

## Avil® (ay-vil)

Pheniramine maleate (fen-eye-r-a-mean mal-e-ate)

### Consumer Medicine Information

#### What is in this leaflet

This leaflet answers some common questions about Avil. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you taking this medicine against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

#### Keep this leaflet with the medicine.

You may need to read it again.

#### What Avil is used for

Avil Tablets contain pheniramine maleate, a medicine used to treat allergic conditions such as hayfever, runny nose, itching skin and skin rashes. It is also used in the prevention and treatment of inner ear disorders (eg Meniere's disease) and travel sickness.

Avil is one of a group of medicines called 'antihistamines' which works by blocking the action of histamine.

#### Before you take it

##### When you must not take it

##### Do not take Avil if you:

- are taking an antidepressant medicine known as a MAO Inhibitor
- are male and you have an enlarged prostate

##### Do not take Avil if you are allergic to it or any of the ingredients listed at the end of this leaflet.

Some symptoms of an allergic reaction include skin rash, itching, asthma, wheezing, shortness of breath or swelling of the face, lips or tongue, which may cause difficulty in swallowing or breathing, fainting.

##### Do not take it after the expiry date (EXP) printed on the pack.

If you take it after the expiry date has passed, it may not work as well.

##### Do not take it if the packaging is torn or shows signs of tampering.

##### Do not give Avil to a premature or newborn baby.

##### Before you take it

##### Tell your doctor or pharmacist if you have allergies to:

- any of the ingredients listed at the end of this leaflet
- any other medicines
- any other substances, such as foods, preservatives or dyes

##### Tell your doctor or pharmacist if you are pregnant or intend to become pregnant.

Your doctor or pharmacist will discuss the risk and benefits of taking it if you are pregnant.

##### Tell your doctor or pharmacist if you are breastfeeding or planning to breastfeed.

If there is a need to consider Avil while you are breastfeeding, your doctor or pharmacist will discuss with you the benefits and risks of taking it.

##### Tell your doctor or pharmacist if you have or have had any medical conditions, especially the following:

- an enlarged prostate
- glaucoma (high pressure in the eye)
- breathing problems, including asthma or bronchitis
- heart disease

##### Tell your doctor or pharmacist if you plan to have surgery.

##### If you have not told your doctor or pharmacist about any of the above, tell them before you take Avil.

##### Taking other medicines

##### Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

Some medicines and Avil may interfere with each other. These include:

- antidepressants known as MAO inhibitors
- atropine and other anticholinergic drugs
- alcohol
- sedative drugs

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking Avil.

##### Avil may cause drowsiness and may increase the effects of alcohol and other sedative drugs. If affected, do not drive a motor vehicle or operate machinery.

You might get used to the sedative effect after a few days of treatment, however you may prefer to change to a non-sedating antihistamine.

##### Please discuss this option with your pharmacist.

#### How to take it

##### How much to take

##### Adults and children over 10 years:

Half to 1 tablet up to 3 times daily.

##### Children 5-10 years:

Half a tablet up to 3 times daily.

Not recommended for children under 5 years of age.

##### To prevent travel sickness, it is recommended that the first dose be taken at least 30 minutes before travelling.

##### Ask your doctor or pharmacist if you are unsure of the correct dose for you.

They will tell you exactly how much to take.

##### How to take it

##### Avil should be swallowed with plenty of water. Do not chew them.

##### When to take it

##### Avil should be taken with or soon after food.

##### Do not take the medicine on an empty stomach.

##### If you are taking Avil to prevent travel sickness, take a dose at least 30 minutes before travelling.

##### If you are not sure when to take Avil, ask your doctor or pharmacist.

##### How long to take it

##### Ask your doctor or pharmacist if you are not sure how long to take this medicine for.

##### If you forget to take or give a dose

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking your dose as you would normally. Do not take a double dose to make up for the dose that you missed.

##### If you take too much (overdose)

Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26) or go to Accident and Emergency at your nearest hospital if you think that you or anyone else may have taken too much Avil.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

#### While you are taking it

##### Things you must do

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Avil.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Avil.

If you become pregnant while taking Avil, tell your doctor or pharmacist.

##### Things you must not do

Do not take more than the recommended dose unless your doctor or pharmacist tells you to.

##### Things to be careful of

Avil can cause drowsiness so you should not drive a motor vehicle or operate machinery after taking a dose. This effect may decrease with time.

#### Side Effects

All medicines can have some unwanted side effects. Sometimes they are serious, most of the time they are not. Your doctor or pharmacist has weighed the risks of using this medicine against the benefits they expect it will have for you. Do not be alarmed by this list of possible side effects. You may not experience any of them.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Avil.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

- drowsiness
- nervousness, irritability, incoordination, lack of concentration
- dizziness
- tinnitus (ringing in the ears)
- nausea and vomiting
- difficulty passing urine

Tell your doctor immediately if you notice any of the following:

- changes in your usual behaviour or mood
- severe sedation, confusion or restlessness
- hallucinations

- vision problems
- irregular heart beat

**If any of the following happen, stop taking this medicine and tell your doctor immediately, or go to Accident and Emergency at your nearest hospital:**

- swelling of the face, lips, mouth or throat, which may cause difficulty in swallowing or breathing
- hives
- fainting
- yellowing of the skin and eyes (jaundice)

These may be serious side effects. You may need urgent medical attention. Serious side effects are rare.

**Ask your doctor or pharmacist to answer any questions you may have.**

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### After taking it

**If you have any queries about any aspect of your medicine, or any questions regarding the information in this leaflet, discuss them with your doctor or pharmacist.**

#### *Storage*

**Keep your tablets in the blister pack until it is time to take them.**

If you take the tablets out of the box or the blister pack, they may not keep well.

**Keep Avil in a cool dry place where the temperature stays below 30°C. Do not store Avil or any other medicine in the bathroom or near a sink. Do not leave it in the car or on window sills.**

**Heat and dampness can destroy some medicines.**

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

#### *Disposal*

**If your doctor or pharmacist tells you to stop taking or giving Avil or the expiry date has passed, ask your pharmacist what to do with any medicine which is left over.**

**Return any unused medicine to your pharmacist.**

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### Product description

#### *What it looks like*

Avil tablets are round white tablets with DAR on one side and DAR on each side of a breakline on the other side of the tablet. They come in packs of 10 and 50 tablets.

#### *Ingredients*

##### **Active Ingredient**

Avil tablets contain the active ingredient pheniramine maleate. There is 45.3 mg of pheniramine maleate in every tablet.

##### **Inactive Ingredients**

- maize starch
- lactose
- magnesium stearate
- pregelatinized maize starch
- silicon dioxide

Avil preparations do not contain gluten, tartrazine or azo dyes.

### *Sponsor*

Avil tablets supplied in Australia by:

**Sanofi-Aventis Australia Pty Ltd**

12-24 Talavera Road  
Macquarie Park NSW 2113

Australian Register Number  
191053

This leaflet was prepared in July 2012

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