



Do you need professional help to work through changes or challenges in your family?

Centacare NQ is here for you.

“Enhancing wellbeing and resilience through respect, dignity and service excellence”



Contact us



FREE CALL: 1300 672 273



410 Ross River Road, Townsville
5 Miles Street, Mount Isa



centacarenq.org.au
facebook.com/centacarenq

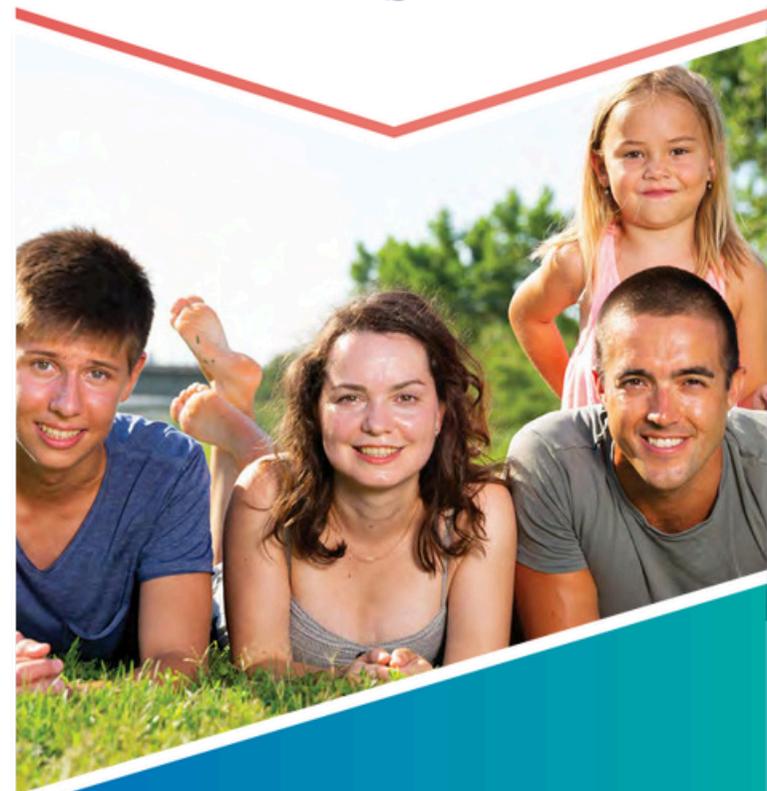
Centacare North Queensland acknowledges the Traditional Owners of the land on which we live and work, and recognises their continuing connection to land, waters and community. We pay our respects to their elders, past, present, and emerging.



CENTACARE NQ
COUNSELLING

Family and Community Counselling Service

Growth for individuals, families and children



1300 NQ CARE
centacarenq.org.au

The Family and Community Counselling Service provides counselling to individuals, couples, children and families that focus on family and relationship issues

Some of the issues that this program supports people with are:

- Relationship or family enhancement
- Family formation
- Separation/divorce
- Parenting issues
- Conflict
- Communication
- Intimacy
- Loss and grief
- Childhood issues impacting on their current relationships
- Depression, anxiety, trauma, and anger management

Accessing the Program

We require the person attending the appointment to call or visit Centacare NQ to make an appointment. All you need to do is call 1300 672 273 and request an appointment with the Family and Community Counselling Service. For children under 16 years we require the parent or legal guardian to call.

Program Cost

This program is supported by the Department of Social Services. To keep our services available to all, Centacare NQ requests a fee for service based on a sliding scale of combined annual household income.

The scale is:

Annual household income	Fee per session
Concession card holder or under \$25,000	\$15.00
\$25,001 to \$50,000	\$35.00
\$50,001 to \$80,000	\$60.00
\$80,001 to \$180,000	\$75.00
Above \$180,000	\$150.00

*All fees are GST inclusive.
a reduced fee can be negotiated with the counsellor during the first session



Your Counsellor

Each CentacareNQ counsellor has a tertiary qualification in the social sciences field with practical experience in family and relationship counselling. Counsellors are ethically bound to refer clients to other appropriate services; i.e. for issues that are outside their field of expertise or where the issue does not fit in within the guidelines of this program.

Appointment Times

Counselling appointments are under 1 hour and after hours appointments are available Mondays (Mount Isa) and Tuesdays (Townsville). Generally an appointment will be offered within 5-10 working days.

Outreach Service

The Family and Relationship Services - Counselling Program provides an outreach service to Ingham, Ayr, Charters Towers and Cloncurry.

“CentacareNQ cares about the wellbeing of you”