



KINDNESS CALENDAR



1

Open a door for someone.



2

Say "Hello" to a new person.



3

Make someone laugh.



4

Clean up without being asked.



5

Draw a picture for somebody.



6

Include someone in a game.



7

Smile!



8

Write a thank you card for someone.



9

Give someone a hug.



10

Help someone with the groceries.



11

Talk to someone new at school or kindy.



12

Give someone a high-five.



13

Share toys.



14

Spend time with your friends or family.



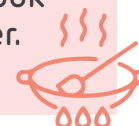
15

Tell someone you love them.



16

Help cook dinner.



17

Read a book to someone.



18

Cheer up someone.



19

Pick up some rubbish.



20

Play a game with your sibling or parent.



21

Let someone go ahead of you.



22

Compliment someone.



23

Say "Good Morning" to everyone you see.



24

Do a sibling's chore for them.



25

Think positive!



26

Say thank you to someone.



27

Help do the dishes.



28

Help someone or do a job for them.



29

Wave to your neighbour.



30

Make a hand-made gift for someone.



31

Use your manners.



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