

Make the first five count!



The first five years of a child's life are the most important as these are the years that shape their future health, happiness, growth, development and learning capacity.

<p>Play</p> <ul style="list-style-type: none">• Healthy fun learning activities• Fun play with family and other children	<p>Stability</p> <ul style="list-style-type: none">• Healthy boundaries• Opportunities to learn• Calm environments	<p>Time</p> <ul style="list-style-type: none">• Positive Attention• Encouragement• Support	<p>Love</p> <ul style="list-style-type: none">• Affection• Care	<p>Safety</p> <ul style="list-style-type: none">• Environments free from violence and harm• Nutritious meals• Good health care
--	---	---	---	---