

# **Bowen Financial Resilience Service**

Learn to better manage your budget  
with our support



**1300 NQ CARE**  
[centacarenq.org.au](http://centacarenq.org.au)

## The Financial Resilience Service supports you to understand and improve your financial situation, enhancing both your financial and overall wellbeing

### How can we support you:

- Provide you with education and support to develop and maintain a budget
- Support you to explore eligibility and application process of a NILS [no interest loan] to meet your identified needs
- Support you to contact creditors/services to develop payment plans which meet your budgeting needs
- Explore emergency relief options to meet your essential needs
- Support you to identify and overcome underlying barriers which affect both your financial and overall wellbeing
- Support you through the referral process to a Financial Counsellor for identified complex debt

Contact Centacare NQ further to explore how our service can support you and your personal circumstances. We welcome both self and agency referrals. This is a free and confidential service open to adults in the Bowen and Collinsville Community. This program is funded by Department of Communities, Housing and Digital Economy.



*FREE CALL: 1300 672 273*



*[www.centacarenq.org.au/contact](http://www.centacarenq.org.au/contact)*



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