

SENSORY SCAVENGER HUNT



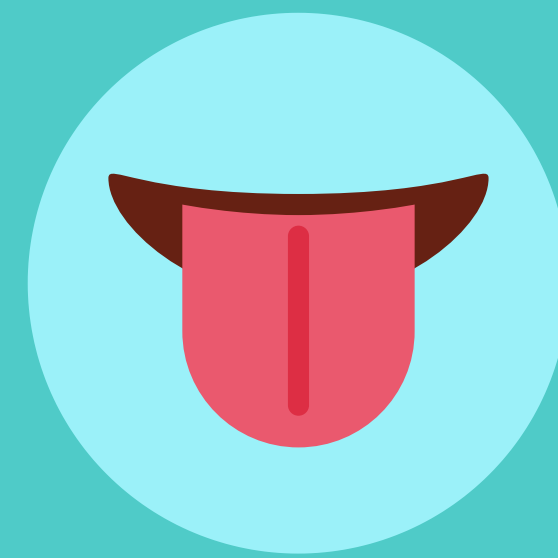
SMELL

- Find a smell you like
- Find a calming smell
- Find a strong smell
- Find a plant/ flower with a scent



SIGHT

- Find something white
- Find something shiny
- Find something square
- Find something tall
- Find 5 of the same thing



TASTE

- Find something humans eat
- Find something animals eat
- Find something yummy
- Find something you haven't tasted



SOUND

- Find an animal sound
- Find something loud
- Find a soft sound
- Find something that makes music
- Find something that snaps



TOUCH

- Find something bumpy
- Find something wet
- Find something prickly
- Find something smooth
- Find something hard
- Find something rough



VESTIBULAR

- Find a line to tight rope walk across
- Find a place to do a log roll
- Find a spot to spin



PROPRIOCEPTION

- Find something to jump over
- Walk like a bear
- Find something heavy to push
- Find something heavy to pull



INTEROCEPTION

- Find something hot
- Find something cold
- Find something that makes you feel happy
- Find something that excites you