



Issues arise across all sports, across all levels when the diagnosis of concussion is missed or players return to play, school or work without having recovered fully. Netball Australia's [concussion policy](#) should be followed after sustaining a concussion or suspected concussion before a player can be allowed exercise and play. Netball Queensland's partnership with HeadSmart™ allows Associations/Clubs and parents to have far greater awareness of a player's condition after major or minor head knocks and to seek expert advice at the appropriate time.

In 2018, NQ have implemented this program with all State team representatives including the Lorna Jane Queensland Firebirds and recommends that all players should complete a baseline assessment. Netball Queensland and HeadSmart™ are offering this same service to all Netball Queensland participants for just \$20 per year providing peace of mind for parents.

Concussion in Netball is far more common than many would expect. The likelihood of a head knock from a stray elbow, or shoulder, a head clash or from hitting the hard court surface, often when falling following an ankle or knee injury is relatively high. The primary carer or parent can do a quick sideline assessment on their mobile device and if appropriate locate the nearest Doctor using the app. If the player has already completed their HeadSmart™ baseline assessment, they can retake this test (at no additional cost) and it will provide the Doctor with a personalised accurate indication of any signs of concussion. Enabling the Doctor to compare a post-concussion assessment to your player's or child's own baseline provides accurate, objective information and takes the guess work out of concussion management.

NQ and HeadSmart™ are offering netballers a 20% discount from the normal \$25 fee, which can be activated using the code **NETBALLQLD**. The Baseline assessment takes only eight (8) minutes to complete. You can watch a quick tutorial here <https://vimeo.com/178427268>

To register and undertake your baseline assessment on a PC or Mac (Firefox, Safari recommended) please click here <https://goo.gl/Wbor7V>

(Check that Adobe Flash is installed <https://get.adobe.com/flashplayer/>)

For parents, team coaches, managers or primary carers download the FirstResponder™ Concussion Recognition App here iOS <https://apple.co/2bw3yEz> Android <https://goo.gl/z4u3sa>

For more information on concussion in sport and the risks for Associations, Clubs, players and parents please watch this concussion education webinar here <http://bit.ly/2Apvqq9>

Contact support@headsmart.me for a FREE comparative post-concussion assessment to be emailed to your medical practitioner when needed.