Beyond Cultural Awareness 101 for Registrars in General Practice

Introduction
The North Western Queensland general practice regional training area has a population of 1.5M with 85% living in regional, rural & remote locations and 100,000 Indigenous people. With 450–500 Registrars and only 20 Indigenous Health Training Posts, GMT aims to provide cultural competency training and support to all Registrars that is relevant to their clinical training and to local community needs.

Objectives
Supporting improved health outcomes for Indigenous people by developing in all Registrars’ capabilities to strengthen culturally appropriate, safe and holistic primary health care.

Methods
Consultation across the region informed the development of the 2016-17 Strategic Plan activities, including building a foundation for the delivery of Indigenous health training. These activities included the establishment of state-wide partnerships, Communities of Practice forums to foster engagement and expertise. A cultural education framework was developed, outlining a comprehensive approach to providing local cultural competency training and support to Registrars; and includes a rigorous evaluation plan.

Results
In 2016, GMT met bi-college requirements in Indigenous health training. Governance and partnerships with key stakeholders were established as a foundation to the delivery of training. Key to this is a cultural education framework which includes immersion of registrars in Indigenous health settings; the provision of locally focused cultural education and support; the integration of Indigenous health across the curriculum and training years through the development of online modules and minimum standards for local node workshops; and Communities of Practice to engage and support cultural educators and mentors, supervisors, medical educators and program staff.

Conclusions
The strategic plan activities aim to provide more than the minimum cultural competency standards set by the Colleges and AGPT through the integration of Aboriginal and Torres Strait Islander training across the curriculum and capacity building across the region.