1. What is in this leaflet
This information answers some common questions about Trust Sinus & Nasal Decongestant tablets. It does not contain all the available information.

2. What is Trust Sinus & Nasal Decongestant used for
Trust Sinus & Nasal Decongestant tablets contain a decongestant, pseudoephedrine hydrochloride which acts to clear nasal congestion and dry a runny nose, making breathing easier.

3. Before you take Trust Sinus & Nasal Decongestant Tablets
3a. When you must not take it
- Do not use this product after the expiry date printed on the carton and foil.
- Do not use this product if the packaging is torn or shows signs of tampering.
- Do not give to children under 12 years.
- Do not take if you are taking, or within 14 days after stopping taking, monoamine oxidase inhibitors (MAOIs), a type of medicine used to treat depression.
- Do not take if you have very high blood pressure or severe blood vessel disease.
- Do not use if you are allergic to pseudoephedrine or any of the ingredients mentioned under "Product Description" of this Consumer Medicine Information.

3b. Before you start to take it
You must tell your doctor or pharmacist if you are suffering from any of these conditions:
- high blood pressure
- heart disease
- depression
- lung, liver or kidney disorders
- over active thyroid gland
- prostate problems such as enlarged prostate
- bladder problems
- diabetes mellitus (too much sugar in the blood)
- increased pressure in the eye (glaucoma)
- any other medical problem

4. How to take Trust Sinus & Nasal Decongestant
4a. Recommended dose
Adults and children over 12 years of age: 1 tablet 3 to 4 times a day, when necessary. Do not exceed 4 tablets in 24 hours.

4b. If you miss a dose
If you miss a dose, do not take a double dose to make up. This medicine should only be used when necessary.

4c. If you take too much (in case of overdose)
Immediately telephone your doctor, Poisons Information Centre (Telephone: 13 11 26) or go to the Emergency Department at your nearest hospital if you think that you or anyone else may have taken too many Trust Sinus & Nasal Decongestant tablets even if there are no signs of discomfort or poisoning.

5. While you are taking Trust Sinus & Nasal Decongestant
5a. Things you must do
Take Trust Sinus & Nasal Decongestant as described on the label and in this leaflet.

6. Side Effects
Trust Sinus & Nasal Decongestant provides relief from nasal congestion, but it may have unwanted side effects in a few people. You may need medical treatment if you get some of these side effects.

7. After using Trust Sinus & Nasal Decongestant
7a. Storage
Trust Sinus & Nasal Decongestant should be stored below 30°C until the expiry date shown on the label.

7b. Disposal
Return any unused medicines to your pharmacist.

7c. Where to go for further information
If you have any questions about this, or any other medication, discuss with your pharmacist.

8. Product Description
Trust Sinus & Nasal Decongestant tablets come as white round-shaped tablets.

Active Ingredients
Each tablet contains:
- Pseudoephedrine hydrochloride 60mg

Other ingredients:
- Cellulose - microcrystalline
- Magnesium stearate
- Calcium hydrogen phosphate
Contains no lactose, sugar, gluten, yeast, artificial colouring, preservatives, starch, dairy products, glucose or alcohol.

9. Sponsor

Pharmacor Pty Ltd
Suite 401, 7 Oaks Avenue
Dee Why NSW 2099
www.pharmacor.com.au

The Australian Registration Number for Trust Sinus & Decongestant tablets is AUST R 233000.
Available in pack sizes 12s.
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