

# Be there. For them.


Discover GP training in North Western Queensland



JAMES COOK  
UNIVERSITY  
AUSTRALIA

General  
Practice  
Training





We acknowledge the Australian  
Aboriginal and Torres Strait  
Islander peoples as the traditional  
owners of the lands and waters  
where we live and work.



# Overview

- AGPT Program – College Led Training – 2023
- Application Overview and Key Selection Dates
- Introducing the JCUGP Training Region
- Panel Discussion
- Breakout Rooms ACRRM & RACGP
- Your Questions Answered





# JCU GP Training

- Delivered by ACRRM & RACGP in 2023
- JCU continues to focus on delivery of high-quality GP Training





# AGPT Application Overview

Step 1: On-line application

RACGP : [www.racgp.org.au](http://www.racgp.org.au)

ACRRM : [www.acrrm.org.au](http://www.acrrm.org.au)

Step 2: Colleges' Eligibility Checks

Medical qualification, Residency\*, Medical registration.

*\*JCU requires applicants to hold Permanent Residency at time of application.*

Step 3: Fee Payment

ACRRM: \$700 | RACGP: \$725

Step 4: National Selection

Each college has its own assessment and selection process.  
Please visit their websites for more details.

*JCU does not support temporary visa holder applications for the 2023 intake*





# Key dates

Applications are open now and **close Tuesday, 19 April 2022**

## ACRRM

Thursday, 5 May 2022	ACRRM Applicant Referee Reports due
Thursday, 9 June 2022	ACRRM Applicants Advised of RTO Interview Allocations
Tuesday, 5 July to Friday, 8 July 2022	ACRRM/JCU MMIs held by Zoom
Thursday, 28 July 2022	ACRRM Training Offers Distributed via ACRRM portal
Friday, 5 August 2022	ACRRM Offer Acceptances due to JCU

## RACGP

Tuesday, 14 June to Thursday, 16 June 2022	Candidate Assessment and Applied Knowledge Test (CAAKT)
Thursday, 14 July 2022	RACGP Applicants Advised of RTO Interview Allocations
Saturday, 23 July 2022 Saturday, 30 July 2022 Thursday, 4 August 2022 Saturday, 6 August 2022 Sunday, 7 August 2022	JCU's RACGP MMIs held by Zoom
Monday, 8 August 2022	RACGP Training Offers Distributed by Email
Friday, 19 August 2022	RACGP Training Offer Acceptances Due

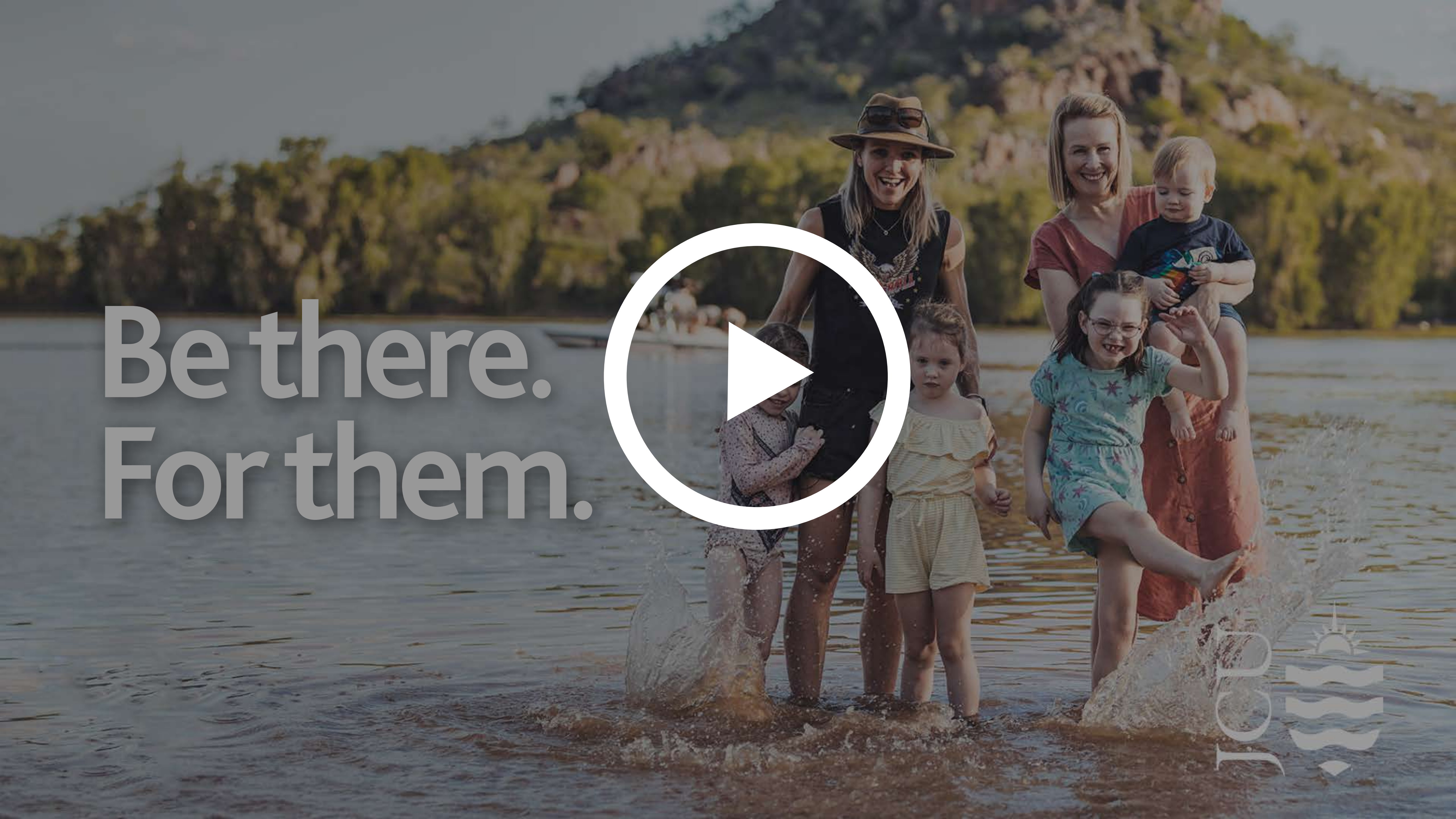


An aerial photograph of a lush green forest. A waterfall cascades down a rocky cliff on the right side of the image. At the base of the waterfall, a group of people are gathered on a rocky ledge, and others are swimming in the pool of water below. The water is dark and still, reflecting the surrounding greenery. The overall scene is serene and natural.

# Welcome to North Western Queensland

James Cook University (JCU) is committed to meeting the health and medical workforce needs of the communities whom we serve. Our focus is on the regional, rural and remote communities, with an emphasis on Aboriginal and Torres Strait Islander peoples, of North Western Queensland.





Be there.  
For them.



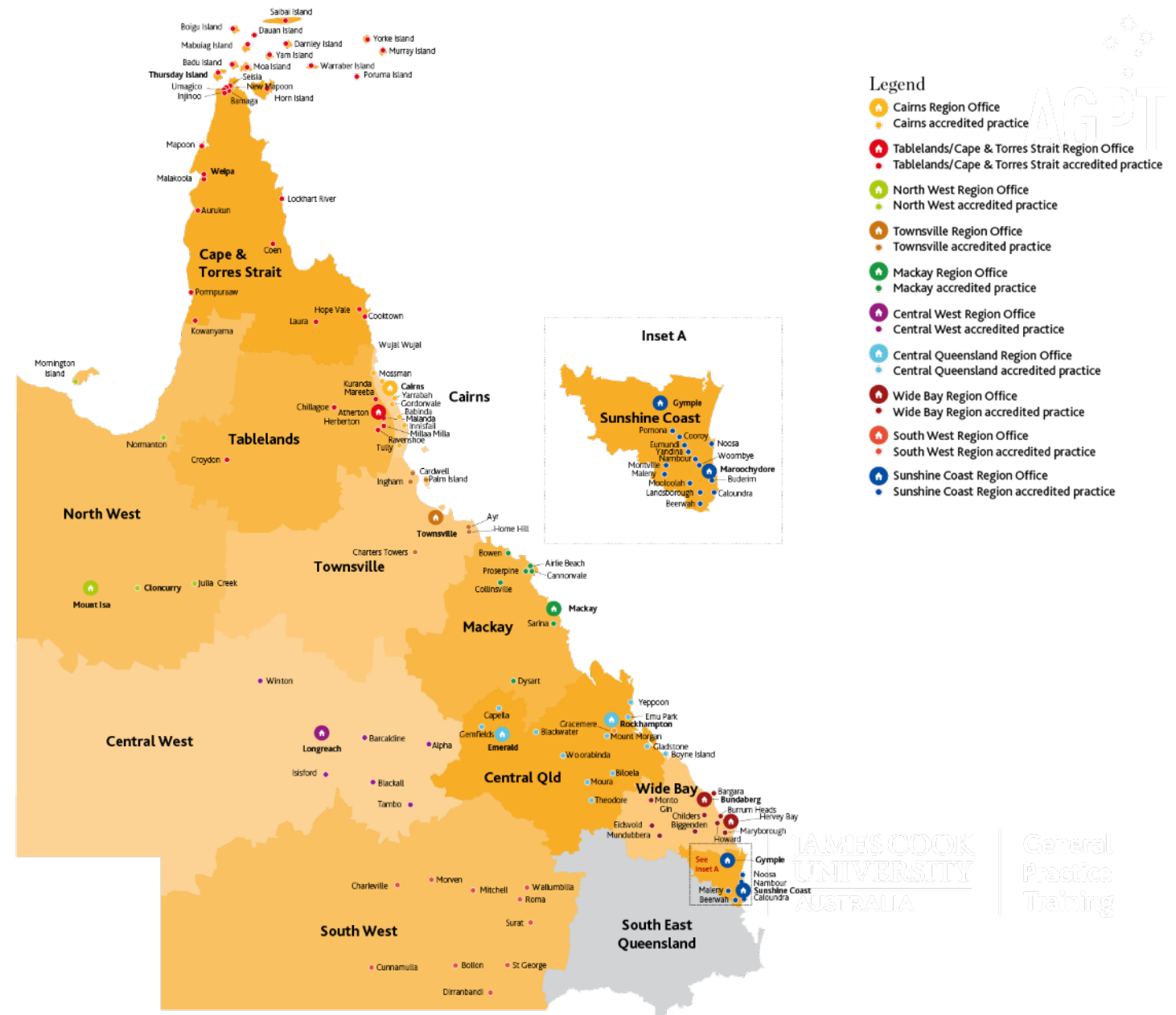


# Explore North Western Queensland

Discover more about how GP training in the region offers a unique and diverse experience.

With a population of over 1.6 million people across a large and diverse geographic area, North Western Queensland offers a vivid mix of people and landscapes. From glorious beaches, mountains, hinterlands with spectacular rainforests and rich farmland, to wide savannah country, wilderness and the red soil of the Australian outback.

*Making Rural Health Matter*



[jcuGP.edu.au](http://jcuGP.edu.au)



# Six reasons to consider GP training in North Western Queensland

1

## Making a difference to communities in need

In the small mining town of Weipa, Dr Will Horwood is excited to be part of bringing vital health services to the community.

**DR WILL HORWOOD**  
WEIPA



2

## Be part of the community

Welcomed by the friendly community, Dr Rachael Yin Foo felt like she was part of the community from day one when she arrived in Winton.

**DR RACHAEL YIN FOO**  
WINTON



3

## Wide scope of practice and hands on experience

One of the major drawcards to GP training in North Western Queensland is the range of diverse presentations.

**DR ALLISON HEMPENSTALL**  
THURSDAY ISLAND



4

## Be there for your patients

The continuity of care is one of the most rewarding parts of being a GP in a rural town.

**DR CHRIS AND DR KIRSTY SYMMONS**  
LONGREACH



5

## Excellent training support

While training to be a GP in a rural town may seem daunting to some, you'll be supported by experienced and passionate clinicians and educators.

**DR GRACE NEELY**  
ATHERTON



6

## Rewarding work

For Dr Michael Pitt, making a real impact to the health of rural communities has been a major drawcard.

**DR MICHAEL PITT**  
ROCKHAMPTON





# Cairns Coast

The Cairns Coast region offers relaxed coastal living at its best. You'll be surrounded by beautiful beaches and lush rainforests, including the World Heritage listed Great Barrier Reef and Wet Tropics Rainforest.

The region encompasses farming communities and tourism destinations to the north and south of Cairns, and has a population of more than 210,000.

Current healthcare challenges include obesity, diabetes, mental health, drug and alcohol abuse, Aboriginal and Torres Strait Islander health, prevalence of Ischaemic heart disease, skin cancers and tropical diseases, such as Dengue Fever and Ross River virus.

**The six main GP placement areas are:**

[Babinda](#)

[Cairns](#)

[Innisfail](#)

[Mossman](#)

[Port Douglas](#)

[Tully](#)





# Cape and Torres Strait

The Cape and Torres Strait region offers a diverse landscape with stunning, untouched beaches, which lead to sparkling, crystal clear waters, remote Savannah and rainforest-clad national parks.

Bordering the waters of Papua New Guinea to the north, this region includes the Torres Strait Islands, the mining hub of Weipa to the west, and the major town of Cooktown in the south. The region has about 23,500 residents.

Healthcare challenges include infectious diseases, Aboriginal and Torres Strait Islander health, diabetes, tuberculosis, women's health and sexual health.

The primary GP placement sites are:

[Bamaga](#)

[Cooktown](#)

[Injinoo](#)

[Thursday Island](#)

[Weipa](#)





# Central Queensland

Central Queensland is the gateway to the Southern Great Barrier Reef. The Capricorn Coast offers great access to pristine reefs and to the Keppel Island group.

Extending from the Capricorn Coast west to the Central Highlands, with Rockhampton as the major centre, the Central Queensland region has a population of more than 227,000.

The region's healthcare challenges include the growing burden of chronic disease, particularly in Aboriginal and Torres Strait Islander peoples, catering for the needs of an ageing population, maternity and antenatal care, youth mental health and end-of-life care.

**GP placement sites include:**

[Biloela](#)

[Mt Morgan](#)

[Blackwater](#)

[Rockhampton](#)

[Emerald](#)

[Theodore](#)

[Emu Park](#)

[Woorabinda](#)

[Gladstone](#)

[Yeppoon](#)

[Moura](#)





# Central West

Embrace the country lifestyle in the heart of Queensland's outback, with wide open skies, breathtaking landscapes and a warm/dry climate.

The Central West region spreads from Tambo in the south, to Winton in the north and includes the major town of Longreach. This region has a population of more than 10,100.

Healthcare challenges include chronic disease management, including obesity-related diabetes, and late diagnosis of mental health issues.

**GP placement sites include:**

[Alpha](#)

[Jericho](#)

[Aramac](#)

[Longreach](#)

[Barcaldine](#)

[Muttaburra](#)

[Blackall](#)

[Tambo](#)

[Isisford](#)

[Winton](#)





# Mackay

Experience an idyllic lifestyle, with unique wildlife and breathtaking landscapes. The Mackay region has plenty to do and see, with beaches, rainforests, rockpools, wildlife, fishing, water sports, bushwalking, shopping and adventure activities.

JCU currently serves a population of more than 174,800 in the Mackay region, which is one of the fastest growing in Queensland.

The region encompasses both coastal and rural communities – a total of 30 townships, small rural settlements and rural residential areas.

Challenges in the region include mental health, palliative care, aged care and diabetes.

**The primary GP placement sites are:**

[Airlie Beach](#)

[Bowen](#)

[Collinsville](#)

[Dysart](#)

[Mackay](#)

[Proserpine](#)

[Sarina](#)





# North West

Relax and enjoy the North West region, whether it be watching an outback sunset, fishing, camping, going on an adventure through rugged terrain or exploring nature's beauty by canoeing gorges and creeks.

This remote region, which includes the city of Mount Isa, extends from Julia Creek in the east to Doomadgee in the west and north to Mornington Island. The region is home to a population of more than 27,400 people. The region has a strong cattle, fishing and mining industry.

Among the healthcare challenges are chronic disease management, particularly diabetes and renal disease, and uncommon acute diseases such as rheumatic fever.

**GP placement sites include:**

[Cloncurry](#)

[Doomadgee](#)

[Julia Creek](#)

[Karumba](#)

[Mornington Island](#)

[Mount Isa](#)

[Normanton](#)





# South West

Your spare time is sure to be full of fun activities in the South West region, with a full calendar of outback social events and festivals, off-road driving, birdwatching, camping, farm stays, fishing and fantastic bush walks.

The South West region is home to a population of more than 23,800 spread across a remote area spanning almost 320,00 square kilometres.

Health issues include chronic disease management (including obesity-related diabetes), late diagnosis of mental health issues, Aboriginal and Torres Strait Islander health, zoonotic diseases, such as Q Fever and leptospirosis and brucellosis.

**The three main GP placement sites in this region are:**

[Charleville](#)

[Roma](#)

[St George](#)





# Sunshine Coast

There are more than 446,000 residents in this rapidly expanding region, which includes a number of coastal and inland towns, from Beerwah in the south to the regional city of Gympie in the north.

Healthcare challenges include aged care and chronic disease management due to the high proportion of retirees, and women's health and paediatric care for young families moving into the area.

The GP placement areas include:

[Beerwah](#)

[Maleny](#)

[Caloundra](#)

[Maroochydore](#)

[Gympie](#)

[Nambour](#)





# Tablelands

With a cold tropical climate, the Tablelands is 500- 1100 metres above sea level. The region has a diverse landscape including mountains, green dairy country and open savannah woodland. Producing some of the highest quality and most delicious produce, indulge in coffee, chocolate, wines, cheese and tropical fruits.

The Tablelands is a vast agriculture region with more than 49,800 residents.

Among the healthcare challenges are mental health, infectious diseases and farm injuries.

**The GP placement areas include:**

[Atherton](#)

[Mareeba](#)

[Malanda](#)

[Yungaburra](#)







# Townsville

With over 300 days of sunshine a year, the Townsville region provides a laid-back lifestyle that is complemented by capital city comforts.

The Townsville region covers a population of more than 241,100.

This includes the city of Townsville, which is Australia's largest population centre north of the Sunshine Coast, as well as surrounding districts.

Healthcare challenges include improving the health outcomes of Aboriginal and Torres Strait Islander communities, meeting the health needs of an ageing population, the management of chronic disease, and skin cancer.

**Current GP placement sites include:**

[Ayr](#)

[Charters Towers](#)

[Ingham](#)

[Magnetic Island](#)

[Palm Island](#)

[Townsville](#)





# Wide Bay

The Wide Bay region is complemented by a stunning coastline of pristine, white sandy beaches and stunning mountain ranges, where you'll find an oasis away from the hustle and bustle and at a pace that many will envy.

The Wide Bay region covers coastal and inland communities between Bundaberg and Hervey Bay, as far west as Monto, Gayndah and Biggenden, and has a population of more than 215,200.

Some of the healthcare challenges in the region are high rates of smoking, obesity, diabetes, suicide (in the South Burnett) and an ageing population (in Hervey Bay).

The main GP placement sites are:

[Biggenden](#)

[Maryborough](#)

[Bundaberg](#)

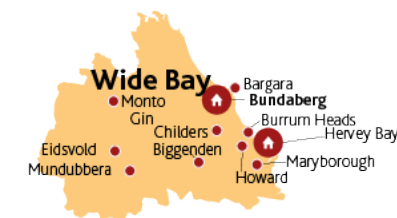
[Monto](#)

[Childers](#)

[Mundubbera](#)

[Hervey Bay](#)

[Eidsvold](#)

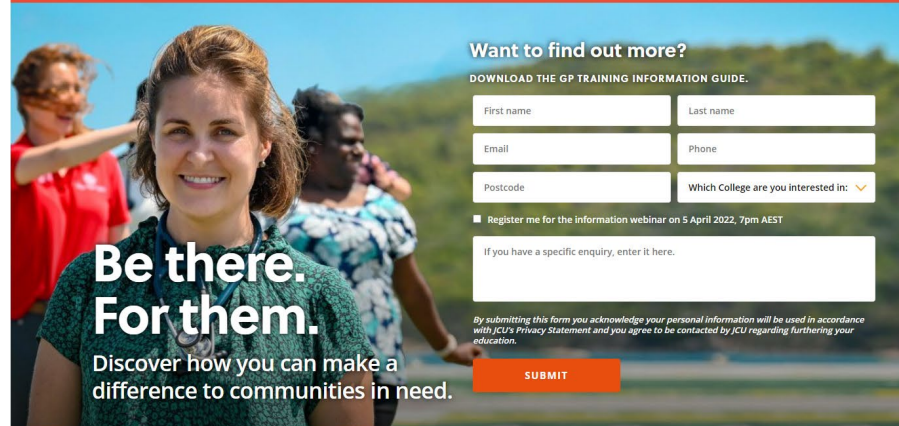




# Be there. For them.

[jcugp.edu.au/gp2023](http://jcugp.edu.au/gp2023)

Register now for the GP training information webinar - Tuesday 5 April



Want to find out more?

DOWNLOAD THE GP TRAINING INFORMATION GUIDE.


☐ Register me for the information webinar on 5 April 2022, 7pm AEST

If you have a specific enquiry, enter it here.

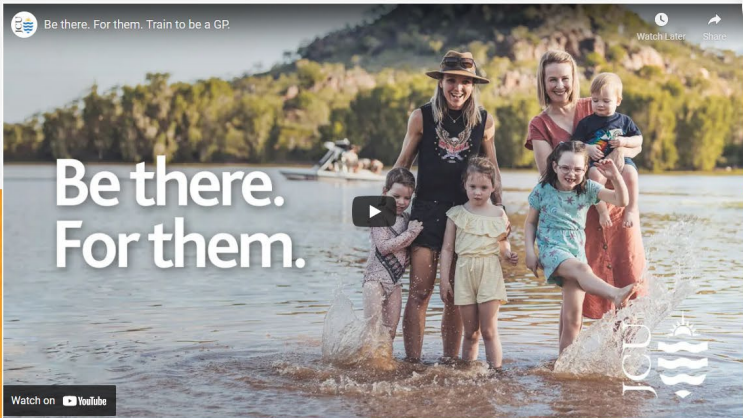
By submitting this form you acknowledge your personal information will be used in accordance with JCU's Privacy Statement and you agree to be contacted by JCU regarding furthering your education.

SUBMIT


From a wide scope of practice, to making a real impact to the health of communities in need, General Practice training in North Western Queensland offers a rewarding career and lifestyle.



Applications for the 2023 intake open on **Monday 21 March** and close on **Tuesday 19 April 2022.**



Be there. For them. Train to be a GP.

Watch on  YouTube

Enquire

Apply

Register for the Webinar

Discover how you can make a difference as a GP in the communities of North Western Queensland.



# Introducing our Panel Members



**Dr Sam Manger**

JCUGP Medical Educator & GP  
– Maleny



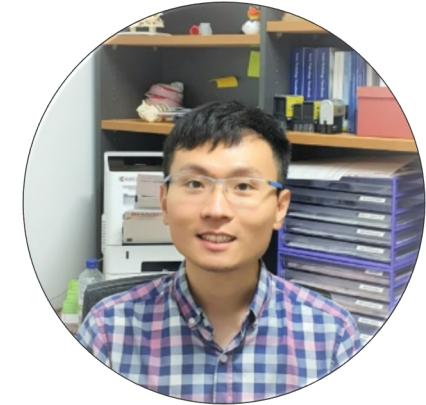
**Dr Jackie Holloway**

ACRRM Senior Registrar nearing  
Fellowship, Emergency Medicine  
AST – Emerald



**Dr Ineka Booth**

ACRRM Senior Registrar – Palm  
Island  
(with Joyce Palmer Health Service  
Medical Superintendent Dr Bryce Nicol)



**Dr Alex Oo**

RACGP Senior Registrar –  
Bundaberg and JCUGP  
Registrar Liaison Officer



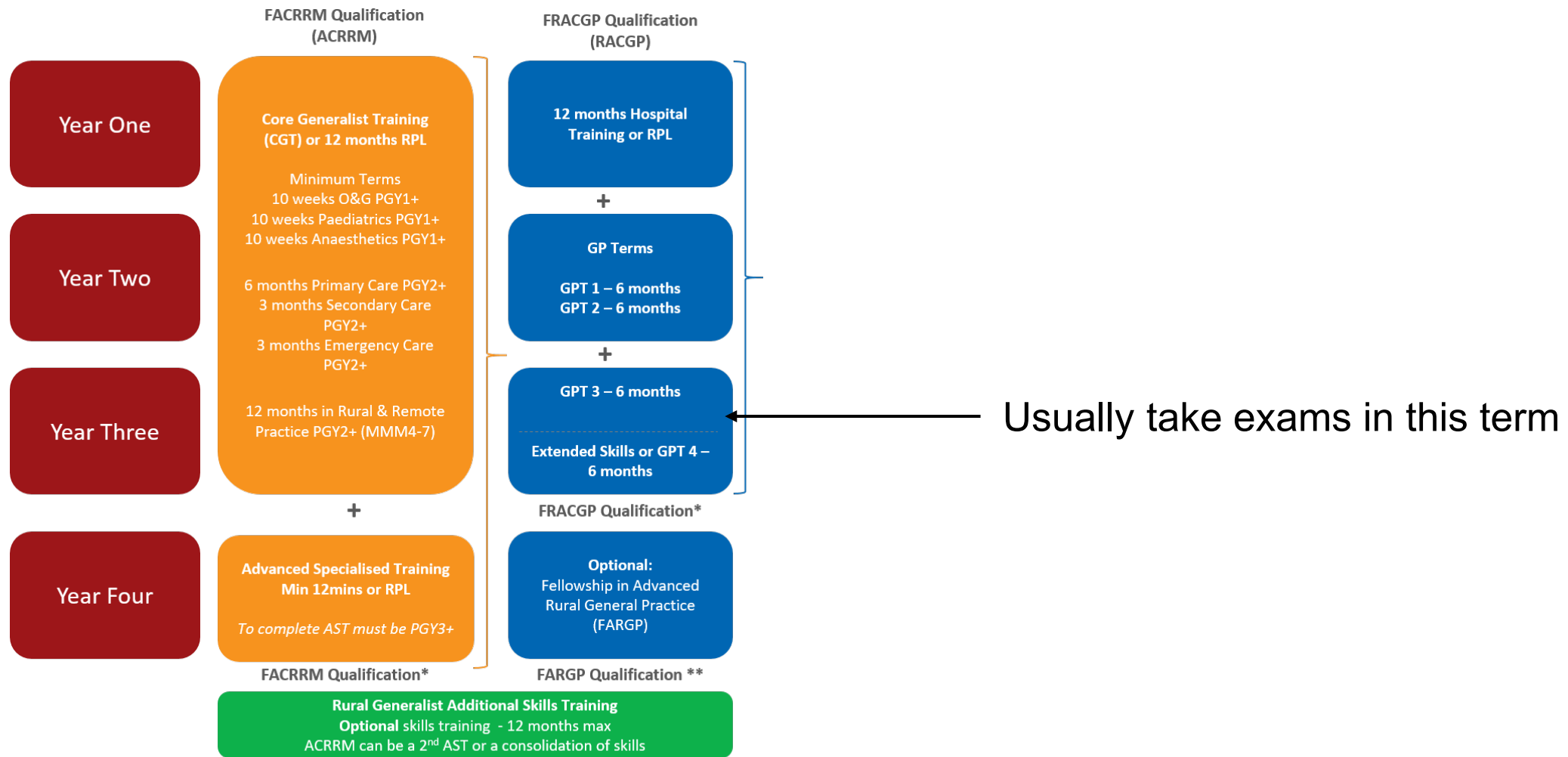
# Why choose General Practice?

- Holistic patient care
- Wide range of patients and conditions
- Valued by the community
- Well supported training program
- More control of working environment
- Ability to have special interests
- Flexible working arrangements





# Training Time on the AGPT Program



† There may be flexibility in the order in which training terms may be undertaken.

\* Leading to specialist (general practice) registration.

\*\* The FARGP is a specialist 12 month program for registrars wishing to specialise in rural general practice.



# Mandatory Hospital Training Terms

- General Medicine (minimum 10-12 weeks)
- General Surgery (minimum 10-12 weeks)
- Emergency Medicine (minimum 8 weeks)
- Paediatrics or approved alternative
- 3 Additional terms to demonstrate breadth of experience e.g.:
  - Anaesthetics
  - Cardiology
  - Dermatology
  - Emergency Medicine (additional term/s)
  - Geriatrics
  - ICU
  - Mental Health
  - O&G
  - Oncology
  - Orthopaedics
  - Palliative Care
  - Rural Medicine



## Collect:

- ✓ Satisfactory supervisor reports / RMO End of Term Assessments
- ✓ Statements of Service

For advice, please email our team at [jcugp.selections@jcu.edu.au](mailto:jcugp.selections@jcu.edu.au)



# Are you GP ready?

- RPL is not guaranteed
- Up to 52 weeks RPL for hospital experience
- Experience in major teaching hospitals
- Up to 5 years recency
- Experience from PGY2 +
- Maximum 26 weeks in any one discipline
- Apply by 1 May each year



## Collect:

- ✓ Satisfactory supervisor reports / RMO End of Term Assessments
- ✓ Statements of Service



# Typical year 1 registrar week in GP practice

- Consulting patients each day
  - Initially 1-2/hour; max 4/hour
  - Ward round
  - Aged care home visit
  - Palliative care home visit
  - Administrative time
- Teaching “on the run”
- 90 mins protected teaching time with supervisor
- Afternoon of teaching with RTO (alternate weeks)
- Afternoon/day off (depending on roster)
- On call or weekend clinic
- After hours study and exam preparation

