There are seven different categories of visual perceptual skills:

<table>
<thead>
<tr>
<th>Visual Discrimination</th>
<th>The ability to notice and compare the features of an item to match or distinguish it from another item. E.G. Distinguishing a P from an R, matching shapes to complete a puzzle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visual Figure Ground</td>
<td>The ability to find an object when it is hidden in a busy background. E.G. “Where’s wally”</td>
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<tr>
<td>Visual Memory</td>
<td>The ability to recall something that you saw once it is gone</td>
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<tr>
<td>Visual Sequential-Memory</td>
<td>The ability to recall a sequence of objects in the correct order</td>
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<tr>
<td>Visual Form Constancy</td>
<td>The ability to notice that two objects are the same even if they are different in size, colour or font</td>
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<tr>
<td>Visual Closure</td>
<td>The ability to recognise an object even if part of the picture is missing</td>
</tr>
<tr>
<td>Visual Spatial Relationships</td>
<td>Understanding the relationships of objects and yourself, within the environment. E.G. ‘Stand behind mummy’ or ‘put the brick in the box’</td>
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</tbody>
</table>
Visual perceptual skills are important for everyday skills such as:

- Reading
- Writing
- Completing puzzles
- Cutting
- Drawing
- Completing maths problems
- Dressing
- Copying from the board to paper

Without the ability to complete these everyday tasks, a child’s self-esteem and confidence may suffer and they may have more difficulties at school compared to other children their age.

Affected areas at home and school can include:

- Difficulty Identifying an object on a crowded page
- Difficulty catching a ball
- Unable to identify missing letters or parts of letters
- Poor handwriting
- Difficulty negotiating obstacle courses
- Behind in P.E at school
- Clumsy or bumping into things often
**VISUAL DISCRIMINATION**

Difficulties may include:
- Matching items (objects, shapes, letters, words)

**ACTIVITIES**
- Picture matching
- Play pairing games: snap, bingo, dominoes
- Matching socks by colour, size or shape
- Spot the difference games

**VISUAL FIGURE GROUND**

Difficulties may include:
- Finding a place on a page/picture
- Seeing relevant information from a board
- Finding details from a text or picture

**ACTIVITIES**
- Pick up sticks
- Jigsaws
- Board games e.g. Snakes and ladders

**VISUAL MEMORY**

Difficulties may include:
- Reading quickly and efficiently
- Copying off the board
- Difficulty recalling a series of instructions
- Difficulty remembering where items have been left

**ACTIVITIES**
- **What’s missing:** Show the child some items. Get the child to turn around. Take one away and ask the child to name what’s missing.
- **Memory Game:** Expose a picture with familiar objects. Cover it and ask the child to remember as many items as they can.
VISUAL FORM CONSTANCY

Difficulties may include:
- Reading, as child cannot recognize familiar letters when presented in different styles of print (fonts, size, or colour)
- Mastering the alphabet and numbers
- Recognizing errors

ACTIVITIES
- Complete construction-type activities such as Connextix or Lego
- Create alphabet posters in different fonts so they get

VISUAL CLOSURE

Difficulties may include:
- Understanding word completion tasks
- Completing jigsaw puzzles or block pictures
- Spelling names

ACTIVITIES
- Jigsaw puzzles
- Dot to dots
- Colouring in

VISUAL SEQUENTIAL MEMORY

Difficulties may include:
- Sequencing letters or numbers in words or maths problems
- Remembering the alphabet in sequence
- Copying from one place to another (e.g., from board, from book, from one side of the paper to the other),
- Remembering order of events after reading

ACTIVITIES
- Word search puzzles that require you to look for a series of letters
- Play games such as Bingo which require you to look for a specific form or sequence.
**VISUAL SPATIAL RELATIONSHIPS**

Difficulties may include:
- Finding place on a page
- Attending to a task
- Remembering left and right

**ACTIVITIES**
- Place plastic letters into a bag, and have the child identify the letter by “feel”
- Navigate through an obstacle course

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**TOYS AND GAMES ON OUR ONLINE STORE**

Sisu7 stocks a wide range of products that provide children with a variety of developmental outcomes, contributing to their learning, social and academic skills.

Below is a link you can click to view products and games designed to improve visual perception skills that you can use with your child at home or school.