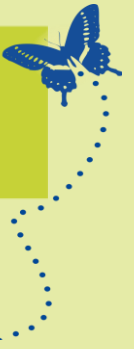


# Keeping Kids In Mind



## A Course for Parents Experiencing Conflict after Separation

### TOWNSVILLE

**Parents love their children and want the best for them. However, after separation, parenting often gets much tougher.**

Keeping Kids in Mind is a **5 week** course for separated parents who are experiencing on-going conflict.

#### The course is designed to:

- assist parents to see through their children's eyes the experience of parental separation.
- develop greater understanding about how to support children following family separation

#### The course covers the following topics:

- Grief and Loss after Separation
- The Hidden World of Children
- Rebuilding Resilience
- Bridging the Gap
- Looking Back and Moving Forward

All participants must register their interest in attending the course and participate in a pre-group interview prior to the course.

Keeping Kids in Mind is facilitated by qualified and experienced parent educators, mediators and counsellors.

#### Presented by:

#### Education & Life Skills Centacare NQ

410 Ross River Road,  
Cranbrook QLD 4814

#### For more information

Visit: [www.centacarenq.org.au](http://www.centacarenq.org.au)

Call: 1300 672 273

