctor about any of these things, tell him/her before you start using BRETARIS GENUAIR.

How to use BRETARIS GENUAIR

Follow all directions given to you by your doctor and pharmacist carefully.

These directions may differ from the information contained in the leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

How much to use

The recommended dose is one inhalation twice a day in the morning and evening.

The effects of BRETARIS GENUAIR last for 12 hours; therefore, you should try to use your BRETARIS GENUAIR inhaler at the same time every morning and evening. This ensures that there is always enough medicine in your body to help you breathe more easily throughout the day and night. It will also help you to remember to use it.

How long to use

Continue to use this medicine for as long as your doctor tells you to.

If it helps your breathing problems, your doctor may want you to keep using it for a long time.

This medicine helps to control your condition but it does not cure it.

If you want to stop treatment, first talk to your doctor, as your symptoms may worsen.

If you forget to use it

If you forget to have a dose of BRETARIS, inhale the dose as soon as you remember. However, if it is nearly time for your next dose, skip the missed dose.

Do not take a double dose to make up for the one that you missed.

This may increase the chance of you getting an unwanted side effect.

If you have trouble remembering when to use your medicine, ask your pharmacist for some hints.

If you use too much (overdose)

Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have used too much BRETARIS. Do this even if there are no signs of discomfort or poisoning.

While you are using BRETARIS GENUAIR

Things you must do

Use this medicine exactly as your doctor has prescribed. Try not to miss any doses and use it even if you feel well.

If you do not follow your doctor’s instructions, you may not get relief from your breathing problems or you may have unwanted side effects.

If you find that the usual dose of BRETARIS is not giving as much relief as before, or does not last as long as usual, contact your doctor so that your condition can be checked.

This is important to ensure your COPD is controlled properly.

If you become pregnant while using this medicine, tell your doctor.

Your doctor can discuss with you the risks of using it while you are pregnant.

If you are about to be started on any new medicine, remind your
doctor and pharmacist that you are using BRETARIS GENUAIR. 
Tell any other doctors, dentists, 
and pharmacists who treat you 
that you are using this medicine.

Things you must not do
Do not exceed the recommended 
daily dose – it will not help you to 
do this.
Do not take any other medicines 
for your breathing problems 
without checking with your 
doctor.
Do not give this medicine to 
anyone else, even if their 
condition seems similar to yours.
Do not use it to treat any other 
complaints unless your doctor 
tells you to.

Things to be careful of
Be careful driving, operating 
machinery or doing jobs that 
require you to be alert until you 
know how BRETARIS affects 
you.
This medicine has no or negligible 
influence on the ability to drive and 
use machines. This medicine may 
cause headache, dizziness, or 
blurred vision. If you are affected 
by either of these side effects do not 
drive or use machinery until the 
headache has cleared and your 
vision has returned to normal.

Tell your doctor or pharmacist if 
you notice any of the following 
and they worry you:
• headache
• inflammation of the sinuses 
(sinusitis)
• sneezing (rhinitis)
• common cold (nasopharyngitis)
• cough
• diarrhoea
• vomiting
• toothache
• fall
• nausea
Tell your doctor immediately or 
go to Accident and Emergency at 
your nearest hospital if any of the 
following happen:
• you develop signs of an allergic 
reaction such as swelling of the 
face, lips, tongue, throat or other 
part of the body; severe 
dizziness or fainting, faster heart 
rate, redness, itching or rash on 
the skin.

Tell your doctor or pharmacist if 
you notice anything else that is 
making you feel unwell.

After using BRETARIS 
GENUAIR

Storage
Keep it where children cannot 
reach it.
A locked cupboard at least one-and- 
a-half metres above the ground is a 
good place to store medicines.

Keep the BRETARIS GENUAIR 
inhaler protected inside the sealed 
pouch until the administration 
period starts.
To be used within 90 days of 
opening the pouch.
Store below 30°C.

Disposal
If your pharmacist or doctor tells 
you to stop using the inhaler or 
the expiry date has passed, ask 
your pharmacist how to dispose 
of it properly.

Product description

What it looks like
BRETARIS is a white or almost 
white powder.
The GENUAIR inhaler device is 
white coloured with an integral dose 
indicator and a green dosage button. 
The mouthpiece is covered with a 
removable green protective cap. It is 
supplied in a sealed protective 
pouch.

Ingredients
Active Ingredient
The active substance is aclidinium 
bromide. Each delivered dose 
contains 375 micrograms 
aclidinium bromide equivalent to 
322 micrograms of aclidinium.

Inactive Ingredient
BRETARIS also contains lactose 
monohydrate.

Supplier
BRETARIS GENUAIR is supplied 
in Australia by:
A. Menarini Australia Pty Ltd 
Level 8, 67 Albert Avenue 
Chatswood NSW 2067 
Medical Information: 1800 644 542 
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