



Scheduled Home Day



Fun Home Activity Ideas

7:00am

BREAKFAST



7:30am

FREE PLAY



8:30am

LEARNING



10:00am

SNACKS



10:30am

ARTS / CRAFTS



11:00pm

PHYSICAL ACTIVITIES



11:30pm

READING / STORY TIME



12:00pm

LUNCH TIME



12:30pm

FREE OUTDOOR PLAY



1:30pm

LEARNING



3:00pm

COOKING AND SNACK



4:00pm

GAMES AND PUZZLES



4:30pm

FREE PLAY



5:30pm

DINNER



6:00pm

FREE PLAY



7:30pm

BEDTIME ROUTINE



FREE PLAY

- BUILD FORTS / CUBBY HOUSE
- LEGGOS / BLOCKS
- PLAYDOUGH
- PLAY WITH TOYS / DOLLS

LEARNING

- NUMBERS (COUNTING)
- LETTERS (ALPHABET)
- COLOURS / SHAPES
- MATCHING
- PATTERNING

PHYSICAL ACTIVITIES

- DANCE
- YOGA / STRETCHING
- SPORTS
- OBSTACLE COURSE
- BIKE RIDING

ARTS / CRAFTS

- PAINTING / COLOURING
- STICKERS
- SCRAPBOOKING
- MAKING CARDS / LETTERS
- BEADING / SEWING

GAMES

- HIDE AND SEEK
- PLAYING CARDS / BOARD GAMES
- I SPY / SIMON SAYS
- COMPETITION – PUZZLE RACE OR BEST DRAWER

ARTS / CRAFTS

- PAINTING/ COLOURING
- STICKERS
- SCRAPBOOKING
- MAKING CARDS/ LETTERS

Contact

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ACCESS
Health
Education

