



Visual perception is the brain's ability to make sense of what the eyes see. Visual perception skills enable a child to make sense of and interpret what they are seeing.

There are seven different categories of visual perceptual skills;

Visual Discrimination	The ability to notice and compare the features of an item to match or distinguish it from another item. E.G. Distinguishing a P from an R, matching shapes to complete a puzzle
Visual Figure Ground	The ability to find an object when it is hidden in a busy background. E.G. "Where's Wally"
Visual Memory	The ability to recall something that you saw once it is gone
Visual Sequential-Memory	The ability to recall a sequence of objects in the correct order
Visual Form Constancy	The ability to notice that two objects are the same even if they are different in size, colour or font
Visual Closure	The ability to recognise an object even if part of the picture is missing
Visual Spatial Relationships	Understanding the relationships of objects and yourself, within the environment. E.G. 'Stand behind mummy' or 'put the brick in the box'

Why are visual perceptual skills important?

Visual perceptual skills are important for everyday skills such as:

- Reading
- Writing
- Completing puzzles
- Cutting
- Drawing
- Completing maths problems
- Dressing
- Copying from the board to paper

Without the ability to complete these everyday tasks, a child's self-esteem and confidence may suffer and they may have more difficulties at school compared to other children their age.

Affected areas at home and school can include;

- Difficulty Identifying an object on a crowded page
- Difficulty catching a ball
- Behind in P.E at school
- Unable to identify missing letters or parts of letters
- Difficulty negotiating obstacle courses
- Poor handwriting
- Clumsy or bumping into things often

Visual perception activities

VISUAL DISCRIMINATION

Difficulties may include:

- Matching items (objects, shapes, letters, words)

Activities

- Picture matching
- Play pairing games: snap, bingo, dominoes
- Matching socks by colour, size or shape
- Spot the difference games

VISUAL FIGURE GROUND

Difficulties may include:

- Finding a place on a page/picture
- Seeing relevant information from a board
- Finding details from a text or picture

Activities

- Pick up sticks
- Jigsaws
- Board games e.g. Snakes and ladders

VISUAL MEMORY

Difficulties may include:

- Reading quickly and efficiently
- Copying off the board
- Difficulty recalling a series of instructions
- Difficulty remembering where items have been left

Activities

- **What's missing:** Show the child some items. Get the child to turn around. Take one away and ask the child to name what's missing.
- **Memory Game:** Expose a picture with familiar objects. Cover it and ask the child to remember

VISUAL FORM CONSTANCY

Difficulties may include:

- Reading, as child cannot recognise familiar letters when presented in different styles of print (fonts, size, or colour)
- Mastering the alphabet and numbers
- Recognizing errors

Activities

- Complete construction-type activities such as Connetix or Lego
- Create alphabet posters in different fonts so they get

VISUAL CLOSURE

Difficulties may include:

- Understanding word completion tasks
- Completing jigsaw puzzles or block pictures
- Spelling names

Activities

- Jigsaw puzzles
- Dot to dots
- Colouring in

VISUAL SEQUENTIAL MEMORY

Difficulties may include:

- Sequencing letters or numbers in words or maths problems
- Remembering the alphabet in sequence
- Copying from one place to another (e.g., from board, from book, from one side of the paper to the other),
- Remembering order of events after reading

Activities

- Word search puzzles that require you to look for a series of letters
- Play games such as Bingo which require you to look for a specific form or sequence

VISUAL SPATIAL RELATIONSHIPS

Difficulties may include:

- Finding place on a page
- Attending to a task
- Remembering left and right

Activities

- Place plastic letters into a bag, and have the child identify the letter by "feel"
- Navigate through an obstacle course

Toys and games on our online store



Sisu7 stocks a wide range of products that provide children with a variety of developmental outcomes, contributing to their learning, social and academic skills.

Below is a link you can click to view products and games designed to improve visual perception skills that you can use with your child at home or school.

[https://sisu7.com.au/collections/children/children visual perception](https://sisu7.com.au/collections/children/children%20visual%20perception)

