

## Micolette®

Micro-enema 5ml

### Consumer Medicine Information

#### What is in this leaflet

Please read this leaflet carefully before you use Micolette. This leaflet answers some common questions about Micolette. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Use Micolette as instructed and follow the advice provided in this leaflet.

Keep this leaflet with the medicine. You may need to read it again.

#### What Micolette is used for

Micolette may be used whenever there is a need to relieve constipation or open the bowels, when there are certain disturbances of bowel movement or opening of the bowels, and in preparation for examination of the rectum (back passage).

Micolette is a fast acting enema which works to soften bowel motions and gently assist bowel emptying without irritating the lining of the bowel.

#### Before you use Micolette

##### When you must not take it

Do not use Micolette if you know that you are allergic to any of the ingredients which are listed under the heading 'Product Description' at the end of this leaflet.

Do not use Micolette after the expiry date printed on the box or on the bottom end of the tube.

Do not use Micolette if the packaging is torn or shows signs that it may have been opened.

Do not use Micolette to treat any other complaint unless your doctor says it is safe.

Consult a doctor before first use of Micolette if pregnant or breastfeeding. If constipation persists or you have any concerns, tell your doctor or pharmacist.

Do not use in children under 3 years of age.

#### How to use Micolette

Micolette is easy to use and is usually effective within 30 minutes, in adults and in children over 3 years old.

1. Twist and pull the seal off the nozzle.
2. Squeeze the tube slightly so that a drop of Micolette smears the tip and makes insertion easier.
3. Insert the nozzle fully into the rectum (back passage).
4. Squeeze out the contents fully by squeezing the shoulder of the tube.
5. Keeping the tube squeezed tightly, withdraw the nozzle.

*General recommendations about the use of laxatives*

Drink plenty of water.

Increase fibre in the diet.

Prolonged use of laxatives is undesirable and may lead to dependence.

If symptoms persist seek medical advice.

#### In case of overdose

Contact your doctor or seek medical advice if you think you have used too much Micolette.

Have the Micolette tube or box or this leaflet available to give details if needed. Advice may also be obtained from the Poisons Information Centre (telephone Australia 13 11 26,

New Zealand 0800 POISON or 0800 764 766) for advice.

#### While you are using Micolette

If you have any concerns while using Micolette, tell your doctor or pharmacist.

#### Side effects

Micolette, like all medicines, may cause unwanted side effects in some people. A slight rectal burning sensation has occasionally been reported. Individual cases of allergy or abnormal reaction (general skin reaction with or without low blood pressure or breathing difficulties) have also been reported.

**If these side effects do not go away or they are worrying you, tell your doctor or pharmacist.**

**Some people may get other side effects while using Micolette. If you notice any other side effects or have any concerns while using Micolette, tell your doctor or pharmacist.**

#### After using Micolette

##### Storage

Micolette should be kept in a place where the temperature stays below 25°C.

Do not store Micolette or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Keep Micolette out of reach of children.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

##### Disposal

Empty tubes of Micolette may be safely disposed of by wrapping in paper and placing in the garbage. Unused tubes of Micolette which have gone past the expiry date printed on the box or tube should be returned to your pharmacist.

#### Product Description

##### What Micolette looks like

Micolette Microenemas come in a white, plastic squeeze tube with a long, thin insertion nozzle and a breakable seal. This seal must be removed before use. Each microenema tube contains 5mL of solution.

##### Ingredients

Each Micolette tube contains the following active ingredients: sodium lauryl sulfoacetate 45mg, sodium citrate 450mg and sorbitol 3.125g.

Micolette also contains: glycerol, potassium sorbate and purified water, to 5mL.

#### Distributor

Micolette is distributed by:

##### Australia:

AFT Pharmaceuticals Pty Ltd.,  
Level 5, 255 George Street,  
NSW 2000.

##### New Zealand:

AFT Pharmaceuticals Ltd.,  
Auckland,  
for  
Pinewood Laboratories Ltd.,  
Ballymacarbry,  
Clonmel,  
Co. Tipperary,  
Ireland.

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