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delicious. ABC

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Barbecued coriander chicken..... Summer Special: 86
Barbecued coronation chicken with mango rice salad..... Summer Special: 45
Black pepper-marinated chicken skewers..... Feb: 84
BLT chicken salad ..... Summer Special: 127
B'stilla (Moroccan chicken pie) ..... Sep: 59
Bunny chow (chicken curry rolls) ..... Aug: 60
Cayenne chicken drumsticks with blue cheese dipping sauce .. Jun: 68
Chargrilled chicken & roasted beetroot salad..... Summer Special: 127
Cheat's claypot ..... Oct: 84
Chicken, capsicum & ricotta mini pizzas ..... Sep: 89
Chicken, leek & tarragon picnic pies..... Summer Special: 102
Chicken & leek pie ..... May: 39
Chicken & lentil salad with caper dressing ..... Apr: 111
Chicken fajita lettuce wraps ..... May: 73
Chicken involtini with polenta and sage butter ..... Aug: 88
Chicken kiev with cabbage slaw ... Sep: 130
Chicken liver pâté..... Apr: 84
Chicken noodle broth ..... Aug: 113
Chicken pad kee mao ..... Oct: 54
Chicken puttanesca ..... Mar: 121
Chicken saltimbocca ..... Oct: 42
Chicken schnitzel and coleslaw..... Feb: 71
Chicken tikka burgers with tomato kasundi..... Oct: 40
Chicken Waldorf salad with honey walnuts..... Summer Special: 94
Chinese white-cut chicken salad... Sep: 122
Crispy chicken, chilli & basil stir-fry ..... Nov: 103
Crispy satay chicken ..... Oct: 52
Crumbed wasabi chicken with crunchy Japanese salad ..... Jun: 91
Drunken chicken with salted duck egg salad ..... Apr: 75
Fish sauce roast chicken..... Oct: 82
Five-spice chicken with sweet chilli dressing..... Jul: 121
French-style chicken ..... Nov: 88
Green chicken with mango salsa .... Dec: 69
Grilled chicken salad with parmesan dressing ..... Summer Special: 20
Harissa & capsicum chicken with chickpea couscous..... May: 96
Hit 'n' run traybaked chicken ..... Oct: 106
Jerk chicken with red onion flatbread..... Apr: 97
Lemon & honey chicken salad..... Summer Special: 90
Lemon chicken caesar salad ..... Apr: 59
LSA chicken with beetroot and silverbeet..... Apr: 122
Massaman roast chicken ..... Nov: 62
Mezze for one..... Nov: 124
Minced chicken yakitori skewers ..... Summer Special: 115
Parmesan-crumbed chicken with Taleggio stuffing..... Mar: 85
Pesto-glazed chicken breasts with spaghetti..... May: 68
Poached chicken & fennel salad..... Mar: 26
Poached chicken, apricot & chickpea salad ..... Feb: 121
Poached chicken sandwiches ..... Feb: 135
Potato, leek & chicken soup ..... Aug: 96
Prawn & chicken lettuce cups with sweet chilli dressing..... Dec: 66

Quick chicken cacciatore..... Jul: 89
Roast chicken with lemon & herb butter.....Nov: 114
Roast chicken with lemon potatoes and watercress.....May: 109
Roast chicken with pork, cardamom & cashew stuffing ..... Jul: 69
Spicy soy chicken with corn & black bean salsa..... Sep: 81
Spring chicken ballotine.....Oct: 76
Sticky chilli chicken & brown rice bowl ..... Sep: 86
Syrian chicken ..... Sep: 32
Thai chicken curry..... Jul: 38
Turmeric & ginger chicken drumsticks ..... Dec: 117
Yoghurt & harissa chicken with rice salad.....Jun: 38

chickpeas
Chargrilled vegetable couscous with hummus ..... Summer Special: 120
Felafel with green tahini .....Apr: 86
Harissa & capsicum chicken with chickpea couscous.....May: 96
Harissa hummus pots ..... Sep: 58
Harissa lamb with spiced chickpea salad .....Apr: 122
Lamb & chickpea pilaf.....Jun: 39
Mezze for one.....Nov: 124
Middle Eastern chickpea & eggplant salad..... Summer Special: 123
Moroccan osso bucco with chickpeas and gremolata .....Aug: 80
Poached chicken, apricot & chickpea salad ..... Feb: 121
Roast vegetable & hummus jalousie.....May: 39
Sherry-glazed chorizo & chickpeas...Nov: 46
Spiced lamb & hummus plate with tabbouleh .....Aug: 83
Spice-roasted chickpeas..... Feb: 124
Trofie with prawns, chickpeas and cherry tomatoes ..... Mar: 79
Warm roasted vegetable, chickpea & haloumi salad.....Jun: 95

Chilcano cocktail.....Nov: 92

chilled desserts *see also cheesecakes*
Apple & Calvados trifle .....May: 109
Apricot semifreddo with amaretti macarons..... Mar: 46
Avocado ice cream..... Jul: 56
Baci gelato with hazelnut & white chocolate slab ..... Summer Special: 54
Banana sundae with toffee and salted rum caramel.....Apr: 22
Blueberry yoghurt 'brulee'..... Summer Special: 140
Candy cane ice cream..... Dec: 108
Caramel & rum ripple ice cream with almond & macadamia brittle ..... Jun: 88
Cassata gelato ..... Summer Special: 56
Cheat's chocolate mousse .....Apr: 35
Cherry ripple ice cream bars ..... Summer Special: 52
Chilled rice pudding with brulee topping..... Sep: 66
Chocolate chilli tart with dulce de leche ice cream ..... Jul: 56
Christmas Colchester pudding ..... Dec: 130
Coconut Eton mess..... Dec: 160
Coconut rice with mango sorbet .. Dec: 158
Creme caramel .....Jun: 88
Dark chocolate & halva tiramisu .....Apr: 88
Dolly's berry trifle..... Mar: 111
Dulce de leche & banana ice cream ..... Summer Special: 86
Dulce de leche ice cream..... Jul: 56
Fresh raspberry & mascarpone coconut ice ..... Dec: 112
Frosted cherry chocolate cheesecake ..... Summer Special: 135
Honey & raspberry panna cotta with pistachio wafers ..... Mar: 48
Ice cream meringue cake ..... Dec: 82
Ile flottante with rockin' rhubarb... Sep: 104
Lemon delicious ice cream ..... Summer Special: 54
Lime & coconut panna cotta..... Sep: 63
Limoncello & fruit salad fro-yo ..... Feb: 102
Maple pot au creme with coffee caramel and caramelised brioche.....Oct: 31
Nimish (Indian saffron & rosewater cream pots) ..... Jul: 74
Orange & Campari jellies..... Sep: 71
Passionfruit semifreddo ..... Summer Special: 52
Peach, rosé & custard jellies ..... Summer Special: 109
Peppermint & pecan ice cream bar..... Apr: 35
Pina colada ice cream with pineapple salsa..... Dec: 73
Pistachio parfait with vanilla & balsamic strawberries .....May: 34
Quick peach tarts with pink peppercorn ice cream.....Nov: 62
Raspberries & cream ice cream ..... Summer Special: 52
Raspberry & turkish delight semifreddo ..... Summer Special: 56
Rhubarb & ginger trifle.....Aug: 105
Roasted banana & cinnamon ice cream .....Aug: 109
Rum & raisin tiramisu..... Sep: 68
Salted caramel semifreddo .....Nov: 40
Semifreddo al torrone (nougat semifreddo)..... Mar: 24
Slice of chocolate with caramelised peanut ice cream..... Feb: 72
Spiced burnt caramel ice cream ..... Summer Special: 52
Spiced tiramisu .....Jun: 107
Vanilla & dulce de leche ice cream terrine..... Sep: 66
Vanilla panna cotta with strawberries and balsamic.....Nov: 136
Vietnamese affogato .....Oct: 86
Warm chocolate pots with whisky ice cream.....Jun: 108
White chocolate panna cotta with poached plums..... Summer Special: 135
Zuppa Inglese..... Mar: 109

Chilled tomato & herb soup .....Nov: 112

chilli
Bloody Longrain cocktail..... Summer Special: 62
Bruschetta with mushrooms & feta... Sep: 75
Cauliflower risotto with chilli pangrattato..... Mar: 103
Chilli & herb lamb ribs..... Dec: 35
Chilli & lime king prawns with chipotle mayonnaise ..... Feb: 76
Chilli & tamarind prawns .....May: 92
Chilli bean soup.....Aug: 113
Chilli blue swimmer crab..... Feb: 92
Chilli con carne with popping kidney beans .....Apr: 103
Chilli pickle.....Aug: 104
Chilli soy salmon with wok-fried noodles.....Oct: 47
Chipotle chillon cocktail .....Nov: 98
Chocolate chilli tart with dulce de leche ice cream ..... Jul: 56
Crab & chilli spaghetti with herbed pangrattato ..... Mar: 94
Crispy chicken, chilli & basil stir-fry .....Nov: 103
Five-spice chicken with sweet chilli dressing..... Jul: 121

Flash-fried rice with fried egg and togarashi ..... Nov: 60
Jalapeno flatbreads ..... Aug: 101
Lime & chilli prawn tortillas ..... Oct: 52
Mexican bean salad with chipotle dressing ..... Apr: 112
Porchetta with chilli and lemon ..... Jun: 76
Pork gyoza with chilli vinegar sauce ... Jul: 32
Prawn & chicken lettuce cups with sweet chilli dressing ..... Dec: 66
Red capsicum, chilli & feta dip ..... Summer Special: 82
Singapore-style chilli prawn noodles ..... May: 76
Smoky beef chilli con carne ..... Jun: 70
Spatchcocks alla diavola ..... Mar: 64
Steamed mussels with lemongrass, garlic and chilli ..... Nov: 72
Steamed ocean trout with red bean & chilli salsa ..... Nov: 124
Sticky chilli chicken & brown rice bowl ..... Sep: 86
Chimichurri ..... Feb: 112
Chimichurri sauce ..... Summer Special: 82
Chinese beef & tofu ..... Oct: 112
Chinese white-cut chicken salad ..... Sep: 122
Chinese-style braised duck legs with crispy potatoes ..... May: 78
chipolatas *see sausage*
Chipotle chillon cocktail ..... Nov: 98
chips *see potatoes*
chocolate
Baci gelato with hazelnut & white chocolate slab ..... Summer Special: 54
Black forest cake ..... May: 63
Blackberry, almond & white chocolate cheesecake ..... Dec: 92
Cannoli cake ..... Jun: 107
Cheat's chocolate mousse ..... Apr: 35
Cherries & chocolate ..... Feb: 104
Choc-berry roulade ..... Dec: 86
Choc-chip banana blondies ..... Sep: 40
Chocolate & chestnut cake ..... Jun: 108
Chocolate & raspberry cheesecake pots .... Summer Special: 132
Chocolate & walnut tart ..... Mar: 124
Chocolate banoffee pies ..... May: 96
Chocolate chilli tart with dulce de leche ice cream ..... Jul: 56
Chocolate croquetas ..... Dec: 40
Chocolate French toast ..... Apr: 34
Chocolate pavlova with spiced pears and butterscotch sauce ..... Apr: 62
Chocolate truffle cake with chestnut cream and ganache ..... Jul: 81
Chocolate truffle squares ..... Dec: 54
Chocolate-chunk brownies ..... Apr: 34
Choc-raspberry profiterole cake ..... Sep: 66
Dark chocolate & halva tiramisu ..... Apr: 88
Dark chocolate pots ..... Jun: 61
Decadent chocolate & nougat layer cake ..... Dec: 134
Easy chocolate fondants ..... Sep: 66
Flourless chocolate cake with cherries ..... Oct: 127
Frosted cherry chocolate cheesecake ..... Summer Special: 135
Hazelnut & white chocolate slab ..... Summer Special: 54
Hot-chocolate cookies ..... Jul: 56
Indulgent chocolate cake with dulce de leche ..... Feb: 136
New York-style mocha hazelnut cheesecake ..... Jun: 72
Peanut butter & dark chocolate cookies ..... Sep: 40
Raspberry, chocolate & almond tea cake ..... May: 59
Raw chocolate cake ..... Sep: 113
Rich chocolate cake with strawberries and minted sugar ..... Oct: 78
Sachertorte ..... May: 136
Slice of chocolate with caramelised peanut ice cream ..... Feb: 72
Snickers brownies ..... Jun: 84
Strawberry, ricotta & white chocolate tart ..... Mar: 80
Warm chocolate pots with whisky ice cream ..... Jun: 108
White chocolate & Strega puddings ..... Mar: 64
White chocolate filo tart ..... Sep: 72
White chocolate panna cottas with poached plums ..... Summer Special: 135
White chocolate rocky road ..... Dec: 108
chorizo *see sausage*
Christmas Colchester pudding ..... Dec: 130
Christmas ham & potato rosti ..... Dec: 52
chutneys *see sauces, dips and condiments*
Cider & brandy cured salmon with dill cream ..... Apr: 109
Cider-Dijon pork with roasted sweet potatoes and apples ..... May: 69
Cinnamon drizzle cake with candied orange ..... Jul: 81
clams
Crab & clam chowder with chorizo .. Apr: 95
Fish & clam chowder ..... Jun: 70
Hapuka with fennel and clams ..... Oct: 32
Spaghetti cooked risotto-style with vongole and roasted cherry tomatoes ..... Mar: 63
Classic Aussie hamburger ..... Feb: 71
Classic Nicoise salad ..... Summer Special: 120
Classic scones ..... Feb: 71
coconut
Carrot & coconut slaw with rosewater dressing ..... Dec: 117
Coconut & vanilla tarts ..... Dec: 70
Coconut chiffon cake ..... May: 60
Coconut Eton mess ..... Dec: 160
Coconut French toast with caramelised pineapple ..... Summer Special: 28
Coconut macaroons with mango, yoghurt and mint & lime sugar ..... Dec: 120
Coconut rice and peas ..... Aug: 102
Coconut rice with mango sorbet .. Dec: 158
Fresh raspberry & mascarpone coconut ice ..... Dec: 112
Kuih dadar (pandan crepes with coconut and palm sugar) ..... Apr: 79
Lime & coconut panna cotta ..... Sep: 63
Mini banana & coconut eclairs with peanut butter icing ..... Aug: 108
Poriyal (quick-fried beans, peas and carrots with grated coconut) .. Jul: 70
Prawn, salmon & coconut curry ..... Jul: 38
Salmon & coconut ceviche ..... May: 31
Seafood salad with green mango, coconut and sambal ..... Feb: 96
Tiki miki cocktail ..... Nov: 97
Coffee & walnut cake ..... May: 59
coleslaw
Barbecued lamb cutlets with Mexican slaw ..... Apr: 24
Carrot & coconut slaw with rosewater dressing ..... Dec: 117
Chicken kiev with cabbage slaw ... Sep: 130
Chicken schnitzel and coleslaw ..... Feb: 71
Crumbed whiting burgers with cabbage slaw and coconut mayo ..... Dec: 68
Dill & mustard salmon with beetroot slaw ..... May: 75
Piri piri pork & fennel slaw pita wraps ..... Jun: 92
Porchetta & apple slaw sliders ..... Nov: 71
Sausage and fennel coleslaw wraps ..... Summer Special: 49
conchiglioni *see pasta*

condiments *see sauces, dips and condiments*
cookies *see biscuits, bars and slices*
coral trout *see fish*
corn *see also polenta*
Barramundi tacos with black quinoa ..... Feb: 76
Chorizo, pumpkin & corn salad ..... Jul: 54
Corn frittatas with salmon roe and creme fraiche.... Summer Special: 32
Corn fritters with avocado salsa..... Sep: 38
Corn fritters with bacon and pesto-roasted tomatoes..... Summer Special: 34
Skirt steak with corn salsa and roasted capsicum relish ..... Dec: 65
Spicy broad bean, corn & olive salad ..... Summer Special: 86
Wild rice salad with asparagus and baby corn ..... Feb: 121
Corned wagyu beef bagels with sour cabbage..... Feb: 31
couscous
Couscous, watermelon & feta salad with spiced lamb .....Oct: 47
Herbed couscous salad with almonds and tomatoes .....Nov: 114
Moroccan roasted vegetables with couscous .....Aug: 124
Roasted root vegetable stew with herby couscous.....Aug: 114
Seven vegetable balboula .....Jun: 135
Spiced eggplant with couscous and yoghurt.....Oct: 52
crab
Black pepper crab salad.....Apr: 76
Chilli blue swimmer crab..... Feb: 92
Crab & chilli spaghetti with herbed pangrattato..... Mar: 94
Crab & clam chowder with chorizo..Apr: 95
Crab & green mango salad with cashew nahm jim .....Apr: 75
Crab cakes with dill mayonnaise..... Feb: 41
Grapefruit, crab & beetroot salad..Jun: 114
Jerusalem artichoke soup with crab & preserved lemon.....Aug: 96
Spiced gazpacho with crab..... Dec: 65
cranberries *see berries*
Creamy mushroom, brie & pancetta croissants ..... Sep: 38
Creamy pumpkin soup.....Apr: 52
Creamy spinach fusilli with gremolata breadcrumbs..... Mar: 30
Creme caramel .....Jun: 88
crepes, pancakes and waffles
Breakfast crepes with orange & passionfruit compote.....Apr: 62
Buckwheat pikelets with smoked salmon & dill..... Summer Special: 30
Hotcakes with vanilla, mixed berries and maple syrup..... Summer Special: 32
Kuih dadar (pandan crepes with coconut and palm sugar) .....Apr: 79
Ricotta pancakes with strawberries..... Feb: 139
Silverbeet & feta gozleme..... Sep: 94
Crisp battered sage leaves..... Mar: 60
Crisp-skinned snapper with eggplant & tomato relish .....May: 86
Crispy chicken, chilli & basil stir-fry ...Nov: 103
Crispy Japanese fish with pickled salad.....Apr: 114
Crispy satay chicken .....Oct: 52
Crispy white anchovy fillets with tomato & vincotto salsa..... Mar: 52
Croissant & marmalade pudding.....Aug: 36
Croque monsieur.....Jun: 57
crostini *see sandwiches, rolls, wraps and toast*
Crudités with cream cheese & herb dip..... Summer Special: 102
Crumbed wasabi chicken with crunchy Japanese salad .....Jun: 91
Crumbed whiting burgers with cabbage slaw and coconut mayo ..... Dec: 68
Crunchy mac and cheese with bacon..Jun: 68
cucumber
Cucumber & mint salad ..... Feb: 126
Hot-smoked honey salmon with apple & pickled cucumber salad..... Feb: 135
Prawn cakes with cucumber relish..... Summer Special: 66
Sumac-crusted tuna with mint & cucumber salad .....Oct: 54
Cured kingfish salad ..... Mar: 72
Currant cakes ..... Feb: 56
curries
Beef massaman curry .....Jun: 76
Bobotie (South African curried mince pie) .....Aug: 58
British raj beef curry..... Jul: 69
Bunny chow (chicken curry rolls) .....Aug: 60
Goat shoulder curry..... Sep: 130
Gung pat pong garee (prawns stir-fried with curry powder).....Apr: 76
Lamb meatball curry with pomegranate raita.....May: 79
Lamb rogan josh..... Jul: 39
Light green snapper curry..... Dec: 156
North Indian lamb curry ..... Jul: 102
Prawn, salmon & coconut curry ..... Jul: 38
Roast duck laksa ..... Sep: 62
Sausage rolls with curried tomato sauce ..... Feb: 63
Spicy prawn curry with quick pilaf rice.....Aug: 112
Stir-fried prawns with curry leaf..... Feb: 108
Thai chicken curry..... Jul: 38
Thai green seafood curry ..... Summer Special: 97
Veal shin, bean & eggplant curry.... Feb: 24
cuttlefish *see seafood*

D

Dark & stormy cocktail .....Aug: 102
Dark chocolate & halva tiramisu .....Apr: 88
Dark chocolate pots .....Jun: 61
Date & ginger cake with caramel glaze.....Jun: 84
dates *see dried fruit*
Decadent chocolate & nougat layer cake..... Dec: 134
Deep-dish gruyere, spinach & bacon quiche with walnut pastry ..... Summer Special: 106
desserts and puddings *see also chilled desserts; pies and pastries; tarts, flans and pizzas*
Apple & raspberry sponge pudding .....Aug: 36
Apple brioche pudding.....Jun: 65
Blackberry crumble with ginger custard..... Mar: 113
Canned peaches with Anzac crumble ..... Feb: 56
Chilled rice pudding with brulee topping..... Sep: 66
Croissant & marmalade pudding....Aug: 36
Easy chocolate fondants ..... Sep: 66
Individual pineapple puddings.....Aug: 37
Lemon pudding with blueberry compote..... Jul: 84
Passionfruit puddings with tropical fruit and crispy vermicelli..... Dec: 69
Spiced pear, blueberry & almond shortcake .....Apr: 70
Spiced sticky toffee pudding and chai custard .....May: 105
Sticky cranberry & butterscotch puddings ..... Dec: 82

Sticky date pudding ..... Aug: 37
Summer fruit salad
with champagne sabayon ..... Dec: 150
Tapioca pudding
with summer berries ..... Feb: 104
The perfect summer
pudding ..... Summer Special: 136
White chocolate
& Strega puddings ..... Mar: 64
Dill & mustard salmon
with beetroot slaw ..... May: 75
dips *see sauces, dips and condiments*
Dolly's berry trifle ..... Mar: 111
dressings *see sauces, dips and condiments*
dried fruit
Cassata gelato ..... Summer Special: 56
Currant cakes ..... Feb: 56
Date & ginger cake
with caramel glaze ..... Jun: 84
Fruit mince doughnuts ..... Dec: 104
Irish cream mince pies ..... Dec: 110
Mini gugelhupf cakes
with cinnamon sugar ..... Jun: 57
Moroccan cauliflower & currant salad
with yoghurt dressing ..... Jul: 30
Panforte ..... Dec: 108
Prune & ginger baked apples
with caramel sauce ..... Jul: 130
Rum & raisin tiramisu ..... Sep: 68
Sticky date pudding ..... Aug: 37
Sweet onion & raisin chutney ..... Jul: 97
drinks
Banana smoothies ..... Aug: 108
Berry-infused gin ..... Mar: 114
Bloody Longrain
cocktail ..... Summer Special: 62
Bloody Mary ..... Summer Special: 28
Brunette cocktail ..... Nov: 96
Chilcano cocktail ..... Nov: 92
Chipotle chillon cocktail ..... Nov: 98
Cranberry vodka ..... Dec: 104
Dark & stormy cocktail ..... Aug: 102
Fruity summer cooler ..... Feb: 79
Gingerbread milkshakes ..... Apr: 45
Gingerinha cocktail ..... Nov: 96
Hot spiced cider ..... Jun: 58
Irish cream ..... Dec: 104
Jam jar cocktails ..... Dec: 134
Kion cocktail ..... Nov: 95
Limoncello ..... Dec: 104
Mango & ginger lassi .. Summer Special: 28
Margarita ..... Summer Special: 82
New blossom cocktail ..... Nov: 93
Orange & lime margaritas ..... Jul: 50
Peach Bellini ..... Dec: 144
Pear, carrot & wheatgerm
smoothie ..... Sep: 112
Pear, lychee & lemongrass
martini ..... Summer Special: 68
Rhubarb spritz ..... Oct: 74
Sally come back cocktail ..... Nov: 95
Thousand nights cocktail ..... Dec: 156
Virgin pomegranate mojito ..... Apr: 84
Watermelon & strawberry
crush ..... Summer Special: 106
White nectarine sorbet & Champagne
spiders ..... Summer Special: 58
Drunken chicken with
salted duck egg salad ..... Apr: 75
duck *see poultry and game*
Dulce de leche & banana
ice cream ..... Summer Special: 86
Dulce de leche ice cream ..... Jul: 56

E

Easy chocolate fondants ..... Sep: 66
Easy prawn & dill ravioli ..... Aug: 68
Edamame salad ..... Summer Special: 116
eggplant
Baked eggplant with barley,
feta & dill salad ..... Jul: 121
Bean thread noodles
with tofu and eggplant ..... May: 122
Chargrilled Thai eggplant skewers
with herb salad ..... Sep: 94
Crisp-skinned snapper
with eggplant & tomato relish .... May: 86
Eggplant salad ..... Summer Special: 46
Fish kofta with eggplant salad ..... Apr: 88
Middle Eastern chickpea & eggplant
salad ..... Summer Special: 123
Pan-fried eggplant with feta
& pine nuts ..... Summer Special: 97
Prawns with eggplant
salad ..... Summer Special: 46
Spiced eggplant
with couscous and yoghurt ..... Oct: 52
Veal shin, bean & eggplant curry .... Feb: 24
eggs *see also meringues, mousses, souffles and pavlovas*
Asparagus, egg
& grilled feta salad ..... Nov: 104
Aussie ploughman's lunch ..... Feb: 60
Aussie-Asian deep-fried eggs
with speck, prawns and chilli ..... Dec: 36
Baked egg cups with prosciutto,
gruyere and truffle oil ..... Apr: 59
Cavolo nero & parmesan salad
with poached egg ..... May: 86
Chocolate French toast ..... Apr: 34
Classic Nicoise salad . Summer Special: 120
Coconut chiffon cake ..... May: 60
Coconut French toast with caramelised
pineapple ..... Summer Special: 28
Corn fritters with avocado salsa ..... Sep: 38
Corn fritters with bacon and pesto-roasted
tomatoes ..... Summer Special: 34
Drunken chicken
with salted duck egg salad ..... Apr: 75
Egg & quinoa salad in a jar ..... Oct: 93
Eggs Florentine
pizzas ..... Summer Special: 32
Epic egg salad ..... Sep: 104
Flash-fried rice with
fried egg and togarashi ..... Nov: 60
Giant veg rosti, poached eggs,
spinach & peas ..... Oct: 108
Grilled asparagus & poached egg
on toast ..... Sep: 109
Inside-out Scotch eggs ..... Apr: 44
Kylie Kwong's wacky
wok-fried eggs ..... Sep: 103
Masala omelette roti wrap ..... Feb: 107
Mexican eggs with potato hash ..... Apr: 59
Pumpkin & walnut roulade ..... Feb: 56
Salted duck egg salad ..... Apr: 76
Scrambled eggs with sausages
and zucchini relish ..... Nov: 138
Smoked salmon & potato cakes
with poached egg ... Summer Special: 37
Smoked trout fried rice
with fried egg relish ..... Feb: 34
Tempura King George whiting
with sauce gribiche ..... Nov: 72
Zucchini, ricotta & dill fritters with hot-
smoked salmon ..... Summer Special: 94
Zucchini fritters with prosciutto
& bocconcini salad ..... Nov: 105

F

Fagioli grassi con prete
(fat beans with puree) ..... Jul: 114
Farfalle with baby capsicum, asparagus
& spinach ..... Summer Special: 20
Farmers' market lunch
with smoked salmon parcels ..... Sep: 122
farro *see cereals and grains*
Felafel with green tahini ..... Apr: 86

fennel
Balsamic pork cutlets with fennel & grapefruit salad ..... Oct: 49
Fish cooked in a bag with pastis, fennel and mandarin ..... Apr: 109
Fish cooked in a jar with fennel & orange salad ..... Mar: 87
Hapuka with fennel and clams ..... Oct: 32
Lemon-crumbed fish with fennel, parsley & caper salad ..... Apr: 92
Piri piri pork & fennel slaw pita wraps ..... Jun: 92
Poached chicken & fennel salad ..... Mar: 26
Pork & fennel meatball soup with pasta ..... Mar: 92
Sausage and fennel coleslaw wraps ..... Summer Special: 49
Trout salad with asparagus & fennel ..... Sep: 109
Watercress, fennel & sunflower seed salad ..... Summer Special: 105
feta cheese
Asparagus, egg & grilled feta salad ..... Nov: 104
Beetroot, pear & feta salad ..... Apr: 46
Bruschetta with mixed mushrooms and chilli feta ..... Sep: 75
Capsicum, kale & feta frittata ..... Nov: 124
Chargrilled feta & vegetables with tabbouleh ..... Nov: 88
Couscous, watermelon & feta salad with spiced lamb ..... Oct: 47
Feta, watermelon & green bean salad ..... Summer Special: 128
Mixed bean, tomato & feta salad ..... Summer Special: 105
Pan-fried eggplant with feta & pine nuts ..... Summer Special: 97
Red capsicum, chilli & feta dip ..... Summer Special: 82
Roasted pumpkin, witlof & feta brown rice salad ..... Sep: 130
Silverbeet & feta gozleme ..... Sep: 94
Spinach, lentil & feta bruschetta ... Aug: 124
Zaatar-rubbed King George whiting with peas and feta ..... Dec: 38
fettuccine *see pasta*
figs
Fig, prosciutto & almond pappardelle ..... Feb: 85
Fig & almond crostata ..... Mar: 126
Fig & blue cheese tart ..... Jul: 128
Fig & raspberry oat slice ..... Apr: 70
Fig focaccia ..... Mar: 60
Honey-roasted figs with limoncello creme fraiche ..... Mar: 96
Roasted quails in vine leaves with figs and crispy potatoes ..... Apr: 48
Fillet steak with cafe de Paris butter and parsnip mash ..... Apr: 96
fior di latte *see cheese*
fish *see also anchovies; kingfish; salmon; snapper; trout; tuna*
Baked fish with salsa verde and rosemary potatoes ..... Oct: 40
Barramundi tacos with black quinoa ..... Feb: 76
Beer-battered fish ..... Feb: 95
Cape Malay pickled fish ..... Aug: 60
Classic Nicoise salad . Summer Special: 120
Crispy Japanese fish with pickled salad ..... Apr: 114
Crumbed whiting burgers with cabbage slaw and coconut mayo ..... Dec: 68
Fish & clam chowder ..... Jun: 70
Fish cooked in a bag with pastis, fennel and mandarin ..... Apr: 109
Fish cooked in a jar with fennel & orange salad ..... Mar: 87
Fish kofta with eggplant salad ..... Apr: 88
Fish sauce roast chicken ..... Oct: 82
Grilled fish tacos with pico de gallo ..... May: 66
Grilled masala fish with coriander salad, chutney and yoghurt ..... Aug: 112
Hapuka with fennel and clams ..... Oct: 32
Indian fish & chips ..... May: 103
Jerk fish ..... Aug: 102
Lemon-crumbed fish with fennel, parsley & caper salad ..... Apr: 92
Mixed fish grill & deconstructed paella ..... Nov: 88
Moqueca (Brazilian fish stew) ..... Apr: 135
Pan-roasted barramundi fillets with borlotti bean & tomato ragu ..... Nov: 38
Parmesan & herb fish fingers with artichoke & caperberry salsa ... Summer Special: 75
Pasta con le sarde (pasta with sardines) ..... Dec: 162
Smoked eel croquettes ..... Sep: 132
Smoked fish cakes with nasturtium crumbs ..... Oct: 74
Smoked mackerel pâté with soda bread ..... Oct: 74
Smoky fish & prawn pie ..... Aug: 86
Soused herring ..... May: 131
Stargazy Yorkshire pudding ..... May: 102
Tempura King George whiting with sauce gribiche ..... Nov: 72
Teriyaki fish parcels ..... Nov: 102
Thai fish cakes ..... Feb: 92
Whitebait with coriander aioli ..... Dec: 62
Zaatar-rubbed King George whiting with peas and feta ..... Dec: 38
Five-spice chicken with sweet chilli dressing ..... Jul: 121
Five-spice pork rice paper roll ..... Nov: 124
Five-spice prawn noodles ..... Sep: 77
flans *see tarts, flans and pizzas*
Flash-fried rice with fried egg and togarashi ..... Nov: 60
Florentine potatoes & parsnips ..... Dec: 130
Flourless chocolate cake with cherries ..... Oct: 127
Flourless orange cake ..... Apr: 48
fontina *see cheese*
Forager's plate ..... Apr: 46
fregola *see pasta*
French baked lamb with crispy potato topping ..... Sep: 80
French onion soup ..... Jun: 63
French-style chicken ..... Nov: 88
French-trimmed rack of lamb ..... Jul: 107
Fresh & smoked salmon tartare with dill and capers ..... Sep: 60
Fresh cheese with herbs ..... May: 131
Fresh raspberry & mascarpone coconut ice ..... Dec: 112
friands *see cakes and muffins*
Fried and marinated zucchini ..... Mar: 64
Fried polenta panzanella ..... Feb: 83
Fried smashed potatoes with garlic and lemon ..... Oct: 78
frittatas *see meringues, mousses, souffles and pavlovas*
Frosted cherry chocolate cheesecake ..... Summer Special: 135
fruit *see also dried fruit; names of fruits*
Fruity summer cooler ..... Feb: 79
Limoncello & fruit salad fro-yo ..... Feb: 102
Maple walnut granola with tropical fruit ..... Summer Special: 37
Mascarpone and caramelised stonefruit layered sponge cake ..... Dec: 70
Passionfruit puddings with tropical fruit and crispy vermicelli ..... Dec: 69
Rose-scented fruit salad with filo straws ..... Summer Special: 135

Summer fruit salad
with champagne sabayon ..... Dec: 150
Tropical fruit
meringues ..... Summer Special: 132

G

Gado gado with satay sauce ..... Sep: 94
game *see poultry and game*
garlic
Fried smashed potatoes
with garlic and lemon ..... Oct: 78
Rosemary & garlic tomato passata . Mar: 56
Slow-roast leg of lamb
with tomato & garlic crust ..... Mar: 54
Steamed mussels with lemongrass,
garlic and chilli ..... Nov: 72
Tongola 'Curdy' goat's curd salad with
black garlic dressing ..... Nov: 25
Venison carpaccio
with baby beetroot and aioli ..... Dec: 148
Whitebait with coriander aioli ..... Dec: 62
Giant pavlova with salted caramel ..... Nov: 62
Giant veg rosti, poached eggs,
spinach & peas ..... Oct: 108
ginger
Apple & ginger crumble pie ..... Apr: 66
Barbecued prawns with ginger & mango
mayonnaise ..... Summer Special: 76
Blackberry crumble
with ginger custard ..... Mar: 113
Carrot & ginger soup
with French-style lentils ..... Aug: 92
Date & ginger cake
with caramel glaze ..... Jun: 84
Ginger & mango
mayonnaise ..... Summer Special: 76
Gingerbread brownies ..... Dec: 112
Gingerbread milkshakes ..... Apr: 45
Gingerinha cocktail ..... Nov: 96
Jamaica ginger cake ..... Aug: 105
Mango & ginger lassi .. Summer Special: 28
Mini pavlovas with passionfruit curd
and ginger cream ..... Feb: 64
Miso roast beef fillet with ginger
& spring onion dressing ..... Jun: 80
Pan-fried ginger tofu with edamame
salad ..... Summer Special: 116
Rhubarb & ginger trifle ..... Aug: 105
Roasted pumpkin & ginger soup .... Mar: 44
Scallops with sweet pork
& ginger ..... Summer Special: 68
Turmeric & ginger
chicken drumsticks ..... Dec: 117
Upside-down rhubarb,
ginger & almond cake ..... Jul: 78
gnocchi
Gnocchi with spinach, mushrooms
and gorgonzola ..... May: 74
Gnocchi with truffled mushrooms .... Jun: 58
Pan-fried gnocchi with olives,
zucchini flowers and artichokes .. Mar: 34
Goat shoulder curry ..... Sep: 130
goat's cheese and curd
Baby vegetable & goat's cheese salad
with hazelnut dressing ..... Nov: 72
Crostini with beetroot confit, goat's cheese
and pine nuts ..... Jul: 128
Roasted pumpkin & apple soup
with goat's cheese and bacon .... Aug: 96
Tempura zucchini flowers stuffed with
goat's cheese ..... Feb: 132
Tongola 'Curdy' goat's curd salad
with black garlic dressing ..... Nov: 25
Watermelon & goat's
cheese salad ..... Feb: 79
Winter fusilli with beetroot, goat's
cheese and pecans ..... Aug: 84
Goodness breakfast
with maple pears ..... May: 114
gorgonzola *see cheese*
Grab & go muesli bars ..... Oct: 93
grains *see cereals*
grapefruit and pomelo
Balsamic pork cutlets with fennel
& grapefruit salad ..... Oct: 49
Caramel pork with pink grapefruit &
macadamia salad ... Summer Special: 123
Grapefruit, crab & beetroot salad .. Jun: 114
Island spiced duck
with pomelo salad ..... Dec: 156
Pink grapefruit & macadamia
salad ..... Summer Special: 123
Sticky pork ribs
with cabbage & grapefruit slaw ... Jun: 80
Green beans with pomegranate ..... Dec: 76
Green chicken with mango salsa ..... Dec: 69
Green panzanella with haloumi ..... Oct: 76
Green tahini ..... Apr: 88
greens *see salads; vegetables*
Grilled asparagus & poached egg
on toast ..... Sep: 109
Grilled chicken salad with parmesan
dressing ..... Summer Special: 20
Grilled fish tacos
with pico de gallo ..... May: 66
Grilled lemon & herb olives ..... Mar: 60
Grilled masala fish with coriander salad,
chutney and yoghurt ..... Aug: 112
Grilled octopus salad ..... Jul: 64
Grilled peaches with brandy ..... Feb: 102
Grilled radicchio with pancetta ..... Mar: 102
Grilled scallops with anchovy,
mint & coriander ..... Apr: 106
Grilled tuna with marinated
tomato salad ..... Summer Special: 24
Gulab jamun
(Indian doughnuts in sweet syrup) .... Jul: 29
Gung pat pong garee (prawns stir-fried with
curry powder) ..... Apr: 76

H

haloumi cheese
Green panzanella with haloumi ..... Oct: 76
Lamb, zucchini & haloumi burgers
with sesame salt ..... Summer Special: 46
Lentil tabbouleh with haloumi ..... Apr: 122
Warm roasted vegetable, chickpea
& haloumi salad ..... Jun: 95
ham and bacon
Aussie ploughman's lunch ..... Feb: 60
Aussie-Asian deep-fried eggs
with speck, prawns and chilli ..... Dec: 36
Beersotto ..... Sep: 79
BLT chicken salad ..... Summer Special: 127
Butternut pumpkin & prosciutto
fettuccine with sage butter ..... Jul: 93
Christmas ham & potato rosti ..... Dec: 52
Corn fritters with bacon and pesto-roasted
tomatoes ..... Summer Special: 34
Creamy mushroom, brie
& pancetta croissants ..... Sep: 38
Croque monsieur ..... Jun: 57
Crunchy mac and cheese
with bacon ..... Jun: 68
Deep-dish gruyere, spinach & bacon
quiche with walnut
pastry ..... Summer Special: 106
Fig, prosciutto
& almond pappardelle ..... Feb: 85
Grilled radicchio
with crispy pancetta ..... Mar: 102
Grilled spring onions with jamon,
broad beans and artichokes ..... Nov: 47
Ham & zucchini muffins with cheesy
mustard butter ..... Summer Special: 28
Ham hock Caesar
salad ..... Summer Special: 109
Individual prosciutto
& pecorino frittatas ..... Mar: 92

Maple-glazed ham ..... Dec: 80
Pear, prosciutto & radicchio salad...Aug: 68
Potato & pancetta ravioli
with sage burnt butter..... Mar: 145
Prawns with bacon
& herb mayonnaise ..... Feb: 40
Roasted pumpkin & apple soup
with goat's cheese and bacon ....Aug: 96
Zucchini fritters with prosciutto
& bocconcini salad .....Nov: 105
hapuka *see fish*
harissa
Barbecued lamb shoulder with thyme
and harissa dressing ..... Feb: 126
Harissa & capsicum chicken
with chickpea couscous.....May: 96
Harissa baked beans .....Oct: 93
Harissa hummus pots ..... Sep: 58
Harissa lamb
with spiced chickpea salad .....Apr: 122
Yoghurt & harissa chicken
with rice salad.....Jun: 38
hazelnuts
Apple, pear & hazelnut
deep-dish pie ..... Jul: 84
Baby vegetable & goat's cheese salad
with hazelnut dressing.....Nov: 72
Baci gelato with hazelnut & white
chocolate slab ..... Summer Special: 54
Hazelnut & white chocolate
slab..... Summer Special: 54
Hazelnut torta ..... Mar: 124
New York-style
mocha hazelnut cheesecake.....Jun: 72
Shaved Brussels sprout, cranberry
& hazelnut salad .....Jun: 58
Heirloom tomato salad
with fior di latte..... Dec: 96
Herbed couscous salad
with almonds and tomatoes .....Nov: 114
herring *see fish*
Hit 'n' run traybaked chicken .....Oct: 106
Hoisin pork with Chinese greens .....Aug: 87
Homebaked seed-crusted
bread..... Feb: 135
Homemade mustard ..... Dec: 129
honey
Brunette cocktail.....Nov: 96
Honey & raspberry panna cotta
with pistachio wafers..... Mar: 48
Honey cheesecake panzerotti.....May: 86
Honey labne ..... Summer Special: 38
Honeycomb crunch .....Apr: 52
Honey-roasted figs
with limoncello creme fraiche ..... Mar: 96
Hot-smoked honey salmon with apple
& pickled cucumber salad..... Feb: 135
Lemon & honey chicken
salad..... Summer Special: 90
Raspberry & banana bread
with honey labne ..... Summer Special: 38
Sesame salmon
with honey bok choy ..... Sep: 76
Hot spiced cider .....Jun: 58
Hotcakes with vanilla, mixed berries
and maple syrup..... Summer Special: 32
Hot-chocolate cookies ..... Jul: 56
Hot-smoked honey salmon with apple
& pickled cucumber salad..... Feb: 135
Hot-smoked trout & herb salad .....Oct: 93
hummus *see chickpeas*

I

ice cream *see chilled desserts*
Iceberg lettuce salad ..... Feb: 52
Ile flottante with rockin' rhubarb ..... Sep: 104
Indian fish & chips .....May: 103
Indian-style ploughman's.....May: 104
Individual pineapple puddings .....Aug: 37
Individual prosciutto
& pecorino frittatas..... Mar: 92
Indonesian satay sauce..... Feb: 114
Indulgent chocolate cake
with dulce de leche ..... Feb: 136
Inside-out Scotch eggs.....Apr: 44
Irish cream..... Dec: 104
Irish cream mince pies..... Dec: 110
Island spiced duck
with pomelo salad ..... Dec: 156
Italian sausage and chips
with torn tomato sauce .....Aug: 71
Italian vegetable pie..... Mar: 107

J

Jackaroo pie..... Feb: 68
Jalapeno flatbreads.....Aug: 101
Jam crostata..... Mar: 72
Jam jar cocktails..... Dec: 134
Jamaica ginger cake.....Aug: 105
jams and spreads
Mandarin curd .....Jun: 113
Red capsicum marmalade.....Apr: 106
Spiced berry jam ..... Dec: 92
Tomato baharat jam .....Apr: 86
Tomato cinnamon jam..... Sep: 58
Tuna & olive spread..... Feb: 124
Japanese mixed salad with ponzu
dressing..... Summer Special: 112
Jerk chicken with red
onion flatbread .....Apr: 97
Jerk fish .....Aug: 102
Jerk salmon with Chinese broccoli
and pineapple salsa..... Sep: 34
Jerusalem artichokes
Beef shin & Jerusalem
artichoke tagine.....Jun: 135
Jerusalem artichoke soup
with crab & preserved lemon.....Aug: 96

K

kale (cavolo nero)
Capsicum, kale & feta frittata.....Nov: 124
Cavolo nero & parmesan salad
with poached egg .....May: 86
Farro, borlotti bean
& cavolo nero soup ..... Mar: 144
Pumpkin, kale & ricotta filo pies ...Aug: 124
Keralan seafood biryani..... Jul: 73
kidney beans *see beans*
Kimchi fried rice .....May: 66
kingfish
Barbecued hiramasa kingfish
with green rice..... Dec: 19
Cured kingfish salad..... Mar: 72
Kingfish sashimi
with umeboshi dressing ..... Dec: 96
Kingfish with provencal anchovy
sauce..... Summer Special: 79
Kion cocktail.....Nov: 95
Koeksisters (plaited doughnuts
soaked in spiced syrup).....Aug: 64
Korean beef
& pickled vegetable salad..... Feb: 121
Korean beef
lettuce cups ..... Summer Special: 45
Korean-style BBQ sauce..... Feb: 114
Kuih dadar (pandan crepes with coconut
and palm sugar).....Apr: 79
kumara *see also sweet potatoes*
Kumara brown rice risotto.....May: 122
Mexican roast beef with hot sauce
and spicy kumara wedges..... Jul: 52
Tomato, avocado
& kumara salad..... Summer Special: 86
Kyabetsu to yuzu-ae (cabbage salad
with yuzu dressing) .....Aug: 136

L

labne *see yoghurt*

Laksa mussels.....Jun: 93

lamb

Barbecued lamb cutlets with green & white bean salad ... Mar: 80
Barbecued lamb cutlets with Mexican slaw .....Apr: 24
Barbecued lamb shoulder with thyme and harissa dressing ..... Feb: 126
Beer-braised lamb shanks with cauliflower smash .....Jun: 97
Beer-braised lamb shanks with mieliepap.....Aug: 60
Brazilian lamb feijoada .....Jul: 104
Chargrilled lamb cutlets with olive gremolata..... Feb: 63
Chilli & herb lamb ribs..... Dec: 35
Couscous, watermelon & feta salad with spiced lamb .....Oct: 47
French baked lamb with crispy potato topping..... Sep: 80
French-trimmed rack of lamb.....Jul: 107
Harissa lamb with spiced chickpea salad .....Apr: 122
Jackaroo pie ..... Feb: 68
Lamb, zucchini & haloumi burgers with sesame salt ..... Summer Special: 46
Lamb & chickpea pilaf.....Jun: 39
Lamb & spinach wellingtons ..... Jul: 92
Lamb backstraps with Moroccan salad..... Summer Special: 42
Lamb biryani rolls ..... Feb: 87
Lamb cutlets with peperonata ..... Mar: 74
Lamb meatball curry with pomegranate raita.....May: 79
Lamb racks with mint sauce ..... Feb: 52
Lamb rogan josh..... Jul: 39
Lamb with artichokes and peaches .....Oct: 124
Leg of lamb with amazing gravy..... Jul: 101
Marinated lamb cutlets with herb dipping sauce .....Nov: 116
Mini lamb roasts with Italian-style mint sauce ..... Mar: 84
Moroccan lamb pot pies.....May: 38
North Indian lamb curry .....Jul: 102
Olive-crusted rack of lamb with peperonata salad..... Summer Special: 93
Persian-style shoulder of lamb traybake .....Jul: 102
Poached lamb with spring vegetables..... Sep: 60
Roast lamb shoulder with zaatar, cannellini beans and labne .....Jun: 80
Shepherd's pie biryani .....May: 104
Slow-roast leg of lamb with tomato & garlic crust..... Mar: 54
Spiced lamb & hummus plate with tabbouleh .....Aug: 83
Spiced Moroccan meatball soup..... Jul: 90
Spring vegetables with pepper-crusted lamb..... Sep: 122
Sunday roast lamb.....Oct: 104

lasagne *see pasta*

leeks

Braised pork with leek & robiola mash..... Mar: 148
Chicken, leek & tarragon picnic pies..... Summer Special: 102
Chicken & leek pie .....May: 39
Potato, leek & chicken soup .....Aug: 96

lemon

Barbecued salmon with olives, rocket and chargrilled lemons... Summer Special: 76
Chilcano cocktail.....Nov: 92
Chipotle chillon cocktail .....Nov: 98
Fried smashed potatoes with garlic and lemon.....Oct: 78
Grilled lemon & herb olives ..... Mar: 60
Jerusalem artichoke soup with crab & preserved lemon.....Aug: 96
Kion cocktail .....Nov: 95
Lemon & honey chicken salad..... Summer Special: 90
Lemon chicken caesar salad .....Apr: 59
Lemon delicious ice cream ..... Summer Special: 54
Lemon drizzle friands..... Feb: 80
Lemon mascarpone tart .....Jun: 34
Lemon pudding with blueberry compote..... Jul: 84
Lemony zucchini flowers ..... Mar: 74
New blossom cocktail .....Nov: 93
Porchetta with chilli and lemon.....Jun: 76
Sally come back cocktail .....Nov: 95
Spaghetti arrabbiata with lemon & thyme pangrattato.....Apr: 93
Squid with zucchini, almonds and lemon ..... Mar: 121
Tomato & lemon salad ..... Feb: 126

lentils

Braised beef short rib with moghrabieh and green lentils.....Jun: 32
Carrot & ginger soup with lentils....Aug: 92
Cauliflower dahl with saffron rice....Aug: 76
Chicken & lentil salad with caper dressing .....Apr: 111
Indian fish & chips .....May: 103
Lentil tabbouleh with haloumi .....Apr: 122
Pork sausages with cider lentils ..... Jul: 88
Red lentil dahl with sweet potato ..Jun: 122
Spaghetti with lentil bolognese.....Oct: 40
Spinach, lentil & feta bruschetta...Aug: 124

lettuce

Chicken fajita lettuce wraps .....May: 73
Iceberg lettuce salad..... Feb: 52
Indian-style ploughman's .....May: 104
Korean beef lettuce cups ..... Summer Special: 45
Prawn & chicken lettuce cups with sweet chilli dressing..... Dec: 66
Salad wedges with buttermilk dressing..... Dec: 138

Light green snapper curry ..... Dec: 156

lime

Chilcano cocktail.....Nov: 92
Chilli & lime king prawns with chipotle mayonnaise ..... Feb: 76
Gingerinha cocktail.....Nov: 96
Lime & chilli prawn tortillas .....Oct: 52
Lime & coconut panna cotta..... Sep: 63
Lime & turmeric tofu with fresh sambal..... Sep: 96
Orange & lime margaritas..... Jul: 50
Thousand nights cocktail..... Dec: 156
Watermelon with lime vodka dressing..... Feb: 104

Limoncello..... Dec: 104
Limoncello & fruit salad fro-yo ..... Feb: 102

linguine *see pasta*

Little strawberry galettes with Chantilly cream ..... Sep: 61
LSA chicken with beetroot and silverbeet .....Apr: 122

M

macadamias

Caramel & rum ripple ice cream with almond & macadamia brittle .....Jun: 88
Caramel pork with pink grapefruit & macadamia salad... Summer Special: 123
Macadamia & mustard pork cutlets with celeriac mash .....May: 94
Pink grapefruit & macadamia salad..... Summer Special: 123

macaroni *see pasta*

mandarins *see oranges and mandarins*

mango

Barbecued coronation chicken with mango rice salad..... Summer Special: 45

Barbecued prawns with ginger & mango mayonnaise..... Summer Special: 76
Coconut macaroons with mango, yoghurt and mint & lime sugar..... Dec: 120
Coconut rice with mango sorbet.. Dec: 158
Crab & green mango salad with cashew nahm jim.....Apr: 75
Ginger & mango mayonnaise..... Summer Special: 76
Green chicken with mango salsa .... Dec: 69
Mango & ginger lassi .. Summer Special: 28
Mango rice salad..... Summer Special: 45
Prawn, cuttlefish & green mango salad.....Nov: 37
Prawn & green mango salad..... Dec: 62
Prawn & green mango salad on rice cakes..... Summer Special: 64
Seafood salad with green mango, coconut and sambal..... Feb: 96
Smoky pork ribs with mango salsa.....Nov: 108
Maple pot au creme with coffee caramel and caramelised brioche.....Oct: 31
Maple walnut granola with tropical fruit..... Summer Special: 37
Maple-glazed ham..... Dec: 80
Margarita..... Summer Special: 82
Marinated lamb cutlets with herb dipping sauce.....Nov: 116
Masala omelette roti wrap ..... Feb: 107
mascarpone cheese
Lemon mascarpone tart.....Jun: 34
Mascarpone and caramelised stonefruit layered sponge cake..... Dec: 70
Pea & mascarpone ravioli with sage burnt butter..... Sep: 134
Roasted tomato, mascarpone & rocket linguine ..... Mar: 31
Spinach & mascarpone tart.....Aug: 71
Massaman roast chicken .....Nov: 62
mayonnaise *see sauces, dips and condiments*
meringues, macarons, souffles and pavlovas
Apricot semifreddo with amaretti macarons..... Mar: 46
Arrabbiata souffle frittata ..... Sep: 78
Blackberry meringue pie.....Apr: 66
Chocolate pavlova with spiced pears and butterscotch sauce.....Apr: 62
Christmas Colchester pudding ..... Dec: 130
Coconut macaroons with mango, yoghurt and mint & lime sugar..... Dec: 120
Corn frittatas with salmon roe and creme fraiche.... Summer Special: 32
Giant pavlova with salted caramel.. Nov: 62
Ice cream meringue cake..... Dec: 82
Ile flottante with rockin' rhubarb... Sep: 104
Individual prosciutto & pecorino frittatas..... Mar: 92
Mini pavlovas with passionfruit curd and ginger cream ..... Feb: 64
Pavlova with spiced cherry compote ..... Summer Special: 24
Pistachio pavlovas with cherry compote and vanilla cream.....Oct: 96
Potato & fontina frittata..... Summer Special: 94
Slow-baked frittata with antipasto .. Mar: 88
Spring onion frittata with smoked ocean trout .....Apr: 122
Stilton & broccolini frittata..... Sep: 103
Strawberry mousse cake .....May: 56
Tropical fruit meringues..... Summer Special: 132
Twice-baked polenta souffles with Taleggio sauce..... Mar: 46
Mexican bean & vegetable stew .....Aug: 89
Mexican bean salad with chipotle dressing .....Apr: 112
Mexican eggs with potato hash.....Apr: 59
Mexican roast beef with hot sauce and spicy kumara wedges..... Jul: 52
Mexican steak & bean salad..... Summer Special: 128
Mezze for one.....Nov: 124
Middle Eastern chickpea & eggplant salad..... Summer Special: 123
Minced chicken yakitori skewers ..... Summer Special: 115
Mini banana & coconut eclairs with peanut butter icing.....Aug: 108
Mini beef pies with tomato relish..... Feb: 50
Mini gugelhupf cakes with cinnamon sugar .....Jun: 57
Mini lamb roasts with Italian-style mint sauce ..... Mar: 84
Mini pavlovas with passionfruit curd and ginger cream ..... Feb: 64
mint
Brunette cocktail.....Nov: 96
Coconut macaroons with mango, yoghurt and mint & lime sugar..... Dec: 120
Cucumber & mint salad ..... Feb: 126
Grilled scallops with anchovy, mint & coriander.....Apr: 106
Lamb racks with mint sauce ..... Feb: 52
Mini lamb roasts with Italian-style mint sauce ..... Mar: 84
Mint pesto..... Summer Special: 98
Ocean trout with broad bean potato salad and mint pesto ..... Summer Special: 98
Rich chocolate cake with strawberries and minted sugar .....Oct: 78
Sumac-crusted tuna with mint & cucumber salad .....Oct: 54
Miso pork ramen ..... Summer Special: 115
Miso roast beef fillet with ginger & spring onion dressing .....Jun: 80
Mixed bean, tomato & feta salad..... Summer Special: 105
Mixed fish grill & deconstructed paella.....Nov: 88
Mixed greens with Indian-style green chutney.....May: 122
Mixed potatoes with salsa verde ..... Dec: 146
Molho campanha..... Feb: 112
Moqueca (Brazilian fish stew).....Apr: 135
Moreton Bay bugs *see seafood*
Moroccan cauliflower & currant salad with yoghurt dressing..... Jul: 30
Moroccan lamb pot pies .....May: 38
Moroccan orange blossom & cardamom yoghurt cake.....May: 59
Moroccan osso bucco with chickpeas and gremolata .....Aug: 80
Moroccan roasted vegetables with couscous .....Aug: 124
Moroccan salad ..... Summer Special: 42
Moules marinieres ..... Summer Special: 72
mozzarella *see cheese*
Muesli mountains with mulled pears and yoghurt .....Jun: 56
muffins *see cakes and muffins*
mushrooms
Beef short rib & mushroom orecchiette.....Aug: 79
Bruschetta with mixed mushrooms and chilli feta ..... Sep: 75
Cheat's claypot .....Oct: 84
Creamy mushroom, brie & pancetta croissants ..... Sep: 38
Forager's plate .....Apr: 46
Gnocchi with spinach, mushrooms and gorgonzola .....May: 74
Gnocchi with truffled mushrooms.... Jun: 58
Linguine with porcini & vegetable bolognese ..... Mar: 83

Mushroom & sage stuffed spatchcocks with truffle cream sauce ..... May: 94
Mushroom bruschetta . Summer Special: 42
Mushroom risotto ..... Mar: 106
Mushroom tarte Tatin ..... Jul: 62
Pici with mushrooms..... Mar: 144
Pork & mushroom cannelloni..... May: 77
Portobello mushroom, cheddar & caramelised onion quesadillas.... Sep: 89
Salami & mushroom pizza ..... Mar: 44
Slow-braised rabbit with porcini and artichokes ..... Mar: 44
Steak & mushroom sandwiches..... Feb: 60

mussels
Laksa mussels ..... Jun: 93
Moules marinieres ..... Summer Special: 72
Steamed mussels with lemongrass, garlic and chilli..... Nov: 72

Mustardy potato & hot-smoked salmon salad ..... Summer Special: 124

N

Nasi goreng with flaked snapper..... Jul: 91

nectarines
Baked ricotta with roasted nectarine chutney ..... Dec: 118
White nectarine sorbet & Champagne spiders ..... Summer Special: 58

New blossom cocktail ..... Nov: 93
New York-style meatball subs ..... Mar: 89
New York-style mocha hazelnut cheesecake ..... Jun: 72
Nimish (Indian saffron & rosewater cream pots)..... Jul: 74
No-bake blueberry cheesecake..... Sep: 71

noodles *see also pasta*
Bean thread noodles with tofu and eggplant..... May: 122
Beef brisket with vermicelli and lemongrass dressing ..... Feb: 89
Chicken noodle broth ..... Aug: 113
Chicken pad kee mao ..... Oct: 54
Chilli soy salmon with wok-fried noodles..... Oct: 47
Miso pork ramen ..... Summer Special: 115
Passionfruit puddings with tropical fruit and crispy vermicelli ..... Dec: 69
Prawn noodle soup ..... Apr: 91
Salmon soba noodles.. Summer Special: 79
Sesame tuna with green tea soba noodles..... Summer Special: 98
Singapore-style chilli prawn noodles ..... May: 76
Thai beef noodle salad..... Summer Special: 127
Tuna tataki with soy soba noodles..... Summer Special: 112
White miso soup with soba noodles ..... Aug: 124

North Indian lamb curry ..... Jul: 102

nuts *see also almonds; cashew nuts; hazelnuts; macadamias; peanuts; pecans; pistachios; walnuts*
Brutti ma buoni (ugly but delicious' macaron biscuits)..... Mar: 148
Cassata gelato ..... Summer Special: 56
Chocolate & chestnut cake ..... Jun: 108
Chocolate truffle cake with chestnut cream and ganache..... Jul: 81
Crostini with beetroot confit, goat's cheese and pine nuts ..... Jul: 128
Decadent chocolate & nougat layer cake ..... Dec: 134
Forager's plate ..... Apr: 46
Panforte ..... Dec: 108
Pan-fried eggplant with feta & pine nuts ..... Summer Special: 97
Pine nut pie..... Mar: 126
Romesco sauce..... Feb: 112
Semifreddo al torrone (nougat semifreddo)..... Mar: 24
Smoked mozzarella & pesto lasagne..... Mar: 86
Smoked salmon tart with dill & parsley pesto..... Dec: 54
Snickers brownies ..... Jun: 84
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Rum & raisin tiramisu ..... Sep: 68

S

Sachertorte ..... May: 136
salads
Ancient grain salad with avocado
and grapefruit ..... Sep: 122
Asparagus, egg
& grilled feta salad ..... Nov: 104
Baby vegetable & goat's cheese salad
with hazelnut dressing ..... Nov: 72
Baked eggplant
with barley, feta & dill salad ..... Jul: 121
Baked ricotta
with pear & walnut salad ..... May: 122
Balsamic pork cutlets with fennel
& grapefruit salad ..... Oct: 49
Barbecued coronation chicken with mango
rice salad ..... Summer Special: 45
Barbecued lamb cutlets
with green & white bean salad ... Mar: 80
Beetroot, pear & feta salad ..... Apr: 46
Black pepper crab salad ..... Apr: 76
BLT chicken salad ..... Summer Special: 127
Caramel pork with pink grapefruit &
macadamia salad ... Summer Special: 123
Cauliflower & cranberry salad ..... Apr: 84
Cavolo nero & parmesan salad
with poached egg ..... May: 86
Chargrilled chicken & roasted
beetroot salad ..... Summer Special: 127
Chargrilled Thai eggplant skewers
with herb salad ..... Sep: 94
Chicken & lentil salad
with caper dressing ..... Apr: 111
Chicken Waldorf salad with honey
walnuts ..... Summer Special: 94
Chinese white-cut chicken salad ... Sep: 122
Chorizo, pumpkin & corn salad ..... Jul: 54
Classic Nicoise salad . Summer Special: 120
Couscous, watermelon & feta salad
with spiced lamb ..... Oct: 47
Crab & green mango salad
with cashew nahm jim ..... Apr: 75
Crispy Japanese fish
with pickled salad ..... Apr: 114
Crumbed wasabi chicken
with crunchy Japanese salad ..... Jun: 91
Cucumber & mint salad ..... Feb: 126
Cured kingfish salad ..... Mar: 72
Drunken chicken
with salted duck egg salad ..... Apr: 75
Edamame salad ..... Summer Special: 116
Egg & quinoa salad in a jar ..... Oct: 93
Eggplant salad ..... Summer Special: 46
Epic egg salad ..... Sep: 104
Farro, cauliflower
& asparagus salad ..... Apr: 112
Feta, watermelon & green bean
salad ..... Summer Special: 128
Fish kofta with eggplant salad ..... Apr: 88
Grapefruit, crab & beetroot salad .. Jun: 114
Green panzanella with haloumi ..... Oct: 76
Grilled chicken salad with parmesan
dressing ..... Summer Special: 20
Grilled octopus salad ..... Jul: 64
Grilled tuna with marinated
tomato salad ..... Summer Special: 24
Ham hock Caesar ..... Summer Special: 109
Heirloom tomato salad
with fior di latte ..... Dec: 96
Herbed couscous salad with almonds
and tomatoes ..... Nov: 114
Hot-smoked honey salmon with apple
& pickled cucumber salad ..... Feb: 135
Hot-smoked trout & herb salad ..... Oct: 93
Iceberg lettuce salad ..... Feb: 52
Island spiced duck
with pomelo salad ..... Dec: 156
Japanese mixed salad with
ponzu dressing ..... Summer Special: 112
Korean beef
& pickled vegetable salad ..... Feb: 121
Kyabetsu to yuzu-ae (cabbage salad
with yuzu dressing) ..... Aug: 136
Lamb backstraps with Moroccan
salad ..... Summer Special: 42
Lemon & honey chicken
salad ..... Summer Special: 90
Lemon chicken caesar salad ..... Apr: 59
Lemon-crumbed fish with fennel,
parsley & caper salad ..... Apr: 92
Mango rice salad ..... Summer Special: 45
Mexican bean salad
with chipotle dressing ..... Apr: 112
Mexican steak
& bean salad ..... Summer Special: 128
Middle Eastern chickpea & eggplant
salad ..... Summer Special: 123
Mixed bean, tomato
& feta salad ..... Summer Special: 105

Moroccan cauliflower & currant salad with yoghurt dressing ..... Jul: 30
Moroccan salad ..... Summer Special: 42
Mustardy potato & hot-smoked salmon salad ..... Summer Special: 124
Ocean trout with broad bean potato salad and mint pesto ..... Summer Special: 98
Olive-crusted rack of lamb with peperonata salad ..... Summer Special: 93
Pear, prosciutto & radicchio salad ... Aug: 68
Pink grapefruit & macadamia salad ..... Summer Special: 123
Poached chicken & fennel salad ..... Mar: 26
Poached chicken, apricot & chickpea salad ..... Feb: 121
Potato salad with pistachios ..... Feb: 126
Prawn, cuttlefish & green mango salad ..... Nov: 37
Prawn & avocado salad ..... Dec: 76
Prawn & green mango salad ..... Dec: 62
Prawn & green mango salad on rice cakes ..... Summer Special: 64
Prawns with eggplant salad ..... Summer Special: 46
Quail with freekeh & pomegranate salad ..... May: 88
Roasted pumpkin salad ..... Mar: 72
Roasted pumpkin, witlof & feta brown rice salad ..... Sep: 130
Roasted spatchcock with radicchio & bread salad ..... Jun: 30
Roasted vegetable salad ..... Dec: 99
Rose-scented fruit salad with filo straws ..... Summer Special: 135
Salad wedges with buttermilk dressing ..... Dec: 138
Salmon soba noodle salad ..... Summer Special: 79
Salted duck egg salad ..... Apr: 76
Seafood antipasti salad ..... Feb: 121
Seafood salad with green mango, coconut and sambal ..... Feb: 96
Shaved Brussels sprout, cranberry & hazelnut salad ..... Jun: 58
Spiced raw beef salad with prawn crackers ..... Summer Special: 66
Spicy broad bean, corn & olive salad ..... Summer Special: 86
Sprout salad ..... Sep: 113
Steak & potato salad with pumpkin seeds ..... Apr: 111
Sumac-crusted tuna with mint & cucumber salad ..... Oct: 54
T-bone steaks with smoky barbecue sauce and corn salad ..... Summer Special: 24
Thai beef salad ..... Summer Special: 127
Thai beef salad ..... Oct: 54
Thai pork larb salad ..... Jul: 134
Tofu with pickled vegetable salad and tamarind & sesame dressing ..... Summer Special: 62
Tomato, avocado & kumara salad ..... Summer Special: 86
Tomato, chorizo & bread salad ..... Summer Special: 124
Tomato & lemon salad ..... Feb: 126
Tongola 'Curdy' goat's curd salad with black garlic dressing ..... Nov: 25
Trout salad with asparagus & fennel ..... Sep: 109
Turkey & avocado salad with cranberry dressing ..... Dec: 52
Warm Moroccan carrot salad ..... Apr: 84
Warm roasted vegetable, chickpea & haloumi salad ..... Jun: 95
Watercress, fennel & sunflower seed salad ..... Summer Special: 105
Watermelon & goat's cheese salad ..... Feb: 79
White bean, chorizo & herb salad ..... Summer Special: 120
Wild greens and tomato salads .... Dec: 146
Wild rice salad with asparagus and baby corn ..... Feb: 121
Winter salad of pork, apple and bitter leaves ..... Jun: 122
Yoghurt & harissa chicken with rice salad ..... Jun: 38
Zucchini fritters with prosciutto & bocconcini salad ..... Nov: 105
Salami & bocconcini pizza ..... Nov: 68
Salami & mushroom pizza ..... Mar: 44
Sally come back cocktail ..... Nov: 95

salmon

Barbecued salmon with olives, rocket and chargrilled lemons ... Summer Special: 76
Buckwheat pikelets with smoked salmon & dill ..... Summer Special: 30
Chilli soy salmon with wok-fried noodles ..... Oct: 47
Cider & brandy cured salmon with dill cream ..... Apr: 109
Dill & mustard salmon with beetroot slaw ..... May: 75
Farmers' market lunch with smoked salmon parcels ..... Sep: 122
Fresh & smoked salmon tartare with dill and capers ..... Sep: 60
Hot-smoked honey salmon with apple & pickled cucumber salad ..... Feb: 135
Jerk salmon with Chinese broccoli and pineapple salsa ..... Sep: 34
Mustardy potato & hot-smoked salmon salad ..... Summer Special: 124
Orecchiette with hot-smoked salmon, peas and beurre blanc sauce ..... Nov: 58
Prawn, salmon & coconut curry ..... Jul: 38
Roast salmon and butternut pumpkin with almond pesto ..... Aug: 85
Salmon & avocado ceviche ..... Summer Special: 79
Salmon & avocado donburi (rice bowl) ..... Oct: 84
Salmon & coconut ceviche ..... May: 31
Salmon soba noodle salad ..... Summer Special: 79
Sesame salmon with honey bok choy ..... Sep: 76
Smoked salmon & potato cakes with poached egg ... Summer Special: 37
Smoked salmon rillettes ..... Feb: 95
Smoked salmon tart with dill & parsley pesto ..... Dec: 54
Zucchini, ricotta & dill fritters with hot-smoked salmon ..... Summer Special: 94

Salt & pepper seafood ..... Dec: 137
Salted caramel apples ..... Apr: 55
Salted caramel semifreddo ..... Nov: 40
Salted duck egg salad ..... Apr: 76

sandwiches, rolls, wraps & toast

Banh mi ..... Oct: 102
Banh mi muffaletta ..... Dec: 137
Barramundi tacos with black quinoa ..... Feb: 76
Beef trencher ..... Nov: 106
Black sesame vegie burgers with wasabi yoghurt ..... Sep: 84
Blini platter ..... Dec: 76
Braised beef sliders ..... Mar: 70
Bruschetta three ways ..... Mar: 79
Bruschetta with mixed mushrooms and chilli feta ..... Sep: 75
Bunny chow (chicken curry rolls) ..... Aug: 60
Chicken tikka burgers with tomato kasundi ..... Oct: 40
Chocolate French toast ..... Apr: 34
Chorizo & zucchini quesadillas ..... Summer Special: 90
Classic Aussie hamburger ..... Feb: 71

Coconut French toast with caramelised pineapple..... Summer Special: 28
Corned wagyu beef bagels with sour cabbage..... Feb: 31
Creamy mushroom, brie & pancetta croissants ..... Sep: 38
Croissant & marmalade pudding.... Aug: 36
Croque monsieur..... Jun: 57
Crostini with beetroot confit, goat's cheese and pine nuts ..... Jul: 128
Crumbed whiting burgers with cabbage slaw and coconut mayo ..... Dec: 68
Fig focaccia..... Mar: 60
Fried polenta panzanella..... Feb: 83
Green panzanella with haloumi ..... Oct: 76
Grilled asparagus & poached egg on toast..... Sep: 109
Grilled fish tacos with pico de gallo..... May: 66
Indian-style ploughman's ..... May: 104
Jalapeno flatbreads..... Aug: 101
Jerk chicken with red onion flatbread ..... Apr: 97
Labne & pickled cherry toast ..... May: 88
Lamb, zucchini & haloumi burgers with sesame salt ..... Summer Special: 46
Lime & chilli prawn tortillas ..... Oct: 52
Masala omelette roti wrap ..... Feb: 107
Mushroom bruschetta . Summer Special: 42
New york-style meatball subs ..... Mar: 89
Panzanella ..... Nov: 131
Piri piri pork & fennel slaw pita wraps ..... Jun: 92
Poached chicken sandwiches ..... Feb: 135
Porchetta & apple slaw sliders ..... Nov: 71
Pork belly buns ..... Apr: 101
Prawn cocktail crostini ..... Nov: 60
Prawns on toast with lemon myrtle mayonnaise..... Feb: 50
Sausage and fennel coleslaw wraps..... Summer Special: 49
Smoked mackerel pâté with soda bread..... Oct: 74
Smoky pork tortillas with sweet & spicy pineapple salsa..... Sep: 84
Spinach, lentil & feta bruschetta..... Aug: 124
Steak & mushroom sandwiches..... Feb: 60
Tomato, chorizo & bread salad ..... Summer Special: 124
Tuna tostadas..... Oct: 127
Vietnamese-style duck buns ..... Oct: 86

sardines *see fish*

sauces, dips and condiments

Acciughe in salsa verde (anchovies in green sauce)..... Jul: 113
Bagna cauda (hot garlic & anchovy dip) ..... Jul: 114
Baked ricotta with roasted nectarine chutney ..... Dec: 118
Barbecued prawns with ginger & mango mayonnaise..... Summer Special: 76
Basil pesto ..... Summer Special: 34
Black bean salsa ..... Summer Special: 82
Cayenne chicken drumsticks with blue cheese dipping sauce .. Jun: 68
Cheesy mustard butter ..... Summer Special: 28
Chilli & lime king prawns with chipotle mayonnaise ..... Feb: 76
Chilli soy salmon with wok-fried noodles..... Aug: 104
Chimichurri..... Feb: 112
Chimichurri sauce ..... Summer Special: 82
Cider & brandy cured salmon with dill cream ..... Apr: 109
Corn fritters with avocado salsa..... Sep: 38
Crab cakes with dill mayonnaise..... Feb: 41
Crispy white anchovy fillets with tomato & vincotto salsa..... Mar: 52
Crudités with cream cheese & herb dip..... Summer Special: 102
Farro, butternut pumpkin and romesco..... May: 114
Ginger & mango mayonnaise..... Summer Special: 76
Green tahini ..... Apr: 88
Grilled fish tacos with pico de gallo..... May: 66
Homemade mustard ..... Dec: 129
Indonesian satay sauce ..... Feb: 114
Kingfish sashimi with umeboshi dressing ..... Dec: 96
Kingfish with provencal anchovy sauce..... Summer Special: 79
Korean-style BBQ sauce..... Feb: 114
Leg of lamb with amazing gravy..... Jul: 101
Lime & turmeric tofu with fresh sambal..... Sep: 96
Mint pesto..... Summer Special: 98
Mixed greens with Indian-style green chutney..... May: 122
Mixed potatoes with salsa verde .. Dec: 146
Molho campanha ..... Feb: 112
Pan stuffing ..... Dec: 82
Parmesan dressing ..... Summer Special: 20
Peach mostarda..... Feb: 60
Ponzu dressing ..... Summer Special: 112
Prawns with bacon & herb mayonnaise ..... Feb: 40
Provencal anchovy sauce..... Summer Special: 79
Red capsicum, chilli & feta dip ..... Summer Special: 82
Romesco sauce..... Feb: 112
Smoky barbecue sauce..... Summer Special: 24
Sweet onion & raisin chutney..... Jul: 97
Tabbouleh..... Apr: 84
Tamarind & sesame dressing ..... Summer Special: 62
Teriyaki sauce..... Summer Special: 115
Tomato & vincotto salsa ..... Mar: 52
Tomato relish ..... Feb: 50
Tomato salsa ..... Jul: 52
Tonkatsu sauce ..... Aug: 136
Tuna tartare with yuzu dressing..... Dec: 62
Watermelon with lime vodka dressing..... Feb: 104
Whole baked trout with chargrilled asparagus and herbed mayonnaise..... Oct: 47
Yabbies with dill mayonnaise ..... May: 131

sausage

Bean & sausage soup..... Jul: 130
Chargrilled squid with tomato, chorizo and cannellini beans..... Apr: 21
Cheat's claypot ..... Oct: 84
Chorizo, pea & pecorino conchiglie ..... Mar: 31
Chorizo, pumpkin & corn salad ..... Jul: 54
Chorizo & zucchini quesadillas ..... Summer Special: 90
Chorizo cassoulet ..... Jun: 94
Crab & clam chowder with chorizo.. Apr: 95
Inside-out Scotch eggs ..... Apr: 44
Italian sausage and chips with torn tomato sauce ..... Aug: 71
Polenta concia con ragu di salsiccia (cured polenta with sausage ragu)..... Jul: 113
Pork sausages with cider lentils ..... Jul: 88
Prawn jambalaya..... Jul: 121
Sausage and fennel coleslaw wraps..... Summer Special: 49
Sausage carbonara..... Mar: 101
Sausage rolls with curried tomato sauce ..... Feb: 63
Scrambled eggs with sausages and zucchini relish ..... Nov: 138

Sherry-glazed chorizo and chickpeas ... Nov: 46
Spaghetti with Italian sausage, Ligurian olives and oregano ... Mar: 54
Squid & chorizo paella ... Jun: 38
Tomato, chorizo & bread salad ... Summer Special: 124
White bean & chorizo soup with crostini ... May: 70
White bean, chorizo & herb salad ... Summer Special: 120

scallops
Caramelised scallop miang (betel leaves) ... Sep: 63
Grilled scallops with anchovy, mint & coriander ... Apr: 106
Scallop pasties ... Feb: 132
Scallops with sweet pork & ginger ... Summer Special: 68
Seared scallops with cannellini beans, tomato and asparagus ... Nov: 134
Tequila scallop ceviche ... Jul: 52
Tequila-spiked scallop ceviche ... Feb: 41

Scrambled eggs with sausages and zucchini relish ... Nov: 138

sea bream *see fish*

seafood *see also clams; crab; mussels; prawns; scallops; squid*
Asian-style oysters ... Feb: 40
Blackberry gravlax ... Dec: 126
Corn frittatas with salmon roe and creme fraiche ... Summer Special: 32
Grilled octopus salad ... Jul: 64
Keralan seafood biryani ... Jul: 73
Mixed fish grill & deconstructed paella ... Nov: 88
Salt & pepper seafood ... Dec: 137
Seafood antipasti salad ... Feb: 121
Seafood pies ... May: 38
Seafood salad with green mango, coconut and sambal ... Feb: 96
Seafood stew with saffron mayo & capsicum marmalade ... Apr: 106
Spanish seafood rice ... Summer Special: 75
Thai green seafood curry ... Summer Special: 97
Yabbies with dill mayonnaise ... May: 131

Seared scallops with cannellini beans, tomato and asparagus ... Nov: 134

Semifreddo al torrone (nougat semifreddo) ... Mar: 24

Sesame salmon with honey bok choy ... Sep: 76

Sesame tuna with green tea soba noodles ... Summer Special: 98

Seven vegetable balboula ... Jun: 135

Sfincione Siciliano ... Mar: 105

Shaved Brussels sprout, cranberry & hazelnut salad ... Jun: 58

Shepherd's pie biryani ... May: 104

Sherry-braised pork shoulder with asiago mash ... Aug: 76

Sherry-glazed chorizo and chickpeas ... Nov: 46

silverbeet
LSA chicken with beetroot and silverbeet ... Apr: 122
Penne with silverbeet and walnut pesto ... Jul: 132
Silverbeet & feta gozleme ... Sep: 94

Simple potato bake ... Feb: 52

Singapore-style chilli prawn noodles ... May: 76

Skirt steak with corn salsa and roasted capsicum relish ... Dec: 65

Skirt steak with onion rings ... Sep: 31

Slice of chocolate with caramelised peanut ice cream ... Feb: 72

Slow-baked frittata with antipasto ... Mar: 88

Slow-braised rabbit with porcini and artichokes ... Mar: 44

Slow-cooked beef fillet ... Dec: 99

Slow-roast leg of lamb with tomato & garlic crust ... Mar: 54

Slow-roasted pork & red wine ragu ... Mar: 94

Smoked eel croquettes ... Sep: 132

Smoked fish cakes with nasturtium crumbs ... Oct: 74

Smoked mackerel pâté with soda bread ... Oct: 74

Smoked mozzarella & pesto lasagne ... Mar: 86

Smoked potatoes ... May: 132

Smoked salmon & potato cakes with poached egg ... Summer Special: 37

Smoked salmon rillettes ... Feb: 95

Smoked salmon tart with dill & parsley pesto ... Dec: 54

Smoked trout croquettes ... Jun: 29

Smoked trout fried rice with fried egg relish ... Feb: 34

Smoky barbecue sauce ... Summer Special: 24

Smoky beef chilli con carne ... Jun: 70

Smoky fish & prawn pie ... Aug: 86

Smoky pork ribs with mango salsa ... Nov: 108

Smoky pork tortillas with sweet & spicy pineapple salsa ... Sep: 84

snapper
Chargrilled snapper ... Dec: 146
Crisp-skinned snapper with eggplant & tomato relish ... May: 86
Light green snapper curry ... Dec: 156
Nasi goreng with flaked snapper ... Jul: 91
Snapper in a salt crust ... Nov: 134
Snapper saltimbocca with crispy polenta chips ... Apr: 94
Snapper with beer-battered zucchini fries ... Feb: 88

Snickers brownies ... Jun: 84

Soda bread rolls ... Summer Special: 105

Soft butter caramels ... Jun: 84

soups, stews and broths
Bean & sausage soup ... Jul: 130
Beef shin & Jerusalem artichoke tagine ... Jun: 135
Black bean soup with tortilla chips and pickled red onions ... Jul: 54
Brazilian lamb feijoada ... Jul: 104
Carrot & ginger soup with French-style lentils ... Aug: 92
Cauliflower and parsnip soup with parmesan croutons ... Aug: 96
Chicken noodle broth ... Aug: 113
Chilled tomato & herb soup ... Nov: 112
Chilli bean soup ... Aug: 113
Chorizo cassoulet ... Jun: 94
Crab & clam chowder with chorizo ... Apr: 95
Creamy pumpkin soup ... Apr: 52
Farro, borlotti bean & cavolo nero soup ... Mar: 144
Fish & clam chowder ... Jun: 70
French onion soup ... Jun: 63
Jerusalem artichoke soup with crab & preserved lemon ... Aug: 96
Mexican bean & vegetable stew ... Aug: 89
Moqueca (Brazilian fish stew) ... Apr: 135
Pork & fennel meatball soup with pasta ... Mar: 92
Potato, leek & chicken soup ... Aug: 96
Prawn noodle soup ... Apr: 91
Roast pumpkin ribollita with baked ricotta ... Mar: 102
Roasted pumpkin & apple soup with goat's cheese and bacon ... Aug: 96
Roasted pumpkin & ginger soup ... Mar: 44
Seafood stew with saffron mayo & capsicum marmalade ... Apr: 106
Spiced brisket stew ... Aug: 104
Spiced Moroccan meatball soup ... Jul: 90
Spicy Mexican bean soup ... Jun: 122
Veal stew ... Jul: 62

White bean & chorizo soup
with crostini ..... May: 70
White miso soup
with soba noodles ..... Aug: 124
Soused herring ..... May: 131
soy products
Bean thread noodles
with tofu and eggplant ..... May: 122
Chilli soy salmon
with wok-fried noodles ..... Oct: 47
Chinese beef & tofu ..... Oct: 112
Edamame salad ..... Summer Special: 116
Lime & turmeric tofu
with fresh sambal ..... Sep: 96
Miso pork ramen ..... Summer Special: 115
Ocean trout with silken tofu
and black vinegar ..... Jun: 122
Pan-fried ginger tofu with edamame
salad ..... Summer Special: 116
Salmon soba noodle
salad ..... Summer Special: 79
Spicy soy chicken with corn
& black bean salsa ..... Sep: 81
Teriyaki fish parcels ..... Nov: 102
Teriyaki sauce ..... Summer Special: 115
Tofu bibimbap
(Korean 'mixed rice') ..... Oct: 38
Tofu with pickled vegetable salad and
tamarind & sesame
dressing ..... Summer Special: 62
Tuna tataki with soy soba
noodles ..... Summer Special: 112
White miso soup
with soba noodles ..... Aug: 124
spaghetti *see pasta*
Spanish-style
seafood rice ..... Summer Special: 75
spatchcock
Glazed spatchcocks ..... Dec: 82
Mushroom & sage stuffed spatchcocks
with truffle cream sauce ..... May: 94
Roasted spatchcock with radicchio
& bread salad ..... Jun: 30
Spatchcocks alla diavola ..... Mar: 64
Spiced apple pie ..... May: 71
Spiced berry jam ..... Dec: 92
Spiced brisket stew ..... Aug: 104
Spiced burnt caramel
ice cream ..... Summer Special: 52
Spiced cherry compote ... Summer Special: 24
Spiced eggplant
with couscous and yoghurt ..... Oct: 52
Spiced gazpacho with crab ..... Dec: 65
Spiced lamb & hummus plate
with tabbouleh ..... Aug: 83
Spiced Moroccan meatball soup ..... Jul: 90
Spiced pear, blueberry
& almond shortcake ..... Apr: 70
Spiced pork cutlets
with papaya mojo ..... Summer Special: 42
Spiced raw beef salad
with prawn crackers ..... Summer Special: 66
Spiced sticky toffee pudding
and chai custard ..... May: 105
Spiced tiramisu ..... Jun: 107
Spice-roasted chickpeas ..... Feb: 124
Spicy broad bean, corn
& olive salad ..... Summer Special: 86
Spicy Mexican bean soup ..... Jun: 122
Spicy pasties ..... May: 101
Spicy prawn curry
with quick pilaf rice ..... Aug: 112
Spicy soy chicken with corn
& black bean salsa ..... Sep: 81
spinach
Creamy spinach fusilli
with gremolata breadcrumbs ..... Mar: 30
Deep-dish gruyere, spinach & bacon
quiche with walnut
pastry ..... Summer Special: 106
Farfalle with baby capsicum, asparagus
& spinach ..... Summer Special: 20
Giant veg rosti, poached eggs,
spinach & peas ..... Oct: 108
Gnocchi with spinach, mushrooms
and gorgonzola ..... May: 74
Lamb & spinach wellingtons ..... Jul: 92
Spinach, lentil & feta bruschetta ... Aug: 124
Spinach & mascarpone tart ..... Aug: 71
Spinach & potato tarts ..... Dec: 120
Spotted berry sponge
with clotted cream ..... Mar: 111
Spring chicken ballotine ..... Oct: 76
Spring onion frittata
with smoked ocean trout ..... Apr: 122
Spring vegetables
with pepper-crusted lamb ..... Sep: 122
Sprout salad ..... Sep: 113
squid
Chargrilled squid with tomato, chorizo
and cannellini beans ..... Apr: 21
Squid & chorizo paella ..... Jun: 38
Squid ink pasta with calamari ..... Nov: 101
Squid with romesco sauce ..... Nov: 46
Squid with zucchini,
almonds and lemon ..... Mar: 121
Stargazy Yorkshire pudding ..... May: 102
steak *see beef*
Steamed mussels with lemongrass, garlic
and chilli ..... Nov: 72
Steamed ocean trout with red bean
& chilli salsa ..... Nov: 124
stews *see soups, stews and broths*
Sticky chilli chicken
& brown rice bowl ..... Sep: 86
Sticky cranberry
& butterscotch puddings ..... Dec: 82
Sticky date pudding ..... Aug: 37
Sticky pork ribs with cabbage
& grapefruit slaw ..... Jun: 80
Stilton *see cheese*
Stir-fried char siu pork mince
with broccolini ..... Oct: 49
Stir-fried prawns with curry leaf ..... Feb: 108
strawberries *see berries*
Stuffed zucchini flowers
with tomato salsa ..... Dec: 144
Sumac-crusted tuna with mint
& cucumber salad ..... Oct: 54
Summer fruit salad
with champagne sabayon ..... Dec: 150
Summer spaghetti ..... Summer Special: 93
Sunday roast lamb ..... Oct: 104
Sweet onion & raisin chutney ..... Jul: 97
sweet potatoes
Cider-Dijon pork with roasted sweet
potatoes and apples ..... May: 69
Red lentil dahl with sweet potato .. Jun: 122
swordfish *see fish*
Syrian chicken ..... Sep: 32

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Tabbouleh ..... Apr: 84
taleggio *see cheese*
Tamarind & sesame
dressing ..... Summer Special: 62
Tandoori meatballs
with spiced carrot mash ..... Jul: 121
Tapioca pudding
with summer berries ..... Feb: 104
Tartiflette (French-style cheese
& potato bake) ..... Jun: 63
tarts, flans and pizzas *see also pies and pastries*
Apple tarte Tatin ..... Nov: 73
Apricot & raspberry tart ..... Feb: 136
Asparagus & pecorino tart ..... Sep: 109
Balsamic onion, pear
& walnut pizza ..... Jul: 87

Cheese & potato tart with caraway crust ..... May: 131
Chicken, capsicum & ricotta mini pizzas ..... Sep: 89
Chocolate & walnut tart ..... Mar: 124
Chocolate chilli tart with dulce de leche ice cream ..... Jul: 56
Coconut & vanilla tarts ..... Dec: 70
Deep-dish gruyere, spinach & bacon quiche with walnut pastry ..... Summer Special: 106
Eggs Florentine pizzas..... Summer Special: 32
Fig & blue cheese tart ..... Jul: 128
Lemon mascarpone tart ..... Jun: 34
Mandarin melktert (milk tart)..... Aug: 62
Mushroom tarte Tatin ..... Jul: 62
Onion tart ..... May: 107
Orange curd tart..... Sep: 107
Orange-scented plum tarte Tatin .... Apr: 70
Pizza bianca ..... Mar: 72
Puff pastry cherry bakewell tart..... Oct: 96
Quick peach tarts with pink peppercorn ice cream ..... Nov: 62
Raspberry & thyme custard tart..... Summer Special: 138
Red wine-poached pear & walnut tart ..... Mar: 149
Ricotta & avocado pizza..... Oct: 42
Ricotta & balsamic tart with heirloom tomatoes ..... Mar: 52
Ricotta & zucchini tart..... Oct: 76
Salami & bocconcini pizza..... Nov: 68
Salami & mushroom pizza ..... Mar: 44
Sfincione Siciliano..... Mar: 105
Smoked salmon tart with dill & parsley pesto ..... Dec: 54
Spinach & mascarpone tart..... Aug: 71
Spinach & potato tarts ..... Dec: 120
Strawberry, ricotta & white chocolate tart ..... Mar: 80
Treacle tart ..... Apr: 54
White chocolate filo tart..... Sep: 72
Zewelwai (French onion tart)..... Jul: 97
T-bone steaks with smoky barbecue sauce and corn salad ..... Summer Special: 24
Tea-smoked tomato sorbet with parmesan crisps..... Mar: 56
Tempura King George whiting with sauce gribiche..... Nov: 72
Tempura zucchini flowers stuffed with goat's cheese ..... Feb: 132
Tequila scallop ceviche..... Jul: 52
Tequila-spiked scallop ceviche..... Feb: 41
Teriyaki fish parcels ..... Nov: 102
Teriyaki sauce ..... Summer Special: 115
Thai basil & pepper prawn stir-fry..... Summer Special: 72
Thai beef & noodle salad..... Summer Special: 127
Thai beef salad ..... Oct: 54
Thai chicken curry ..... Jul: 38
Thai fish cakes..... Feb: 92
Thai green seafood curry ..... Summer Special: 97
Thai pork larb salad ..... Jul: 134
Thousand nights cocktail..... Dec: 156
Tiki miki cocktail..... Nov: 97
Toasted berry granola ..... Dec: 90
tofu *see soy products*
tomato
Baked, filled zucchini in tomato sauce..... Mar: 108
Bloody Longrain ..... Summer Special: 62
Bloody Mary ..... Summer Special: 28
Chargrilled squid with tomato, chorizo and cannellini beans..... Apr: 21
Chicken tikka burgers with tomato kasundi..... Oct: 40
Chilled tomato & herb soup ..... Nov: 112
Corn fritters with bacon and pesto-roasted tomatoes..... Summer Special: 34
Crisp-skinned snapper with eggplant & tomato relish .... May: 86
Crispy white anchovy fillets with tomato & vincotto salsa..... Mar: 52
Grilled tuna with marinated tomato salad..... Summer Special: 24
Heirloom tomato salad with fior di latte..... Dec: 96
Herbed couscous salad with almonds and tomatoes ..... Nov: 114
Italian sausage and chips with torn tomato sauce ..... Aug: 71
Mini beef pies with tomato relish.... Feb: 50
Mixed bean, tomato & feta salad..... Summer Special: 105
Pan-roasted barramundi fillets with borlotti bean & tomato ragu..... Nov: 38
Panzanella ..... Nov: 131
Parmesan-crusted chicken with chunky tomato salsa ..... Oct: 49
Pecorino & bread dumplings with homemade tomato sauce... Mar: 62
Prawn jambalaya..... Jul: 121
Prawns with tomato kasundi ..... Dec: 118
Ricotta & balsamic tart with heirloom tomatoes ..... Mar: 52
Roasted tomato, mascarpone & rocket linguine ..... Mar: 31
Rosemary & garlic tomato passata . Mar: 56
Rosemary & semi-dried tomato polenta..... Mar: 121
Sausage carbonara ..... Mar: 101
Sausage rolls with curried tomato sauce ..... Feb: 63
Seared scallops with cannellini beans, tomato and asparagus ..... Nov: 134
Sfincione Siciliano..... Mar: 105
Slow-roast leg of lamb with tomato & garlic crust..... Mar: 54
Spaghetti arrabbiata with lemon & thyme pangrattato..... Apr: 93
Spaghetti cooked risotto-style with vongole and roasted cherry tomatoes..... Mar: 63
Spiced gazpacho with crab ..... Dec: 65
Stuffed zucchini flowers with tomato salsa..... Dec: 144
Tomato, avocado & kumara salad ..... Summer Special: 86
Tomato, chorizo & bread salad ..... Summer Special: 124
Tomato & lemon salad ..... Feb: 126
Tomato & vincotto salsa ..... Mar: 52
Tomato baharat jam ..... Apr: 86
Tomato cinnamon jam..... Sep: 58
Tomato relish ..... Feb: 50
Tomato salsa ..... Jul: 52
Trofie with prawns, chickpeas and cherry tomatoes ..... Mar: 79
Tuna with roasted tomato, caper & olive salsa ..... Summer Special: 49
Wild greens and tomato salads .... Dec: 146
Tongola 'Curdy' goat's curd salad with black garlic dressing ..... Nov: 25
Tonkatsu (crumbed pork cutlets)..... Aug: 136
Tonkatsu sauce ..... Aug: 136
tortellini *see pasta*
Treacle tart ..... Apr: 54
trofie *see pasta*
Tropical fruit meringues .. Summer Special: 132
trout
Baked conchiglioni with smoked trout, dill and crispy panko crust ..... Aug: 80
Hot-smoked trout & herb salad ..... Oct: 93
Ocean trout with broad bean potato salad and mint pesto ..... Summer Special: 98
Ocean trout with silken tofu and black vinegar ..... Jun: 122

Smoked trout croquettes ..... Jun: 29
Smoked trout fried rice with fried egg relish ..... Feb: 34
Spring onion frittata with smoked ocean trout ..... Apr: 122
Steamed ocean trout with red bean & chilli salsa ..... Nov: 124
Trout salad with asparagus & fennel ..... Sep: 109
Whole baked trout with chargrilled asparagus and herbed mayonnaise ..... Oct: 47

tuna
Grilled tuna with marinated tomato salad ..... Summer Special: 24
Preserved tuna-stuffed capsicums .. Mar: 74
Sesame tuna with green tea soba noodles ..... Summer Special: 98
Sumac-crusted tuna with mint & cucumber salad ..... Oct: 54
Tuna & olive spread ..... Feb: 124
Tuna tartare with yuzu dressing ..... Dec: 62
Tuna tataki with soy soba noodles ..... Summer Special: 112
Tuna tostadas ..... Oct: 127
Tuna with roasted tomato, caper & olive salsa ..... Summer Special: 49

turkey *see poultry and game*
Turmeric & ginger chicken drumsticks ..... Dec: 117
Tuscan-twist cheesy artichoke pie ..... Sep: 103
Twice-baked polenta souffles with Taleggio sauce ..... Mar: 46
Twice-cooked crispy rabbit ..... Jul: 62

U

Upside-down rhubarb, ginger & almond cake ..... Jul: 78

V

Vanilla & dulce de leche ice cream terrine ..... Sep: 66
Vanilla panna cotta with strawberries and balsamic ..... Nov: 136

veal
Moroccan osso bucco with chickpeas and gremolata ..... Aug: 80
Veal shin, bean & eggplant curry .... Feb: 24
Veal stew ..... Jul: 62

vegetables *see also names of vegetables; salads*
Baby vegetable & goat's cheese salad with hazelnut dressing ..... Nov: 72
Black sesame vegie burgers with wasabi yoghurt ..... Sep: 84
Braised spring veg ..... Sep: 109
Chargrilled feta & vegetables with tabbouleh ..... Nov: 88
Chargrilled vegetable couscous with hummus ..... Summer Special: 120
Crudités with cream cheese & herb dip ..... Summer Special: 102
Gado gado with satay sauce ..... Sep: 94
Giant veg rosti, poached eggs, spinach & peas ..... Oct: 108
Hoisin pork with Chinese greens .... Aug: 87
Italian vegetable pie ..... Mar: 107
Korean beef & pickled vegetable salad ..... Feb: 121
Linguine with porcini & vegetable bolognese ..... Mar: 83
Mixed greens with Indian-style green chutney ..... May: 122
Moroccan roasted vegetables with couscous ..... Aug: 124
Poached lamb with spring vegetables ..... Sep: 60
Quinoa with greens & pistachio pesto ..... May: 112
Roast vegetable & hummus jalousie ..... May: 39
Roasted root vegetable stew with herby couscous ..... Aug: 114
Roasted vegetable salad ..... Dec: 99
Sesame salmon with honey bok choy ..... Sep: 76
Seven vegetable balboula ..... Jun: 135
Spring vegetables with pepper-crusted lamb ..... Sep: 122
Tofu with pickled vegetable salad and tamarind & sesame dressing ..... Summer Special: 62
Vegetable korma ..... Jul: 39
Warm roasted vegetable, chickpea & haloumi salad ..... Jun: 95
Wild greens and tomato salads .... Dec: 146

venison *see poultry and game*
vermicelli *see noodles*
Vietnamese affogato ..... Oct: 86
Vietnamese-style duck buns ..... Oct: 86
Virgin pomegranate mojito ..... Apr: 84

W

walnuts
Baked ricotta with pear & walnut salad ..... May: 122
Balsamic onion, pear & walnut pizza ..... Jul: 87
Chicken Waldorf salad with honey walnuts ..... Summer Special: 94
Chocolate & walnut tart ..... Mar: 124
Coffee & walnut cake ..... May: 59
Maple walnut granola with tropical fruit ..... Summer Special: 37
Penne with silverbeet and walnut pesto ..... Jul: 132
Pumpkin & walnut roulade ..... Feb: 56
Red wine-poached pear & walnut tart ..... Mar: 149
Walnut bread ..... Aug: 92
Walnut pastry ..... Summer Special: 106

Warm chocolate pots with whisky ice cream ..... Jun: 108
Warm Moroccan carrot salad ..... Apr: 84
Warm roasted vegetable, chickpea & haloumi salad ..... Jun: 95

watercress
Roast chicken with lemon potatoes and watercress ..... May: 109
Watercress, fennel & sunflower seed salad ..... Summer Special: 105

watermelon
Couscous, watermelon & feta salad with spiced lamb ..... Oct: 47
Feta, watermelon & green bean salad ..... Summer Special: 128
Watermelon & goat's cheese salad ..... Feb: 79
Watermelon & rose layer cake ..... Sep: 59
Watermelon & strawberry crush ..... Summer Special: 106
Watermelon with lime vodka dressing ..... Feb: 104

Whisky cherry truffles ..... Dec: 150
white beans *see beans*
White chocolate & Strega puddings ..... Mar: 64
White chocolate filo tart ..... Sep: 72
White chocolate panna cottas with poached plums ..... Summer Special: 135
White chocolate rocky road ..... Dec: 108
White miso soup with soba noodles ..... Aug: 124
White nectarine sorbet & Champagne spiders ..... Summer Special: 58
whitebait *see fish*
whiting *see fish*
Wild greens and tomato salads ..... Dec: 146

Wild rice salad with asparagus
and baby corn ..... Feb: 121
Winter fusilli with beetroot, goat's cheese
and pecans .....Aug: 84
Winter salad of pork,
apple and bitter leaves.....Jun: 122

X

XO prawns and snow peas .....Oct: 82

Y

yabbies *see seafood*
yoghurt
Black sesame vegie burgers
with wasabi yoghurt ..... Sep: 84
Blueberry yoghurt
'brulee'.....Summer Special: 140
Coconut macaroons with
mango, yoghurt and
mint & lime sugar.....Dec: 120
Dark chocolate pots .....Jun: 61
Grilled masala fish with coriander salad,
chutney and yoghurt.....Aug: 112
Honey labne ..... Summer Special: 38
Labne & pickled cherry toast .....May: 88
Limoncello & fruit salad fro-yo ..... Feb: 102
Mango & ginger
lassi..... Summer Special: 28
Moroccan orange blossom
& cardamom yoghurt cake .....May: 59
Muesli mountains with mulled pears
and yoghurt.....Jun: 56
Raspberry & banana bread
with honey labne..... Summer Special: 38
Roast lamb shoulder with zaatar,
cannellini beans and labne .....Jun: 80
Spiced eggplant
with couscous and yoghurt.....Oct: 52
Yoghurt & harissa chicken
with rice salad.....Jun: 38

Z

Zaatar-rubbed King George whiting
with peas and feta ..... Dec: 38
Zewelwai (French onion tart)..... Jul: 97
zucchini
Baked, filled zucchini
in tomato sauce..... Mar: 108
Baked risotto with zucchini, ricotta
and semi-dried tomato .....Jun: 39
Chorizo & zucchini
quesadillas..... Summer Special: 90
Fried and marinated zucchini..... Mar: 64
Lamb, zucchini & haloumi burgers
with sesame salt ..... Summer Special: 46
Lemony zucchini flowers ..... Mar: 74
Ricotta & zucchini tart.....Oct: 76
Scrambled eggs with sausages
and zucchini relish .....Nov: 138
Snapper with beer-battered
zucchini fries ..... Feb: 88
Squid with zucchini,
almonds and lemon ..... Mar: 121
Stuffed zucchini flowers
with tomato salsa..... Dec: 144
Tempura zucchini flowers stuffed
with goat's cheese ..... Feb: 132
Zucchini, ricotta & dill fritters
with hot-smoked salmon..... Summer
Special: 94
Zucchini fritters with prosciutto
& bocconcini salad.....Nov: 105
Zuppa Inglese ..... Mar: 109