Your Emergency Kit

An Emergency Kit stocked and ready to go is recommended to be prepared at the beginning of Cyclone Season.

Use this checklist as a Guide to help you pack or check your Emergency Kit and to prepare your Evacuation Plan.

Water

- ☐ Drinking Water in plastic containers - at least three days supply; minimum 5L of water per day per person

Food

- ☐ Minimum three day supply of food
- ☐ Cooking/preparing facilities Ready to eat canned/dry goods
- ☐ Canned juices, milk or soups
- ☐ Dry Staples - *sugar, pepper, salt and high energy foods such as peanut butter, honey, jams, biscuits and muesli bars*
- ☐ Essential medications/Vitamins
- ☐ Food for elderly persons, babies, children, elderly or dietary requirements
- ☐ Comfort foods & snacks such as biscuits, lollies, cereals, tea/coffee

Tools and supplies

- ☐ Plates, bowls, cups, utensils Battery operated radio
- ☐ Battery operated torches
- ☐ Spare batteries
- ☐ Sharp knife or box cutter knife
- ☐ Toilet paper / soap/ detergent
- ☐ Personal hygiene items
- ☐ Duct tape and masking tape
- ☐ Matches in waterproof container
- ☐ Disinfectant/hand sanitiser
- ☐ Mobile phone and charger
- ☐ Insect repellent + sunscreen
- ☐ Basic Tools for temporary repairs
- ☐ Rope/chains for securing outdoor items
- ☐ Extension cords and power boards
- ☐ Plastic sheeting or tarps

First Aid Kit

- ☐ Check thoroughly, & replace any used or expired contents

Clothing and bedding

- ☐ At least one complete change of clothing & footwear per person
- ☐ Long sleeve shirts and trousers
- ☐ Sturdy shoes, Hats and work gloves
- ☐ Rain gear/gumboots
- ☐ Blankets, sleeping bags, pillows
- ☐ Sunglasses

Special Items

- ☐ Baby needs such as nappies and bottles
- ☐ Medications and prescriptions
- ☐ Contact lenses or prescription glasses
- ☐ Games, books & puzzles for entertainment
- ☐ Esky and ice
- ☐ Cash on hand to last one week
- ☐ Fuel in your car
- ☐ Gas bottles filled
- ☐ Batteries are full (check torches)

In a waterproof container

- ☐ Will and insurance policies
- ☐ Passports and immunisation records
- ☐ Bank account and credit card numbers
- ☐ Inventory of household contents • Important phone numbers
- ☐ Family records -birth/marriage certificates*
- ☐ Pet food and supplies

Consider transferring copies of important documents and precious family memories onto a USB stick or portable Hard Drive and seal in a waterproof container.