

Competency statements

Unit	Competency statement	Content
The Role of the Coach	<ul style="list-style-type: none"> Identify the roles and responsibilities of the coach. Understand the coaching implications of the Netball Australia Codes of Behaviour. Understand the social development considerations for why children play sport. Identify and implement good coaching practices to reduce risk. Implement minor incident-management procedures. Keep accurate records regarding medical history and injury reporting. 	<ul style="list-style-type: none"> Being a coach. The roles of a netball coach. 360 degree view of the netball coach. What makes a good netball coach? Netball participation. The coach's journal. What sort of coach do I want to be? Self-improvement? Who am I coaching? Working with players. Positive coaching environment. Important responsibilities. Risk management. Injury management.
Planning	<ul style="list-style-type: none"> Cater for the physical and social development of participants. Understand the role of NetSetGO and its place in the player development pathway. Understand the benefits of using a game sense approach to teach game concepts and develop long term learning. Understand the importance of effective group management skills to maximise opportunities for successful participation. Identify the elements of a training session. Understand the planning and review process. 	<ul style="list-style-type: none"> Why plan? What goes into a session plan? Session focus. Activities. Planning for NetSetGO. What happens in the Net tier? What happens in the Set tier? Minor games. CHANGE IT. Using CHANGE IT. Transitions. Concluding activity. Self-improvement.

Unit	Competency statement	Content
Teaching Netball Skills	<ul style="list-style-type: none"> Understand how to safely teach the basic skills of netball. Identify skill faults and correct technique for the basic skills of netball. Understand the coaching implications of the basic rules of netball. 	<ul style="list-style-type: none"> Netball skills. Rules of Netball. On-court positions. Teaching netball skills. Movement and footwork skills. Safe landing technique. Teaching footwork and movement skills. Ball skills. Teaching ball handling skills. Attacking skills. Teaching attacking skills. Defending skills. Teaching defending skills. Goal shooting skills. Teaching goal shooting skills. Strategies. Self-improvement.
The Coach in Action	<ul style="list-style-type: none"> Utilise effective communication techniques to develop player understanding of the basic skills of netball. Understand the importance of effective group management skills to maximise opportunities for successful participation. Understand the planning and review process. 	<ul style="list-style-type: none"> Putting it into action. Two coaches – the session plan. What did the coaches talk about? Communication in the session. Demonstrations. Group management. Coaching behaviours. Two coaches – conducting the session. What did you notice in those sessions? Keeping it fun and engaging. Two coaches – reviewing the session. Self-review. Match day. Self-improvement. Where to from here?

Assessment tasks

Unit	Unit delivery	Assessment
The Role of the Coach	Theory, video, coach's journal, quick challenge, self-assessment.	Multiple choice quiz (100% pass mark required).
Planning	Theory, video, coach's journal, quick challenge, self-assessment.	Multiple choice quiz (100% pass mark required).
Teaching Netball Skills	Theory, video, self-assessment.	Multiple choice quiz (100% pass mark required).
The Coach in Action	Theory, video, coach's journal, quick challenge, self-assessment.	Multiple choice quiz (100% pass mark required).